

## Chem 352 - Lecture 3 The Energetics of Life

Question of the Day: "What makes Free Energy free?"

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## Introduction

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## Introduction

In this lecture we will be looking quantitatively at how living systems obtain, store, and utilize energy .

- **Bioenergetics** is the study of energy transformations (thermodynamics) in biological systems.
- We will be using the following thermodynamic state functions,
  - Enthalpy,  $H$
  - Entropy,  $S$
  - Free Energy,  $G$

These are all state functions, meaning their values will depend only on the initial and final states of the system, viz.,

$$\Delta H = H_{\text{final}} - H_{\text{initial}}$$

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## Introduction

Topics covered will include,

- Free Energy
- Free Energy and the Second Law of Thermodynamics in an open system
- The relationships between Free Energy, the equilibrium state, and the reactant and product concentrations when not at equilibrium.
- Free Energy considerations in biological systems

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## Free Energy

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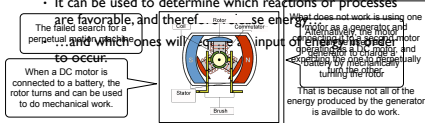
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The *change* in the *Free Energy*,  $\Delta G$ , is a thermodynamic state variable.

- It is called *Free Energy* because it is a measure of the energy that is "free", or available to do work.
- It can be used to determine which reactions or processes

- It can be used to determine which reactions or processes are favorable, and therefore energy can be used as a generator and motor

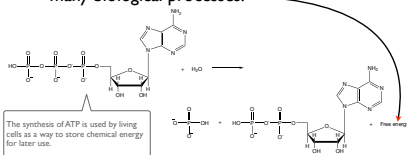


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For example,

- The hydrolysis of a phosphate group from adenosine triphosphate, ATP, releases energy, and makes it a major source of energy for many biological processes.

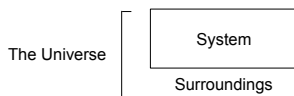


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## Thermodynamic Systems

- When applying thermodynamics, we divide the universe into two regions,
  - The **system**, which is defined as any part of the universe that we choose to study
  - And everything else, which becomes the *surroundings*



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## Systems and Surroundings

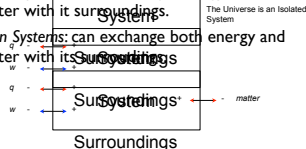
- Chemical systems are defined in terms of *composition, temperature, pressure, and volume.*
- When applying thermodynamics, we are most interested in what flows across the *boundary* between the System and its Surroundings.
- This produces three types of systems,
  - *Isolated Systems*, which can exchange neither *energy* nor matter with its surroundings.
  - *Closed Systems*, which can exchange energy, but not matter with its surroundings.
  - *Open Systems*: can exchange both *energy* and matter with its surroundings.

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When looking at energy exchange, we will focus on energy in the forms of *heat* ( $q$ ) and *work* ( $w$ ).

- **Isolated Systems:** can exchange neither energy or matter with its surroundings.
  - **Closed Systems:** can exchange energy, but not matter with its surroundings.
  - **Open Systems:** can exchange both energy and matter with its surroundings.
- The Universe is an Isolated System



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## Free Energy

### The First Law of Thermodynamics and Enthalpy

- Thermodynamics is defined in terms of Laws
- The **First Law of Thermodynamics** states that the *total energy of an isolated system is a constant*.
- Since the universe is an isolated system, this means that energy can be converted from one form to another, but it *can be neither created nor destroyed*.
- This also means for closed system, the change in energy for the system ( $\Delta U_{\text{system}}$ ) is equal to the negative change in energy for the surroundings ( $-\Delta U_{\text{surroundings}}$ )

$$\Delta U_{\text{system}} = -\Delta U_{\text{surroundings}}$$

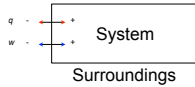
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## Free Energy

### The First Law of Thermodynamics and Enthalpy

- There is another way to state this for a **closed system**



$$\Delta U_{\text{system}} = q + w$$

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## Free Energy

### The First Law of Thermodynamics and Enthalpy

- If we limit ourselves to **pressure-volume** work, under conditions of constant pressure.

$$w = -P\Delta V$$

$$\Delta U_{\text{system}} = q_p - P\Delta V$$

- The state variable **Enthalpy (H)** is defined as the heat absorbed by a system under conditions of constant pressure

$$\Delta H_{\text{system}} = q_p$$

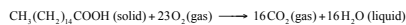
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## Free Energy

### The First Law of Thermodynamics and Enthalpy

- The energy content of the foods we eat can be correlated to the heat that is released when they undergo a combustion reaction.
- The reactions that living system use to extract energy from the foods we eat are primarily combustion-like oxidation reactions.
  - For example, the conversions of the fatty acid, Palmitic acid, to  $\text{CO}_2$  and  $\text{H}_2\text{O}$ .

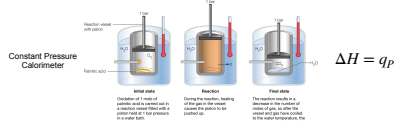


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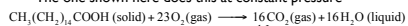
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## Free Energy

- These heats can be measured using a calorimeter.



- The one shown here does this at constant pressure



$$\Delta H = q_p = -9977.6 \frac{\text{kJ}}{\text{mol}}$$

These heats are listed as dietary Calories on food packaging.  
1 dietary Calorie = 1,000 thermodynamic calories  
1 cal = heat needed to raise the temperature of 1 g of  $\text{H}_2\text{O}$  by  $1^\circ\text{C}$

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## Free Energy

### The Driving Force for a Process

- While  $\Delta H$  can provide us with a measure of how much energy is absorbed or released in a process, it cannot tell us whether a process is favorable or not.
- Concept:** Reversible processes always occur near a state of equilibrium; irreversible processes start some distance from equilibrium and drive towards equilibrium.
  - A process is *favorable* if it is irreversible and moving in the forward direction.
  - It is *unfavorable* if it is irreversible and moving in the backward direction.
- Determining whether a process is favorable or not requires the **Second Law of Thermodynamics**, along with considering another state variable, **Entropy (S)**.

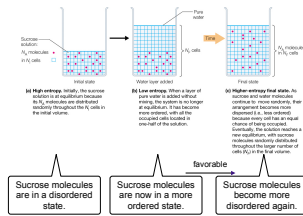
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## Free Energy

### Entropy

- Concept:** Entropy is a measure of the disorder in a system.



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## Free Energy

### Entropy

- Entropy is a measure of order
- The more disordered a system is, the greater its entropy.

$$S = k_B \ln(W)$$

- where

- $k_B$  is Boltzmann's constant =  $R/N_A$
- $W$  is the number of substates of equal energy

Lower Entropy	Higher Entropy
Ice, at 0 °C	Water, at 0 °C
Water, at 10 °C	Water vapor, at 10 °C (e.g., fog)
An unblanded mixture of yogurt, whole bananas, honey, and whole strawberries	A fruit smoother (i.e., the same ingredients after blending)

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## Free Energy

### The Second Law of Thermodynamics

- The entropy of an isolated system will tend to increase to a maximum value.
- Concept:** The fact that the entropy of an isolated system will tend to increase to a maximum value explains the thermodynamic driving force for a favorable process.
- Since the universe is an isolated system, it means that for any favorable process, the entropy of the universe must increase.

$$\begin{aligned} \Delta S_{\text{universe}} &> 0 && \text{(favorable)} \\ \Delta S_{\text{universe}} &< 0 && \text{(unfavorable)} \\ \Delta S_{\text{universe}} &= 0 && \text{(at equilibrium)} \end{aligned}$$

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## Free Energy: The Second Law in Open Systems

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## Free Energy: The Second Law

Biological systems are open system systems because they exchange both energy and matter with their surroundings.

- **Concept:** In an open system, such as a living cell,  $\Delta S_{\text{universe}}$  must also increase for a process to be favorable.
- Since

$$\Delta S_{\text{universe}} = \Delta S_{\text{system}} + \Delta S_{\text{surroundings}}$$

- This means that the entropy of a system can decrease, as long as there is an overcompensating increase in the entropy of the surroundings.

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## Free Energy: The Second Law

Free Energy Defined in Terms of Enthalpy and Entropy Changes in the System

- J. Willard Gibbs showed that if the pressure and temperature are held constant for a process, the value  $-T\Delta S_{\text{universe}}$  is a state variable.
- This new state variable is now called the **Gibb's Free Energy (G)**.

$$\Delta G = -T\Delta S_{\text{universe}}$$

- He also showed that  $\Delta G_{\text{universe}}$  can be determined from  $\Delta H_{\text{system}}$  and  $\Delta S_{\text{system}}$ .

$$\Delta G = \Delta H_{\text{system}} - T\Delta S_{\text{system}}$$

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## Free Energy: The Second Law

Free Energy Defined in Terms of Enthalpy and Entropy Changes in the System

- **Concept:** A thermodynamically favored process tends in the direction that minimizes free energy (results in a negative  $\Delta G$ ). This is one way of stating the second law of thermodynamics.

TABLE 3.2 Free energy rules		
If $\Delta G$ is ...	Free energy is ...	The process is ...
Negative	Available to do work	Thermodynamically favorable (and the reverse process is unfavorable)
Zero	Zero	Reversible; the system is at equilibrium
Positive	Required to do work	Thermodynamically unfavorable (and the reverse process is favorable)

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## Free Energy: The Second Law

The Interplay of Enthalpy and Entropy: A summary

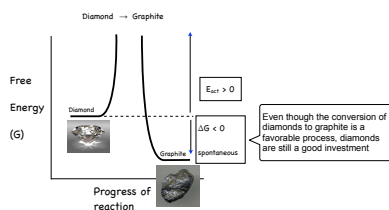
TABLE 3.2 The effect of temperature on $\Delta G$ for a process depends on the signs of $\Delta H$ and $\Delta S$		
$\Delta H$	$\Delta S$	Low T
+	+	$\Delta G$ positive; not favored
+	-	$\Delta G$ positive; not favored
-	+	$\Delta G$ negative; favored
-	-	$\Delta G$ negative; favored

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## Free Energy: The Second Law

The Interplay of Enthalpy and Entropy: A summary

- **Concept:** just because a process is favorable it does not mean that it proceeds rapidly.



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## Free Energy: The Second Law

The Interplay of Enthalpy and Entropy: A summary

- **Concept:** Living systems create order from chaos and lead to a decrease in entropy. This is paid for by the expenditure of energy ( $\Delta H_{\text{system}} < 0$ ), which increases the entropy of the surroundings ( $\Delta S_{\text{surroundings}} > 0$ ).

$$\Delta S_{\text{system}} < 0$$



$$\Delta S_{\text{surroundings}} > 0$$

$$\Delta S_{\text{surroundings}} = -\frac{q_p}{T}$$

$$= -\frac{\Delta H_{\text{system}}}{T}$$

$$\Delta H_{\text{system}} < 0 \text{ and } < T\Delta S_{\text{system}}$$

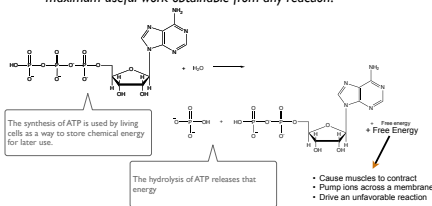
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## Free Energy: The Second Law

Free Energy and Useful Work

- **Concept:** The free energy change,  $\Delta G$ , is a measure of the maximum useful work obtainable from any reaction.



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## Free Energy and Concentrations of Reactants and Products.

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## Free Energy and Concentrations

Equilibrium, Le Chatelier's Principle, and the Standard State

- **Concept:** Le Chatelier's Principle states that for any system not at equilibrium, there is a thermodynamic driving force that favors the reestablishing of the equilibrium state.
- Living systems exist far from an equilibrium state

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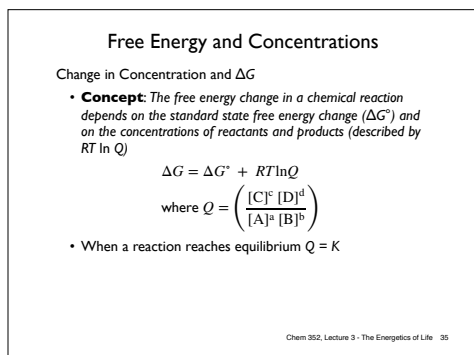
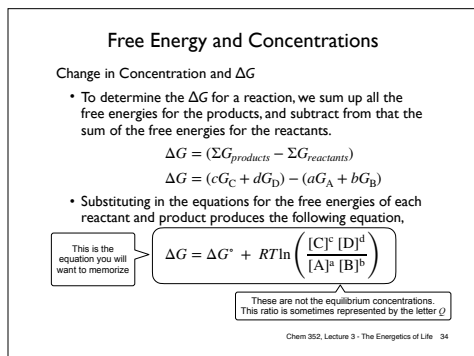
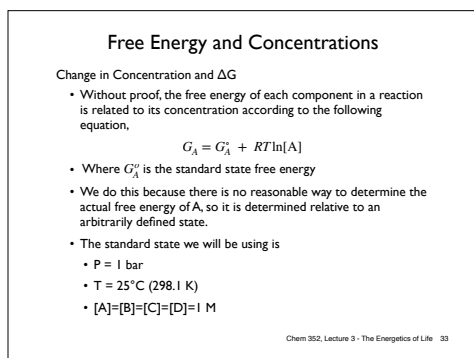
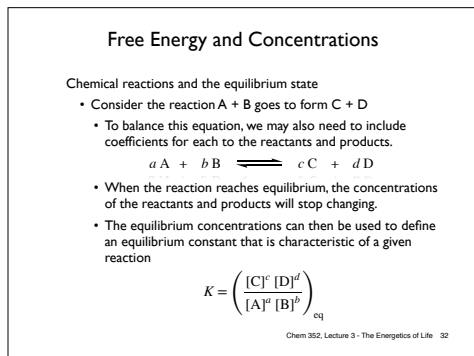
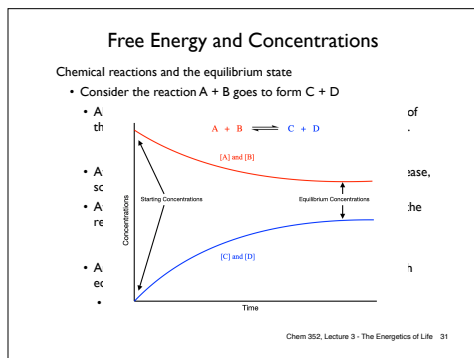
## Free Energy and Concentrations

Chemical reactions and the equilibrium state

- Consider the reaction  $A + B \rightarrow C + D$ 
  - If we start with only the reactants A and B, there is only one direction for the reaction to go.
- Likewise, if we start with only the products C and D, there is only one direction for the reaction to go.
- The Law of Mass Action tells us that as either of these reaction proceeds, their rates will slow as the concentrations of the reactants decrease.

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## Free Energy and Concentrations

$\Delta G$  versus  $\Delta G^\circ$ ,  $Q$  versus  $K$ , and Homeostasis versus Equilibrium

- **Concept:** The equilibrium constant  $K$  can be calculated from the standard free energy change ( $\Delta G^\circ$ ) and vice versa.
- At equilibrium  $\Delta G = 0$ , therefore,

$$\Delta G = \Delta G^\circ + RT \ln \left( \frac{[C]^c [D]^d}{[A]^a [B]^b} \right)$$

$$0 = \Delta G^\circ + RT \ln \left( \frac{[C]^c [D]^d}{[A]^a [B]^b} \right)_{\text{eq}}$$

$$\Delta G^\circ = - RT \ln \left( \frac{[C]^c [D]^d}{[A]^a [B]^b} \right)_{\text{eq}}$$

$$\Delta G^\circ = - RT \ln K_{\text{eq}} \quad \text{and} \quad K_{\text{eq}} = e^{\left( \frac{-\Delta G^\circ}{RT} \right)}$$

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## Free Energy and Concentrations

$\Delta G$  versus  $\Delta G^\circ$ ,  $Q$  versus  $K$ , and Homeostasis versus Equilibrium

- **Concept:** The homeostatic condition, which is far from equilibrium and a characteristic of living cells, must not be confused with true thermodynamic equilibrium.
- The narrow range of conditions, such as pH, temperature, and concentrations of metabolites and ions is referred to as the *homeostatic* conditions or *homeostasis*.
- Many reactions and processes are not favorable ( $\Delta G > 0$ ) under homeostatic conditions, therefore, energy is required to maintain homeostasis

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## Free Energy and Concentrations

$\Delta G$  versus  $\Delta G^\circ$ ,  $Q$  versus  $K$ , and Homeostasis versus Equilibrium

- **Concept:** It is  $\Delta G$ , as determined by the actual concentrations of reactants and products in the cell, and not  $\Delta G^\circ$ , that determines whether or not a reaction is favorable in vivo.

TABLE 3.4 Relationships between  $K$ ,  $Q$ , and  $\Delta G$  for a reaction

Value of $Q$	Value of $\Delta G$	Favored Direction
$< K$	$< 0$	Forward reaction (formation of products)
$= K$	$= 0$	Neither (system at equilibrium)
$> K$	$> 0$	Reverse reaction (formation of reactants)

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## Free Energy and Concentrations

$\Delta G$  versus  $\Delta G^\circ$ ,  $Q$  versus  $K$ , and Homeostasis versus Equilibrium

- **Concept:** Thermodynamically unfavorable reactions become favorable when  $Q < K$  and/or when coupled to a strongly favorable (i.e., highly exergonic,  $\Delta G \ll 0$ ) reaction.

$$\text{Since } \Delta G = \Delta G^\circ + RT \ln Q$$

$$\Delta G = RT \ln \left( \frac{Q}{K_{\text{eq}}} \right)$$

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## Free Energy and Concentrations

Water,  $H^+$  in Buffered Solution, and the "Biochemical Standard State"

- **Concept:** Biochemists use a slightly different definition for the Standard Free Energy Change ( $\Delta G^\circ$ )
- Whenever water is a reactant or product in a reaction its activity is set equal to 1, instead of its concentration,  $\sim 55M$ .
- The standard state for  $[H^+]$  is  $1 \times 10^{-7} M$  instead of  $1 M$ , so its activity at pH 7 becomes 1.

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### Free Energy and Concentrations

$\Delta G$  versus  $\Delta G^\circ$ ,  $Q$  versus  $K$ , and Homeostasis versus Equilibrium

**Problem:**  
The hydrolysis of the terminal phosphate group from adenosine triphosphate (ATP) to produce adenosine diphosphate (ADP) has a high negative  $\Delta G$  and serves a major source of energy in living cells.

$$\text{ATP} + \text{H}_2\text{O} \longrightarrow \text{ADP} + \text{HPO}_4^{2-} + \text{H}^+ \quad \Delta G^\circ = -32.3 \text{ kJ/mol}$$

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### Free Energy in Biological Systems

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### Free Energy in Biological Systems

Many reactions and process in biological systems are unfavorable.

- To make them favorable, they must be coupled to a reaction or process that is favorable.
- For example, the first reaction in the glycolytic pathway phosphorylates glucose to make glucose-1-phosphate.

$$\text{glucose} + \text{P}_i \longrightarrow \text{glucose-1-phosphate} + \text{H}_2\text{O} \quad \Delta G^\circ = +20.9 \text{ kJ/mol} \quad \text{Unfavorable}$$

$$\text{ATP} + \text{H}_2\text{O} \longrightarrow \text{ADP} + \text{P}_i \quad \Delta G^\circ = -32.2 \text{ kJ/mol} \quad \text{Favorable}$$

$$\text{glucose} + \text{ATP} \longrightarrow \text{glucose-1-phosphate} + \text{ADP} \quad \Delta G^\circ = -11.3 \text{ kJ/mol} \quad \text{Favorable}$$

The unfavorable phosphorylation reaction is made favorable, by coupling the reaction to the hydrolysis of a phosphate from ATP, which is a favorable reaction

Since  $\Delta G^\circ$  is a state function, the overall  $\Delta G^\circ$  for the coupled reactions is just the sum of the  $\Delta G^\circ$ 's for the individual reactions

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### Free Energy in Biological Systems

Many reactions and process in biological systems are unfavorable.

- The hydrolysis of ATP also provide the energy required by the motor protein kinesin, to move vesicles around the cell.

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### Free Energy in Biological Systems

Organic Phosphate Compounds as Energy Transducers

- The hydrolysis of phosphoryl groups from organic phosphate compounds is a favorable reaction and displays a range of negative Standard Free Energy values.

Hydrolysis Reaction	$\Delta G^\circ$ (kJ/mol)
Phosphoenolpyruvate + $\text{H}_2\text{O} \longrightarrow$ pyruvate + $\text{P}_i$	-61.8
1, 3-Bisphosphoglycerate + $\text{H}_2\text{O} \longrightarrow$ 3-phosphoglycerate + $\text{P}_i$ + $\text{H}^+$	-48.4
ATP + $\text{H}_2\text{O} \longrightarrow$ AMP + $\text{PP}_i$ + $\text{H}^+$	-45.6
Acetyl phosphate + $\text{H}_2\text{O} \longrightarrow$ acetate + $\text{P}_i$ + $\text{H}^+$	-43.1
Creatine phosphate + $\text{H}_2\text{O} \longrightarrow$ creatine + $\text{P}_i$	-42.1
ADP + $\text{H}_2\text{O} \longrightarrow$ AMP + $\text{P}_i$ + $\text{H}^+$	-32.4
ATP + $\text{H}_2\text{O} \longrightarrow$ ADP + $\text{P}_i$ + $\text{H}^+$	-32.2
$\text{PP}_i$ + $\text{H}_2\text{O} \longrightarrow$ 2 $\text{P}_i$	-19.2
Glucose-1-phosphate + $\text{H}_2\text{O} \longrightarrow$ glucose + $\text{P}_i$	-20.9
Glucose-6-phosphate + $\text{H}_2\text{O} \longrightarrow$ glucose + $\text{P}_i$	-13.8

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## Free Energy in Biological Systems

## Organic Phosphate Compounds as Energy Transducers

- **Concept:** The phosphoric group transfer potential shows which compounds can phosphorylate others under standard conditions.

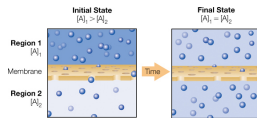
TABLE 3.5  $\Delta G^{\circ}$  for hydrolysis of some phosphate compounds

Hydrolysis Reaction	$\Delta G^{\circ}$ (kJ/mol)
Phosphoenolpyruvate + H <sub>2</sub> O $\longrightarrow$ pyruvate + P <sub>i</sub>	-61.9
1,3-Bisphosphoglycerate + H <sub>2</sub> O $\longrightarrow$ 3-phosphoglycerate + P <sub>i</sub> + H <sup>+</sup>	-49.4
ATP + H <sub>2</sub> O $\longrightarrow$ ADP + P <sub>i</sub> + H <sup>+</sup>	-32.2
Glucose-1-phosphate + H <sub>2</sub> O $\longrightarrow$ glucose + P <sub>i</sub>	-20.9

Later, when we study the reactions in the glycolytic pathway, we will see a reaction where a phosphoryl group is transferred from ATP to glucose to make glucose-1-phosphate.

## Free Energy in Biological Systems

Concentration gradients across membranes are a way that cells store energy



at equilibrium  $[A]_1 = [A]_2$

$$K_{eq} = \frac{[A]_2}{[A]_1} = 1 \quad \text{and} \quad \Delta G^{s'} = -RT \ln(K_{eq}) = 0$$

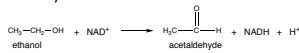
when  $[A]_1 \neq [A]_2$

$$\Delta G = RT \ln \left( \frac{[A]_2}{[A]_1} \right)$$

## Free Energy in Biological Systems

### Determining the $\Delta G^\circ$ for oxidation/reduction reactions

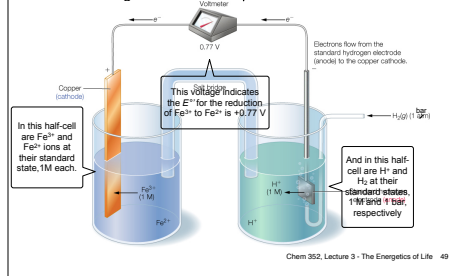
- Many of the important reactions we will encounter are oxidation/reduction reactions.
- For example, if you imbibe ethanol, the first step in breaking it down occurs in liver where it is oxidized by nicotinamide-adenine dinucleotide ( $\text{NAD}^+$ ) to acetaldehyde.



- The  $\Delta G^\circ$  for oxidation/reduction can be determined from the standard reduction potentials,  $E^\circ$  for the electron donor and acceptor in the reaction.

## Free Energy in Biological Systems

Determining the  $\Delta G^\circ$  for oxidation/reduction reactions



## Free Energy in Biological Systems

### Determining the $\Delta G^\circ$ for oxidation/reduction reactions

- **Concept:** The greater the standard reduction potential, the greater the tendency of the oxidized form of a redox couple to attract electrons.

TABLE 3.6 A few standard reduction potentials ( $E^{\circ}$ ) of interest in biochemistry

Oxidant (p acceptor)	Reductant (p donor)	n	E° (V)
$\text{H}^+ + \text{e}^-$	$\text{H}_2$	1	-0.421
$\text{NAD}^+ + \text{H}^+ + 2\text{e}^-$	NADH	2	-0.315
1,3-Bisphosphoglycerate + $2\text{H}^+ + 2\text{e}^-$	Glyceraldehyde-3-phosphate + P	2	-0.280
$\text{FAD} + 2\text{H}^+ + 2\text{e}^-$	$\text{FADH}_2$	2	-0.219
Acetaldehyde + $2\text{H}^+ + 2\text{e}^-$	Ethanol	2	-0.197
Pyruvate + $2\text{H}^+ + 2\text{e}^-$	Lactate	2	-0.185
$\text{Fe}^{3+} + \text{e}^-$	$\text{Fe}^{2+}$	1	+0.769
$\text{H}_2\text{O}_2 + 2\text{H}^+ + 2\text{e}^-$	$\text{H}_2\text{O}$	2	+0.815

Note:  $E^{\circ}$  is the standard reduction potential at pH 7 and 25 °C,  $n$  is the number of electrons transferred, and each potential is for the partial reaction written on the left.

The entry for the  $\text{H}^+/\text{H}_2$  couple  $E^\circ = -2.42\text{ V}$  is not zero because it is measured with  $[\text{H}^+] = 1\text{ M}$  in the reference cell [i.e., the standard hydrogen electrode] and  $[\text{H}_2] = 10^{-2}\text{ M}$  in the test cell.

## Free Energy in Biological Systems

Determining the  $\Delta G^\circ$  for oxidation/reduction reactions

- The standard reduction potentials for the proton acceptor and proton donor can then be used to determine  $\Delta G^\circ$  using the Nernst equation.

$$\Delta G^\circ = -n\mathcal{F}\Delta E^\circ$$

where  $\mathcal{F}$  is Faraday's constant ( $=96.5 \text{ kJ mol}^{-1} \text{ V}^{-1}$ )

$n$  is the number of electrons being transferred

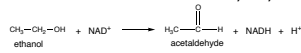
$$\Delta E^\circ = E^\circ_{\text{acceptor}} - E^\circ_{\text{donor}}$$

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## Free Energy in Biological Systems

Determining the  $\Delta G^\circ$  for oxidation/reduction reactions

- For the oxidation of ethanol to acetaldehyde by  $\text{NAD}^+$



- The two half reactions are



$$\begin{aligned} \Delta G^\circ &= -n\mathcal{F}\Delta E^\circ = -2(96.2 \frac{\text{kJ}}{\text{mol V}})(-0.315 \text{ V} - (-0.197 \text{ V})) \\ \Delta G^\circ &= +22.8 \frac{\text{kJ}}{\text{mol}} \end{aligned}$$

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## Free Energy in Biological Systems

Determining the  $\Delta G$  for oxidation/reduction reactions

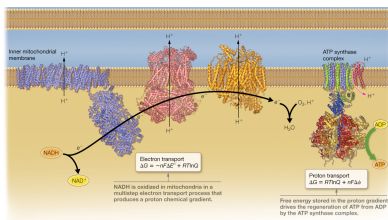
- For conditions other than standard state condition,  $\Delta G$  is determined as before

$$\Delta G = \Delta G^\circ + RT \ln(Q)$$

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## Free Energy in Biological Systems

A Brief Overview of Free Energy Changes in Cells



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## Lecture 3 Summary

- The principles of thermodynamics explain how cell-based living systems extract energy from their environment and use it to drive cellular processes
- Each of these processes must be favorable to occur spontaneously, that is, the free energy change,  $\Delta G = \Delta H - T\Delta S$ , must be negative ("exergonic") rather than positive ("endergonic")
- Thus,  $\Delta G = \Delta G^\circ + RT \ln Q$ , where  $\Delta G^\circ$  represents the free energy change under standard biochemical conditions
- Living systems operate far from equilibrium, therefore they require a constant source of external energy to maintain this state.

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## Lecture 3 Summary

- $\Delta G^{\circ'}$  can be calculated by several methods, including:
  - from the equilibrium constant,  $K_{eq}$ , using the equation  $\Delta G^{\circ'} = -RT \ln K_{eq}$
  - from the standard reduction potentials for redox reactions  $\Delta G^{\circ'} = -nF\Delta E^{\circ'}$
  - from the sum of known  $\Delta G^{\circ'}$  for single reactions, when they are coupled
- Unfavorable ("endergonic") reactions can be driven forward by coupling them to reactions or processes that have large negative  $\Delta G$  values (such as hydrolyses of organic phosphate compounds or concentration gradients across membranes).

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