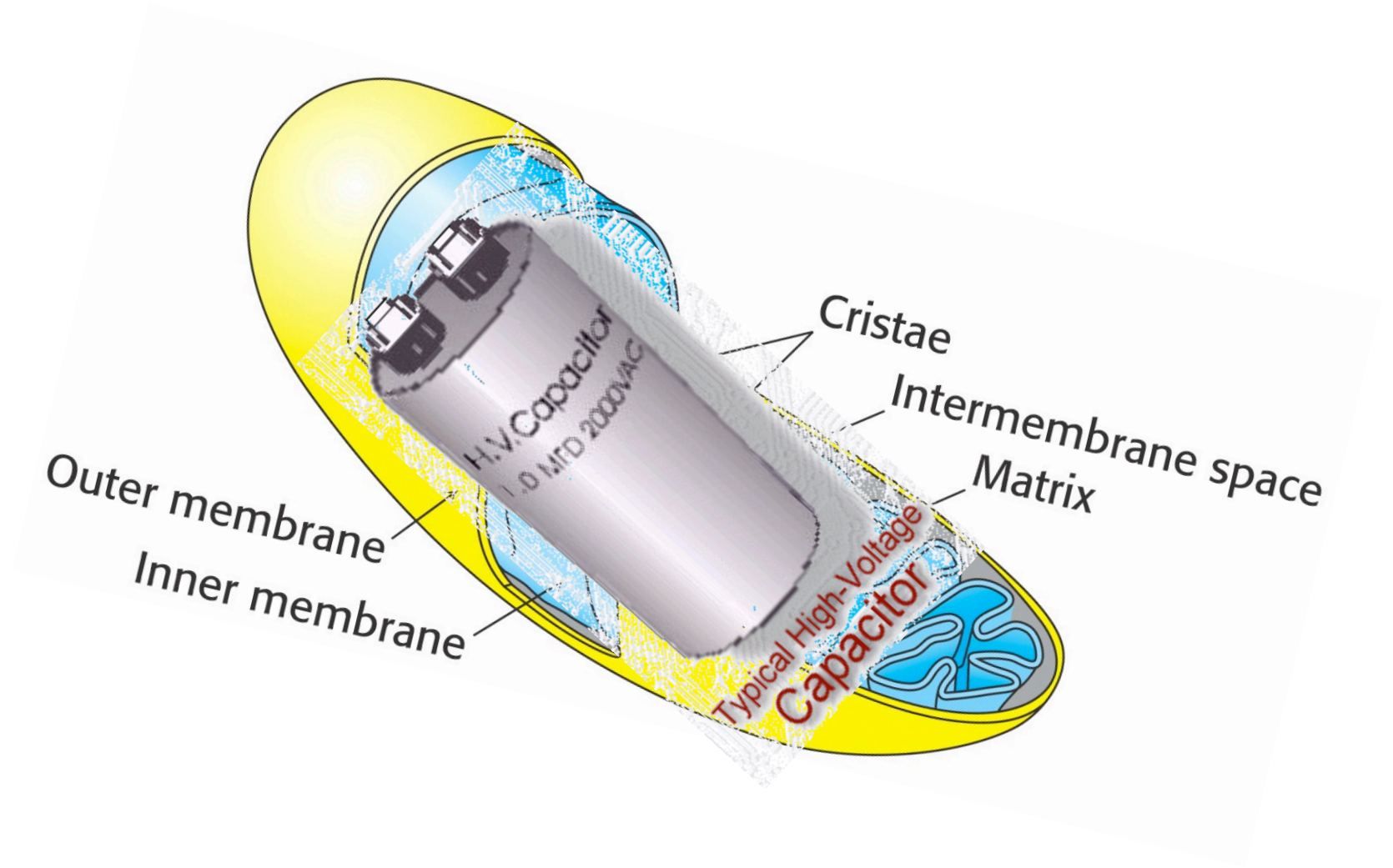


# Chapter 18

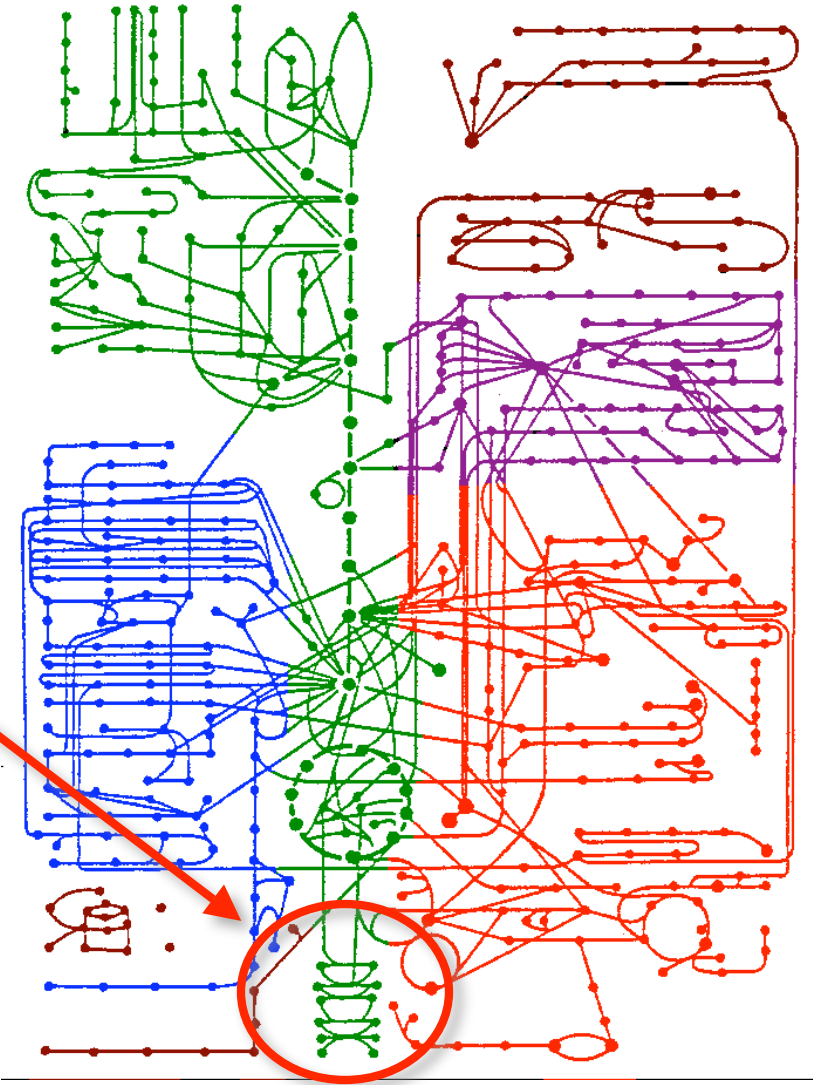
## Electron Transport System



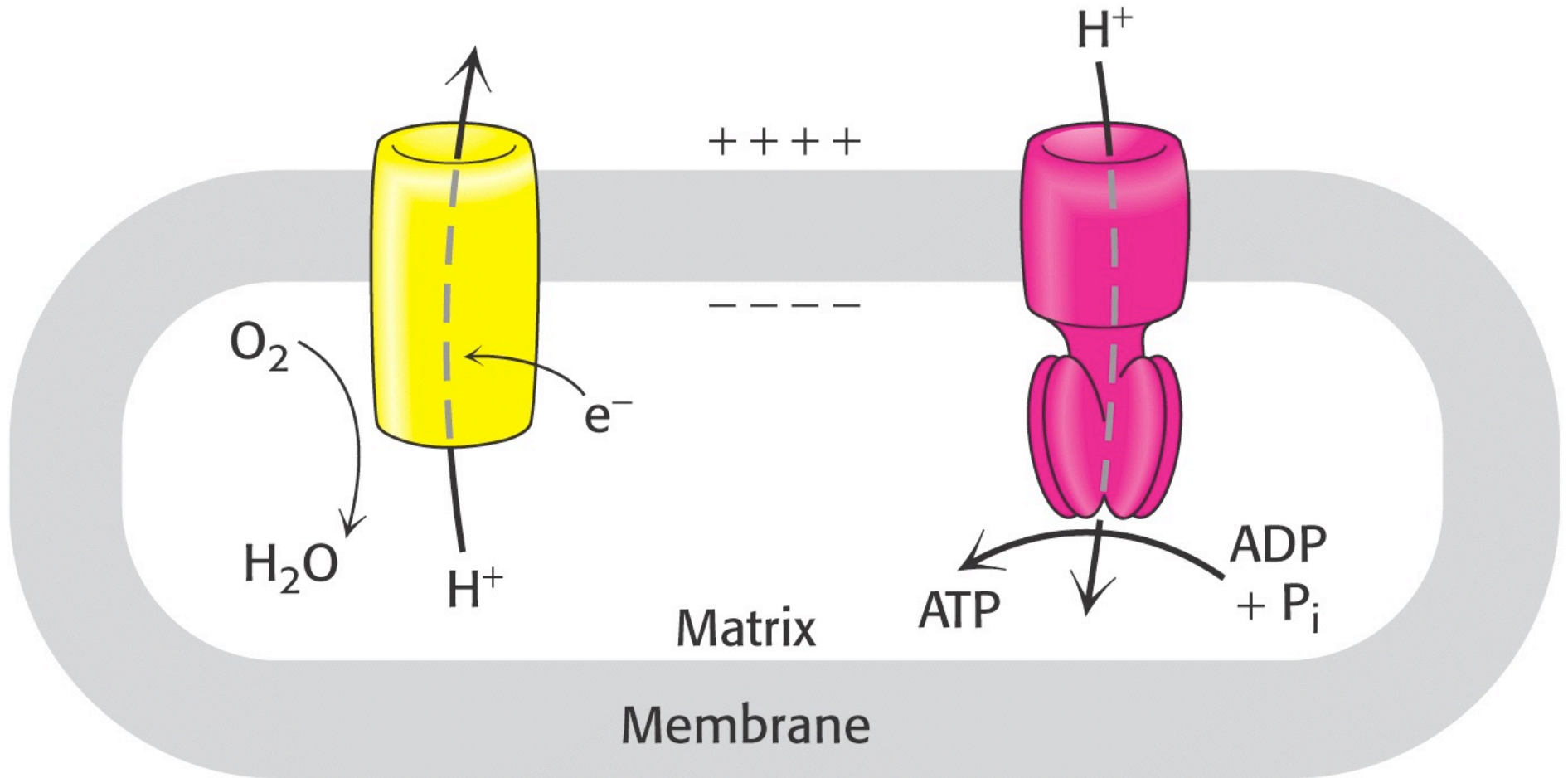
# Chapter 18

## Electron Transport System

We Are Here

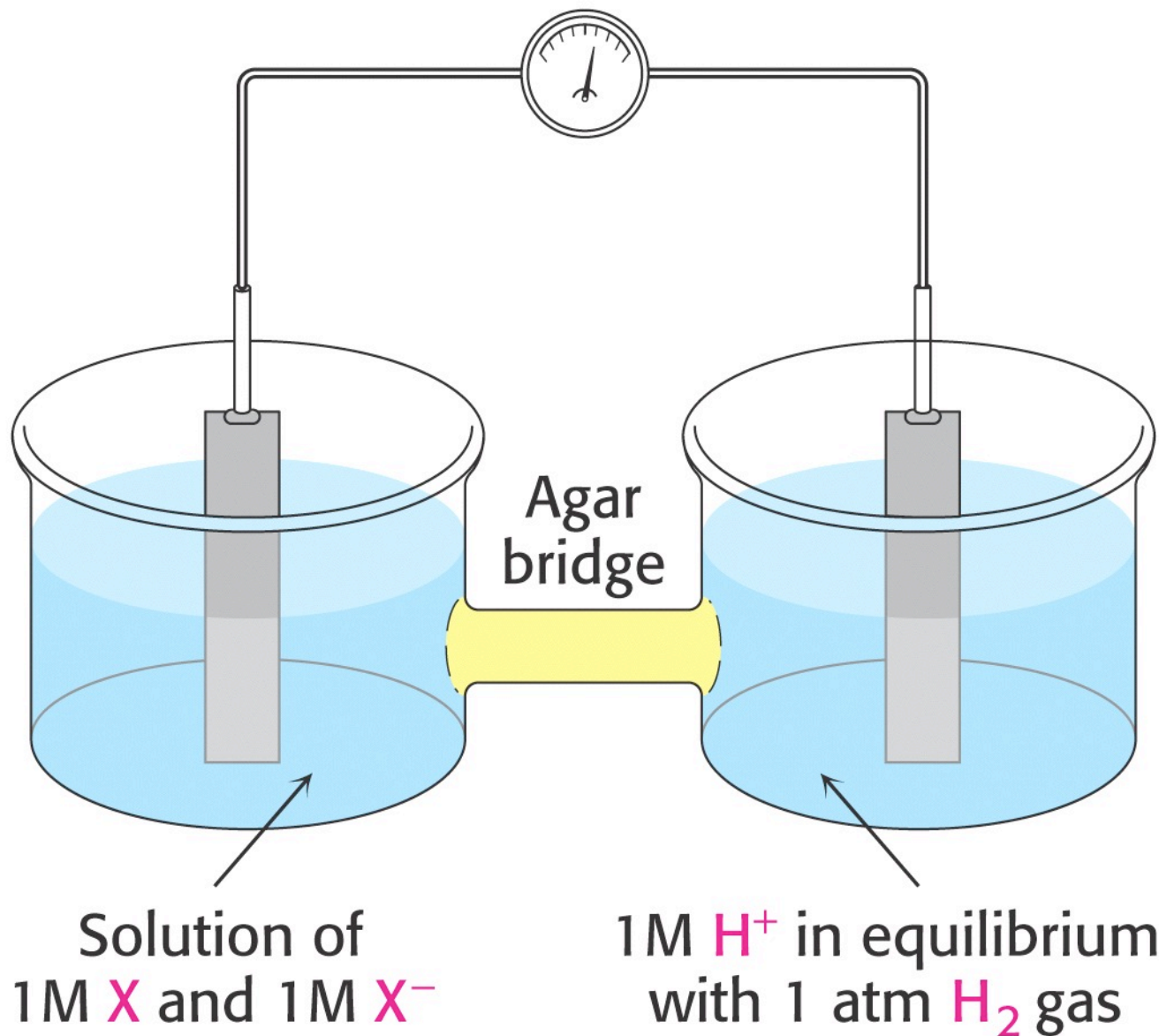


# Coupling Oxidation with Phosphorylation



# Standard Reduction Potentials

Voltmeter



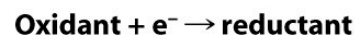
$$\Delta G^{\circ'} = - nF\Delta E_{o'}$$

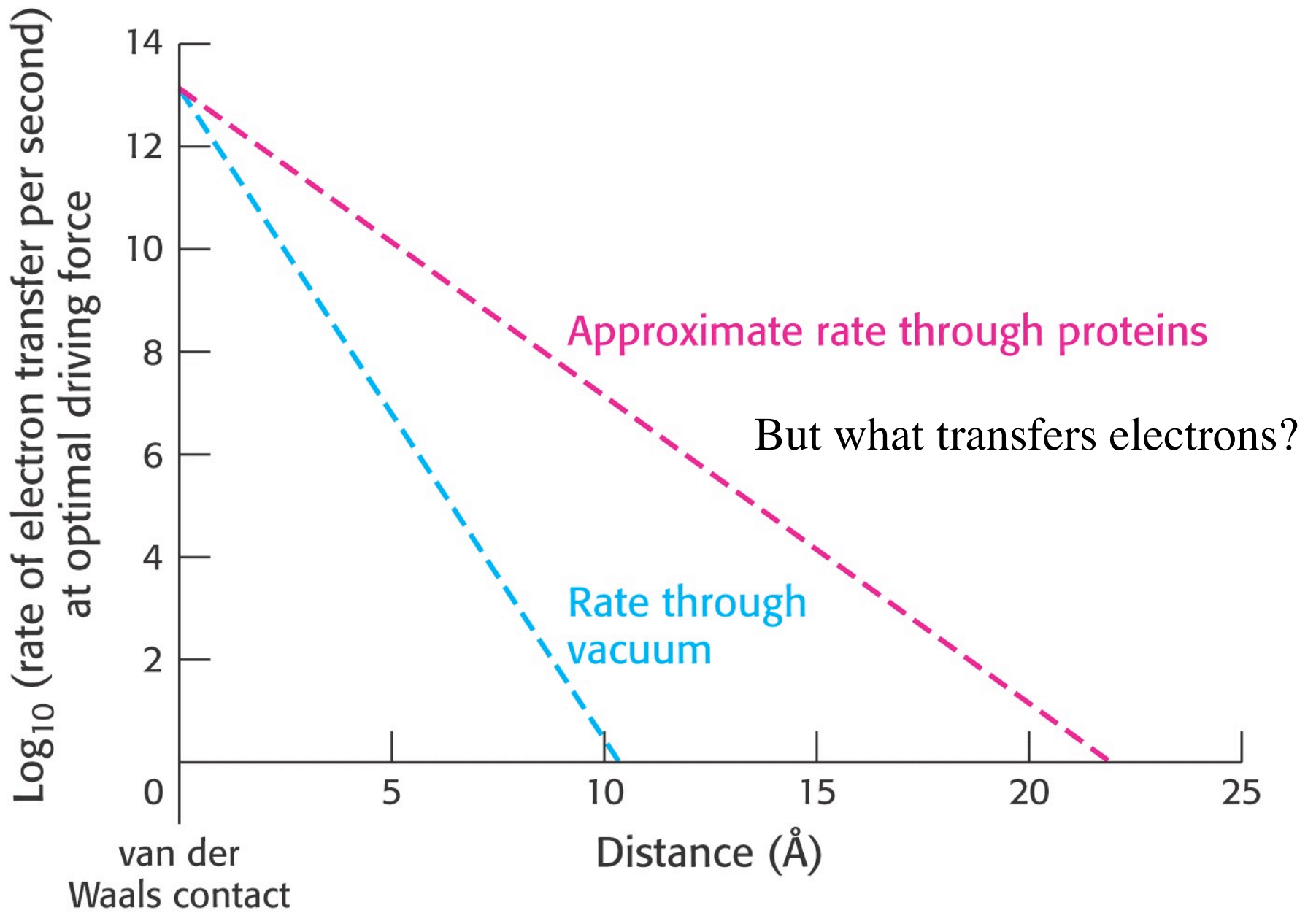
acceptor- donor =  $\Delta E_{o'}$   
 $F = 23000 \text{ cal/V mole}$

**TABLE 18.1 Standard reduction potentials of some reactions**

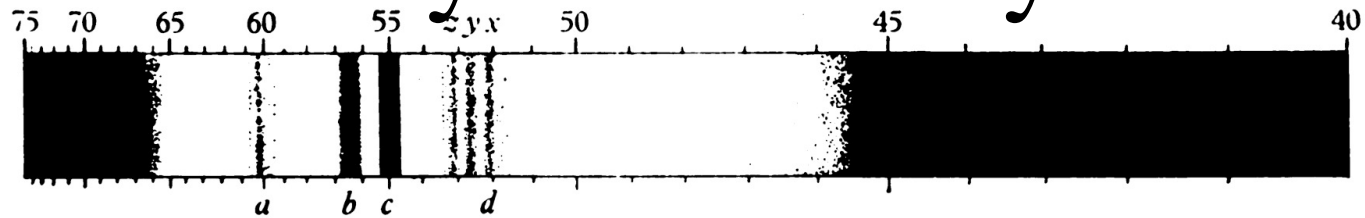
Oxidant	Reductant	<i>n</i>	<i>E'</i> <sub>0</sub> (V)
Succinate + CO <sub>2</sub>	α-Ketoglutarate	2	-0.67
Acetate	Acetaldehyde	2	-0.60
Ferredoxin (oxidized)	Ferredoxin (reduced)	1	-0.43
2 H <sup>+</sup>	H <sub>2</sub>	2	-0.42
NAD <sup>+</sup>	NADH + H <sup>+</sup>	2	-0.32
NADP <sup>+</sup>	NADPH + H <sup>+</sup>	2	-0.32
Lipoate (oxidized)	Lipoate (reduced)	2	-0.29
Glutathione (oxidized)	Glutathione (reduced)	2	-0.23
FAD	FADH <sub>2</sub>	2	-0.22
Acetaldehyde	Ethanol	2	-0.20
Pyruvate	Lactate	2	-0.19
Fumarate	Succinate	2	+0.03
Cytochrome <i>b</i> (+3)	Cytochrome <i>b</i> (+2)	1	+0.07
Dehydroascorbate	Ascorbate	2	+0.08
Ubiquinone (oxidized)	Ubiquinone (reduced)	2	+0.10
Cytochrome <i>c</i> (+3)	Cytochrome <i>c</i> (+2)	1	+0.22
Fe (+3)	Fe (+2)	1	+0.77
½ O <sub>2</sub> + 2 H <sup>+</sup>	H <sub>2</sub> O	2	+0.82

Note: *E'*<sub>0</sub> is the standard oxidation–reduction potential (pH 7, 25°C ) and *n* is the number of electrons transferred. *E'*<sub>0</sub> refers to the partial reaction written as





# The cytochrome system

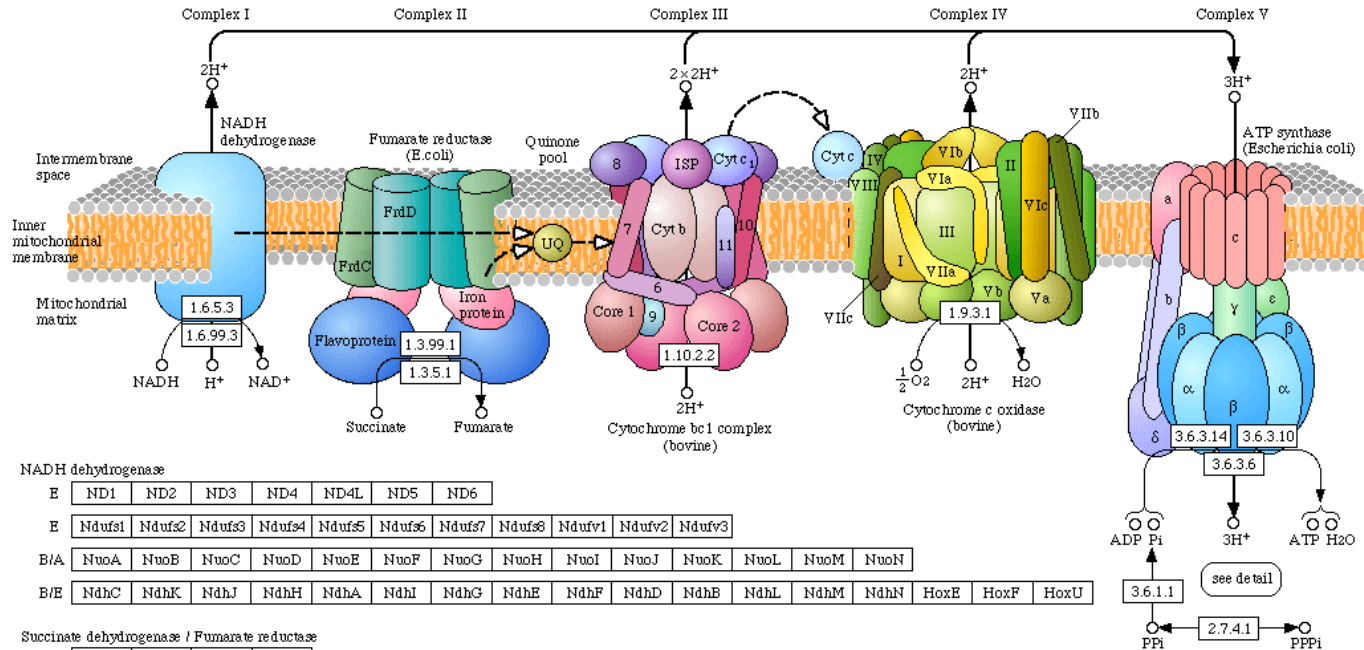


	610	605	600	595	590	585	580	575	570	565	560	555	550	545	540	535	530	525	520		
6046	<i>a</i>	Bee: wing muscles										5665	<i>b</i>	5502	<i>c</i>					5210	<i>d</i>
6038	<i>Dytiscus</i> : wing muscles										5664		5495						5205		
6046	<i>Galleria</i> : wing muscles										5657		5495						5200		
6035	<i>Helix</i> : radula muscles										5650		5495						5200		
6040	Frog: heart muscles										5660		5500						5205		
6045	Guinea-pig: heart muscles										5662		5500						5205		
6035	<i>a</i>	Yeast cells										5645	<i>b</i>	5490	<i>c</i>					5190	<i>d</i>

m $\mu$

David Keilin, 1925!!! Discovered cytochromes, Ochoa, 1945 linked Oxidation with Phosphorylation

**OXIDATIVE PHOSPHORYLATION**



**NADH dehydrogenase**

E	ND1	ND2	ND3	ND4	ND4L	ND5	ND6										
E	Ndufs1	Ndufs2	Ndufs3	Ndufs4	Ndufs5	Ndufs6	Ndufs7	Ndufs8	Ndufv1	Ndufv2	Ndufv3						
B/A	NuoA	NuoB	NuoC	NuoD	NuoE	NuoF	NuoG	NuoH	NuoI	NuoJ	NuoK	NuoL	NuoM	NuoN			
B/E	NdhC	NdhK	NdhJ	NdhH	NdhA	NdhI	NdhG	NdhE	NdhF	NdhD	NdhB	NdhL	NdhM	NdhN	HoxE	HoxF	HoxU

**Succinate dehydrogenase / Fumarate reductase**

E	SDHC	SDHD	SDHA	SDHB
B/A	SdhC	SdhD	SdhA	SdhB
	FrdA	FrdB	FrdC	FrdD

**Cytochrome c reductase**

E/B/A	ISP	Cyt b	Cyt c1				
E	COR1	QCR2	QCR6	QCR7	QCR8	QCR9	QCR10

**Cytochrome c oxidase**

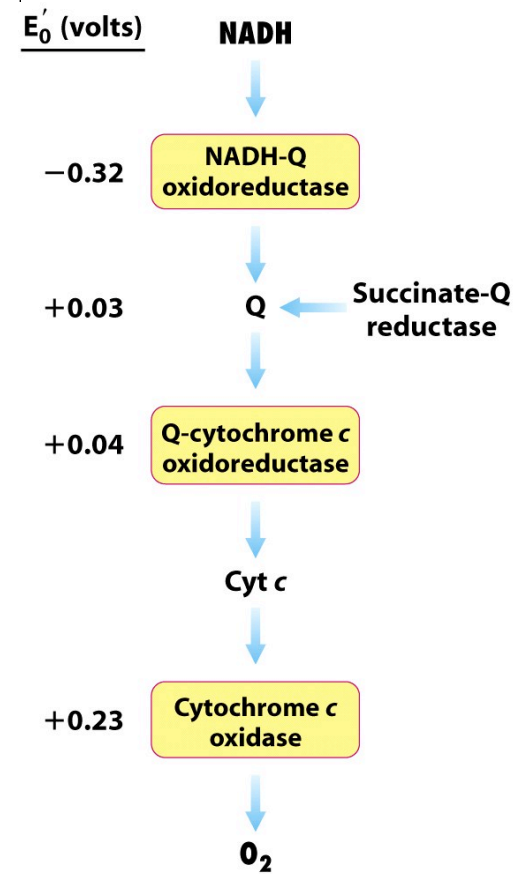
E	COX10	COX3	COX1	COX2	COX4	COX5A	COX5B	COX6A	COX6B	COX6C	COX7A	COX7B	COX7C	COX8	E/B/A	COX11	COX15	COX17
B/A	CyoE	CyoD	CyoC	CyoB	CyoA	CoxD	CoxC	CoxA	CoxB	QoxD	QoxC	QoxB	QoxA					

**Cytochrome c oxidase, cbb3-type**

B	I	II	IV	III
---	---	----	----	-----

**Cytochrome bd complex**

B/A	CydA	CydB
-----	------	------



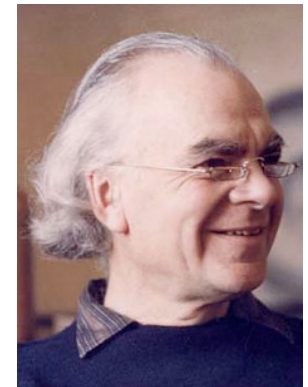
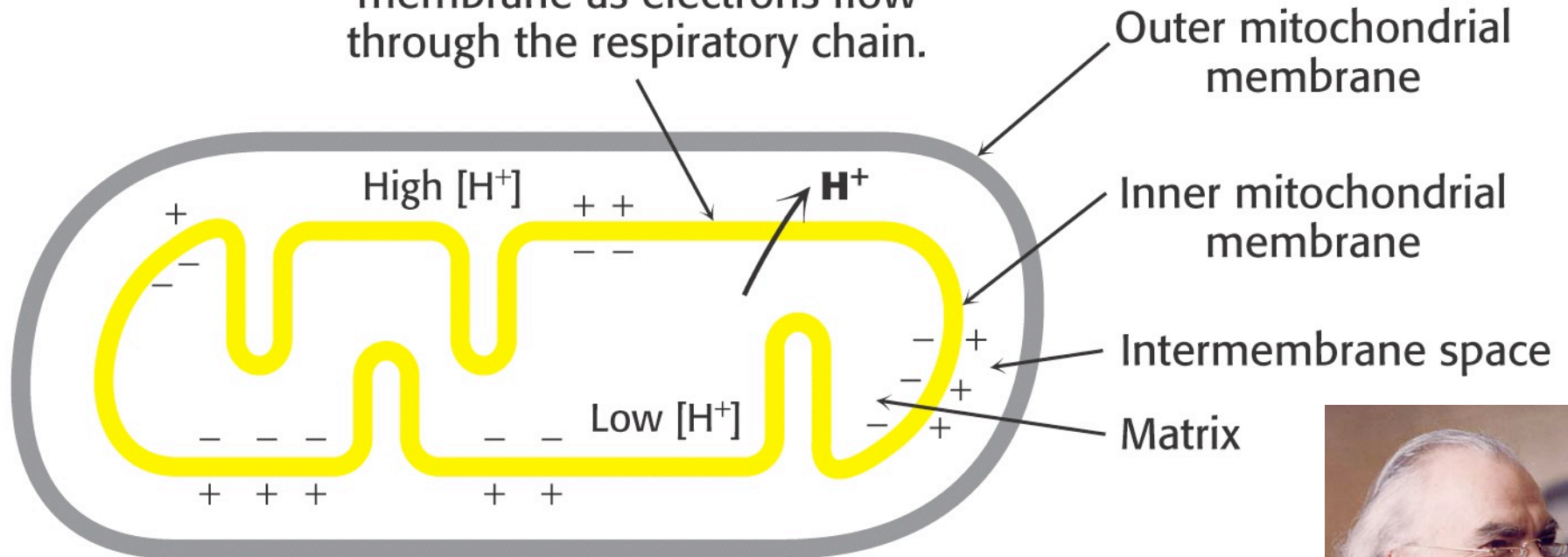
**Figure 18-6**  
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From [KEGG database](http://KEGG.org)



# Chemiosmotic Theory: Peter Mitchell 1961

Protons are pumped across this membrane as electrons flow through the respiratory chain.



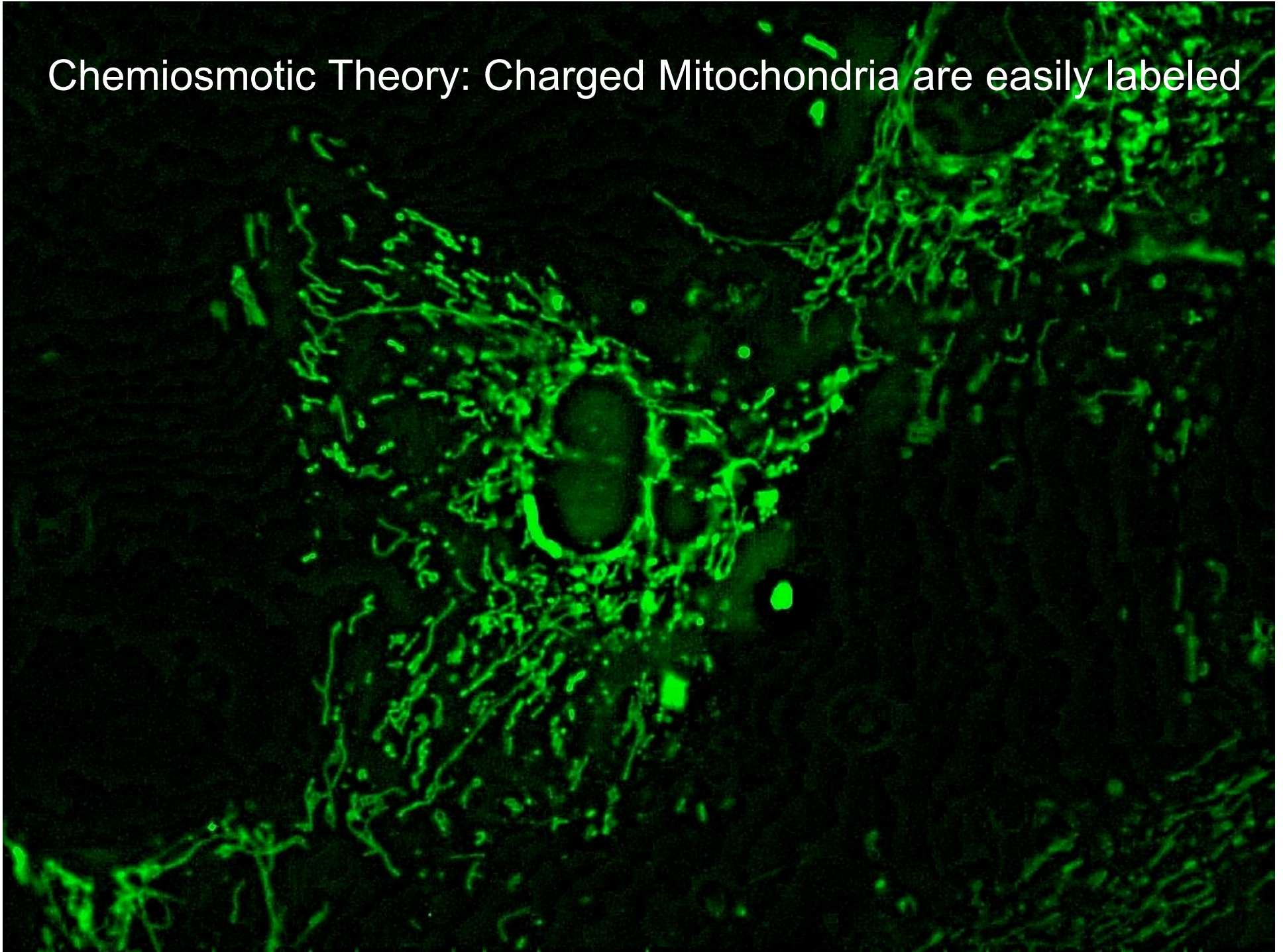
$$P_{mf} \text{ (volts)} = \Delta\Psi + (RT \ln 10 / F) \Delta pH$$

More usefully, for ejection of one  $H^+$  from the matrix:

$$\begin{aligned} \Delta G \text{ (kJ or kcal /mol)} &= RT \ln ([H^+]_{\text{cytosol}} / [H^+]_{\text{matrix}}) + F \Delta\Psi \\ &= 2.3 RT (\text{pH}_{\text{matrix}} - \text{pH}_{\text{cytosol}}) + F \Delta\Psi \end{aligned}$$

$$P_{mf} \text{ (volts)} = \Delta\Psi + (RT \ln 10 / F) \Delta pH$$

Chemiosmotic Theory: Charged Mitochondria are easily labeled



# Chemiosmotic Theory Principles: The membrane as capacitor

- $V = q/c$

$q$  = charge (in Coulombs,  $1e^- = 1.6 \times 10^{-19}$  C/electron charge)

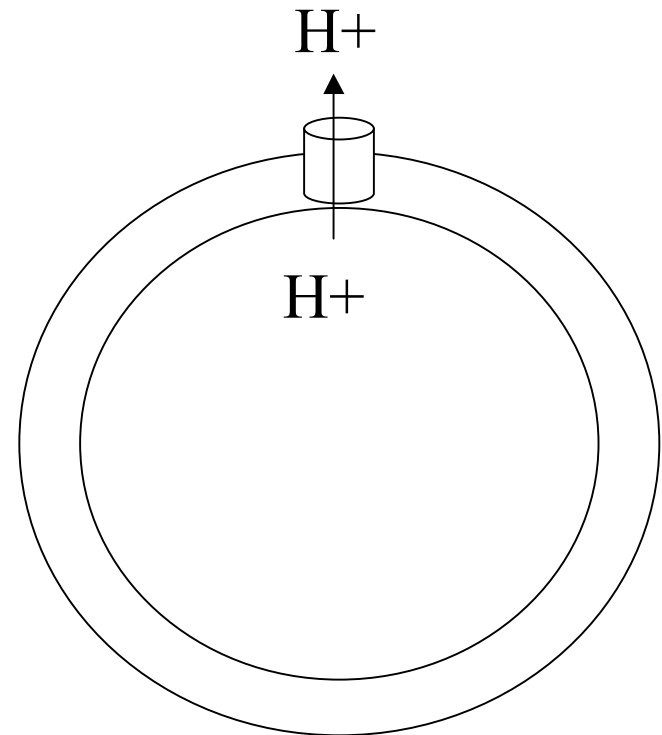
$V$  = voltage in Volts

(F, Farads)

$c$  = capacitance

# Chemiosmotic Theory: The membrane as capacitor

- Q: How many  $H^+$ 's need to be pumped by an ATP'ase across a spherical bacterium ( $r=1.0 \mu m$ ) to get a transmembrane voltage of  $-60. mV$ ? Bilayer capacitance =  $1.0 \times 10^{-6} F/cm^2$ . Area of a sphere =  $4\pi r^2$  Volume of a sphere =  $\frac{4}{3}\pi r^3$



The proof: Racker and  
Stoeckenius, 1974  
J Biol Chem--

Also a Frankenstein  
experiment! Knox and Tsong



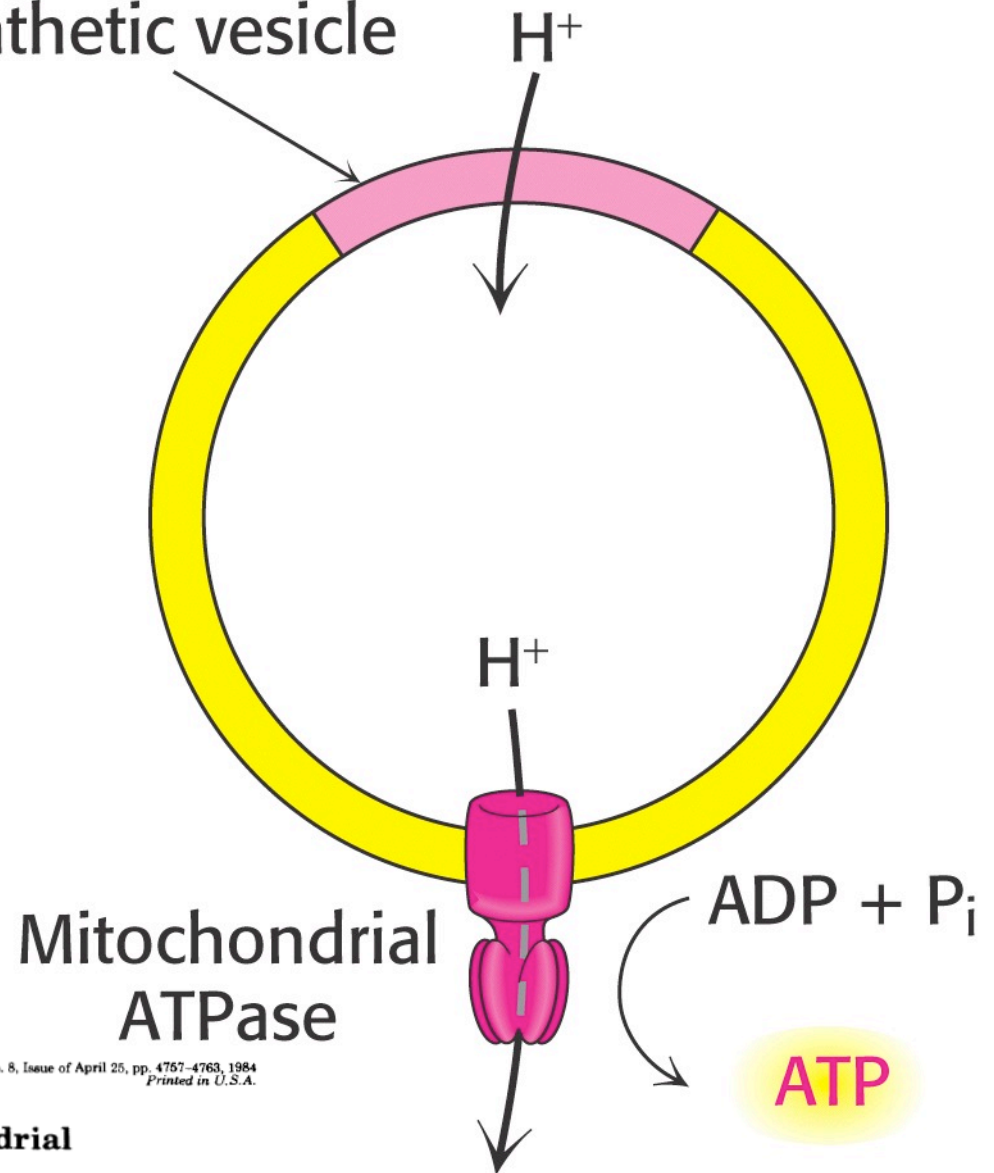
THE JOURNAL OF BIOLOGICAL CHEMISTRY  
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### Voltage-driven ATP Synthesis by Beef Heart Mitochondrial $F_0F_1$ -ATPase\*

Barry E. Knox and Tian Yow Tsong‡

From the Department of Physiological Chemistry, The Johns Hopkins University School of Medicine,  
Baltimore, Maryland 21205

Bacteriorhodopsin in  
synthetic vesicle



Vol. 269, No. 8, Issue of April 25, pp. 4757-4763, 1984  
Printed in U.S.A.

(Received for publication, October 21, 1983)

# BACK to the DETAILS!

TABLE 18.2 Components of the mitochondrial electron-transport chain

Enzyme complex	Mass (kd)	Subunits	Prosthetic group	OXIDANT OR REDUCTANT		
				Matrix side	Membrane core	Cytoplasmic side
NADH-Q oxidoreductase	>900	46	FMN Fe-S	NADH	Q	
Succinate-Q reductase	140	4	FAD Fe-S	Succinate	Q	
Q-cytochrome c oxidoreductase	250	11	Heme $b_H$ Heme $b_L$ Heme $c_1$ Fe-S		Q	Cytochrome c
Cytochrome c oxidase	160	13	Heme $a$ Heme $a_3$ Cu <sub>A</sub> and Cu <sub>B</sub>			Cytochrome c

Sources: J. W. DePierre and L. Ernster. *Annu. Rev. Biochem.* 46(1977):215; Y. Hatefi. *Annu Rev. Biochem.* 54(1985);1015; and J. E. Walker. *Q. Rev. Biophys.* 25(1992):253.

Table 18-2  
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## Overview of ETS-see Conceptual Insight

[Overview animation](#)

<http://bcs.whfreeman.com/stryer/pages/bcs-main.asp?s=00010&n=99000&i=99010.01&v=category&o=&ns=0&uid=110354&rau=110354>

# BACK to the DETAILS! ETS supramolecular organization??

J. Biol. Chem., Vol. 282,  
Issue 1, 1-4, January 5, 2007

<http://www.jbc.org/cgi/content/full/282/1/1>

## MINIREVIEW: OXPHOS Supercomplexes of Mitochondria

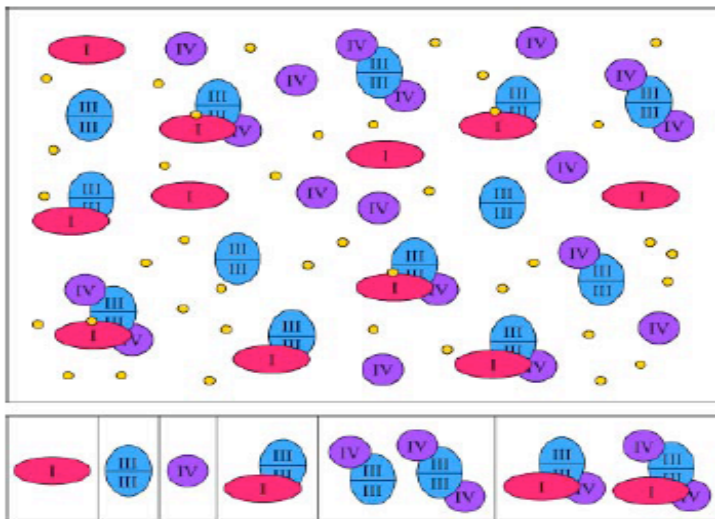


FIGURE 3. **Model of the supramolecular structure of the OXPHOS system: single complexes co-exist with supramolecular assemblies.** Complex I (red) can associate with complex III<sub>2</sub> (blue). Complex III<sub>2</sub> can associate with one or two copies of complex IV (purple). The largest assemblies include complex I, dimeric complex III, and one or several copies of complex IV. Yellow circles, ubiquinol, which either freely diffuses within the inner mitochondrial membrane or might form part of the I+III<sub>2</sub> supercomplex. For simplicity, complex II was omitted from the figure because it is not known to form part of OXPHOS supercomplexes. Furthermore, cytochrome c, alternative oxidoreductases, and the ATP synthase complex are omitted from the figure. Modified from Bianchi *et al.* (27).

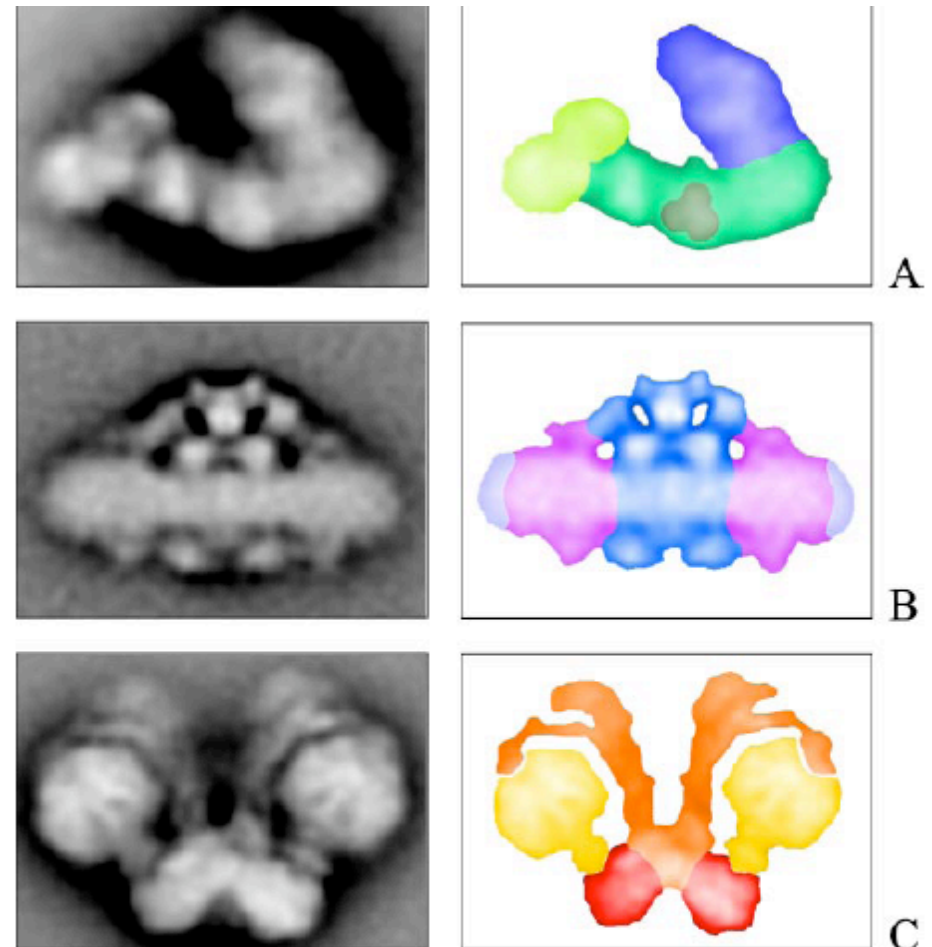


FIGURE 2. **Structure of mitochondrial OXPHOS supercomplexes as revealed by single particle electron microscopy.** A, top view projection map of the I+III<sub>2</sub> supercomplex of *Arabidopsis* (25); B, side view map of the III<sub>2</sub>+IV<sub>2</sub> supercomplex of yeast<sup>3</sup>; C, side view map of dimeric ATP synthase of *Polytomella* (39). In the schemes protein complexes or large protein domains are indicated by colors. A: complex III<sub>2</sub>, blue; complex I, green (light green, peripheral arm; medium green, membrane arm; dark green, carbonic anhydrase domain). B: complex III<sub>2</sub>, blue; complex IV, purple. C: F<sub>0</sub> parts, red; F<sub>1</sub> parts and central stalks, yellow; peripheral stalks, orange.

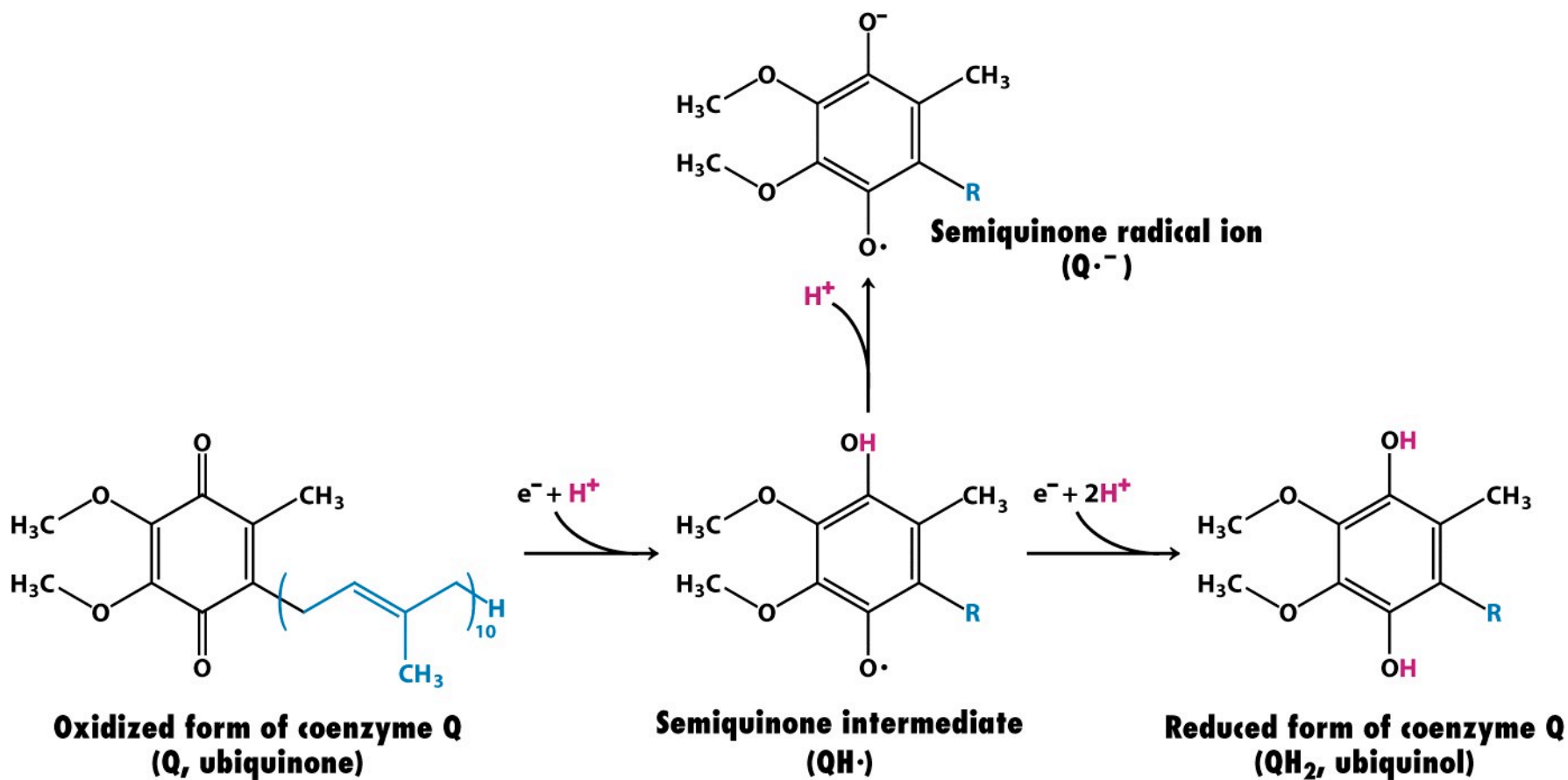
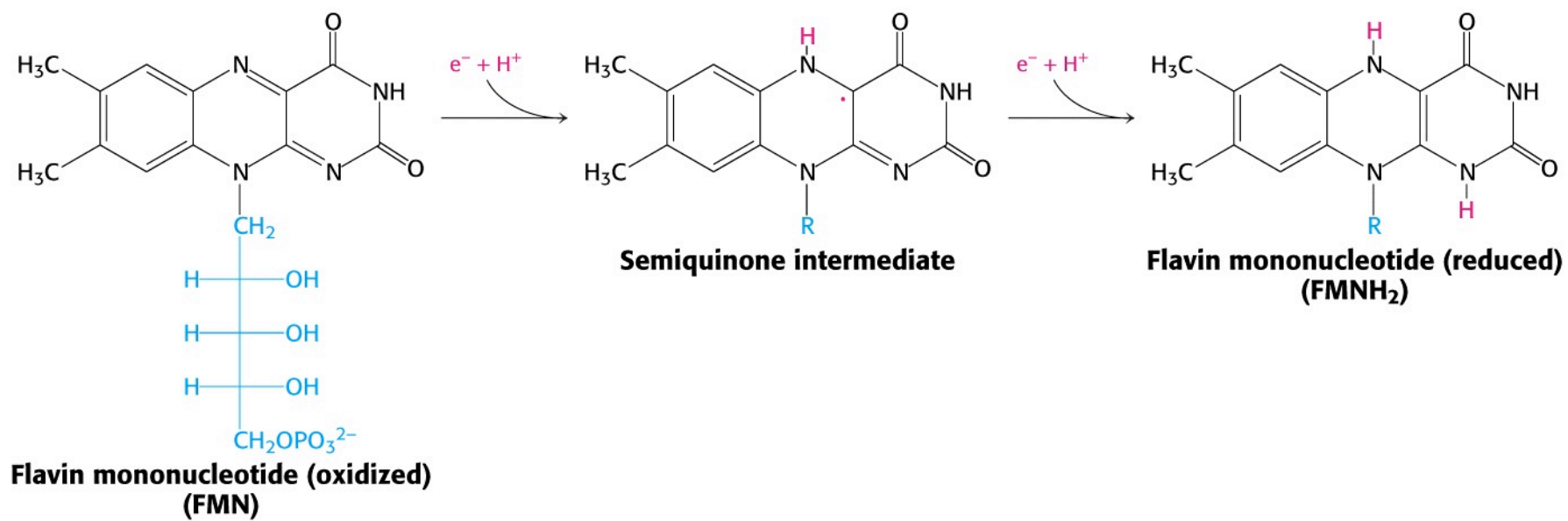
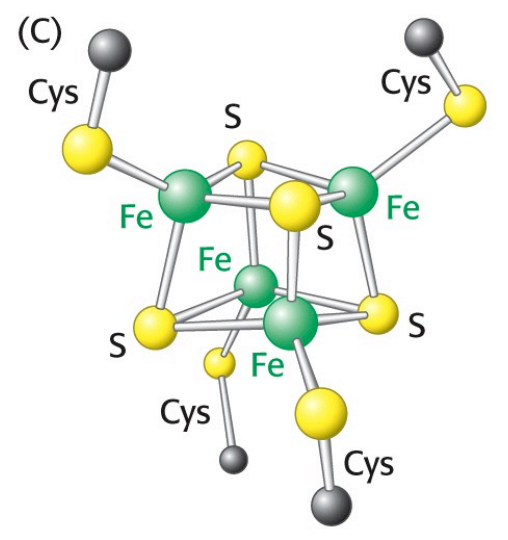
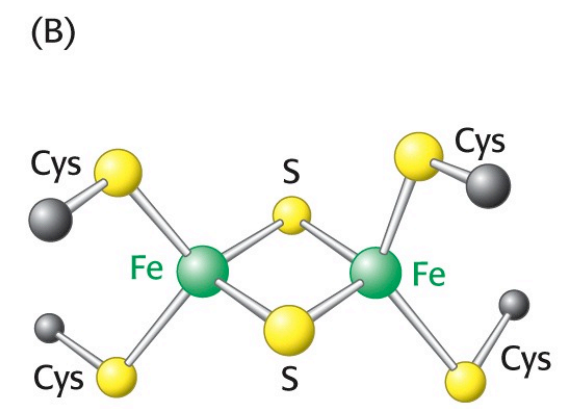
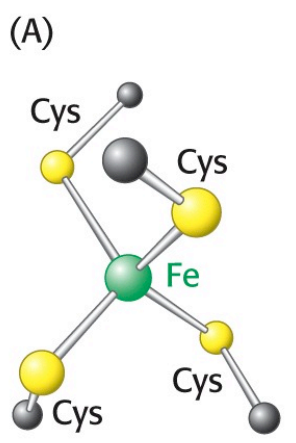
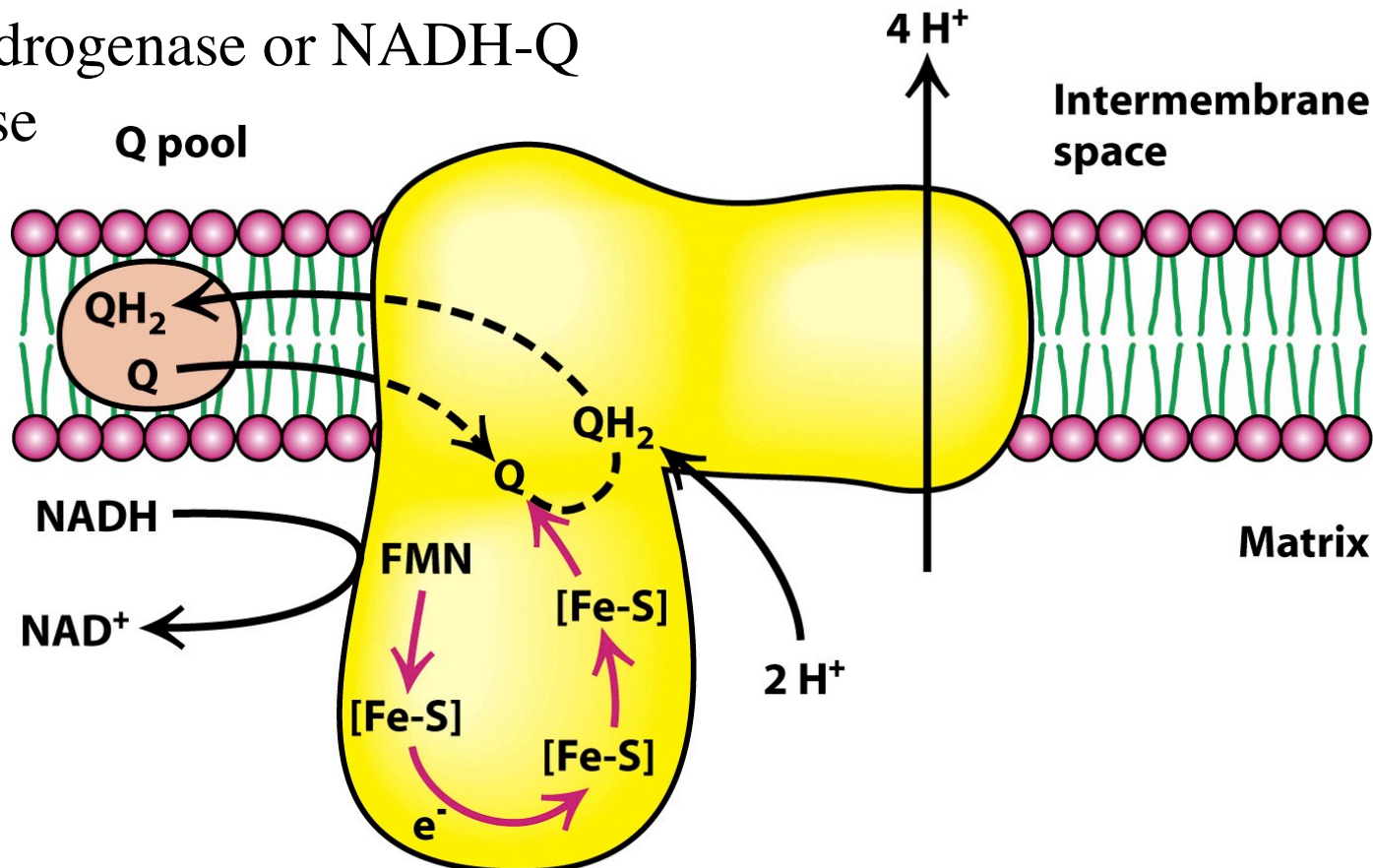


Figure 18-7  
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# NADH Dehydrogenase or NADH-Q oxidoreductase



# The b-c complex of Q-cytochrome c oxidoreductase

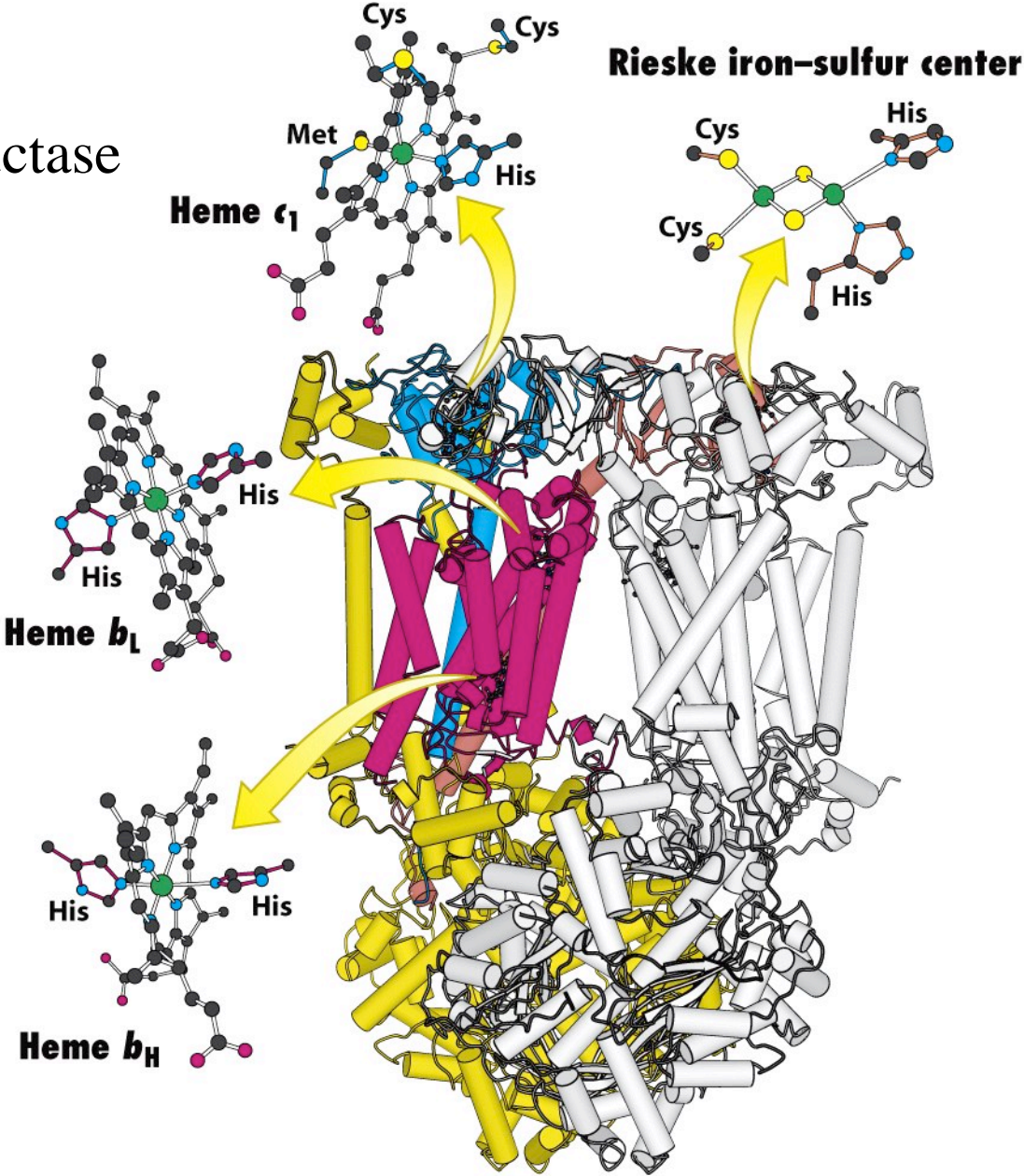
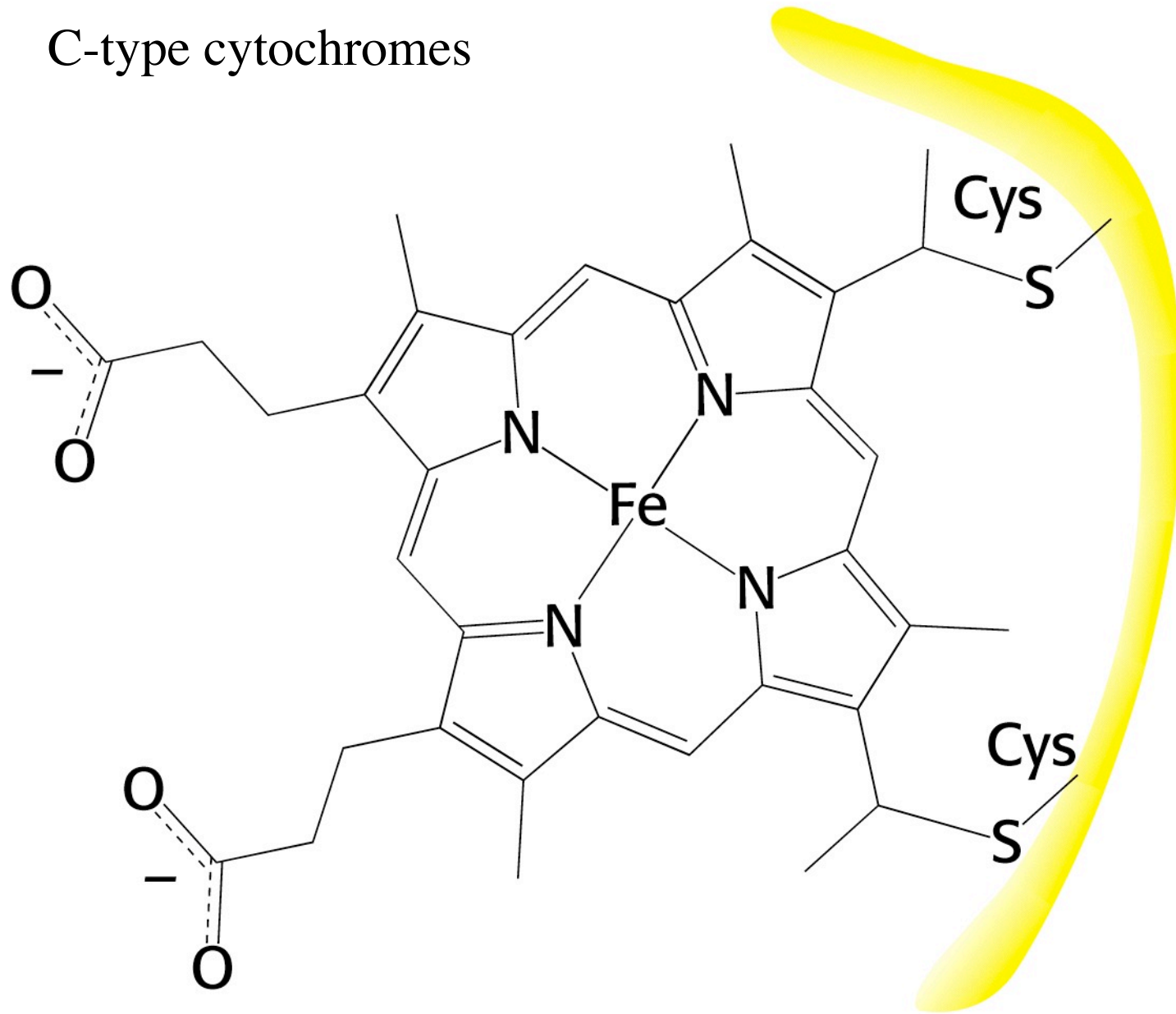
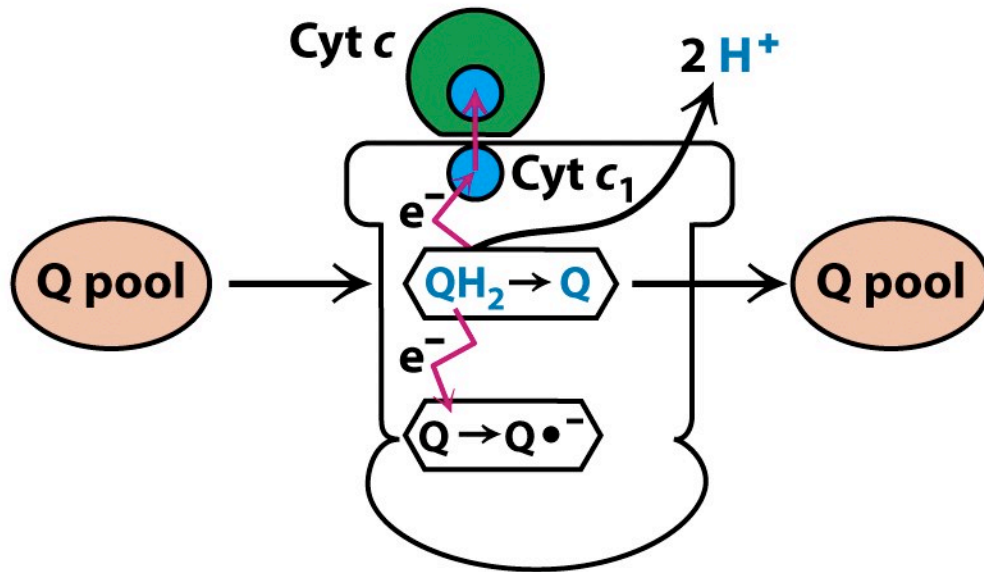


Figure 18-11  
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# C-type cytochromes



### First half of Q cycle



### Second half of Q cycle

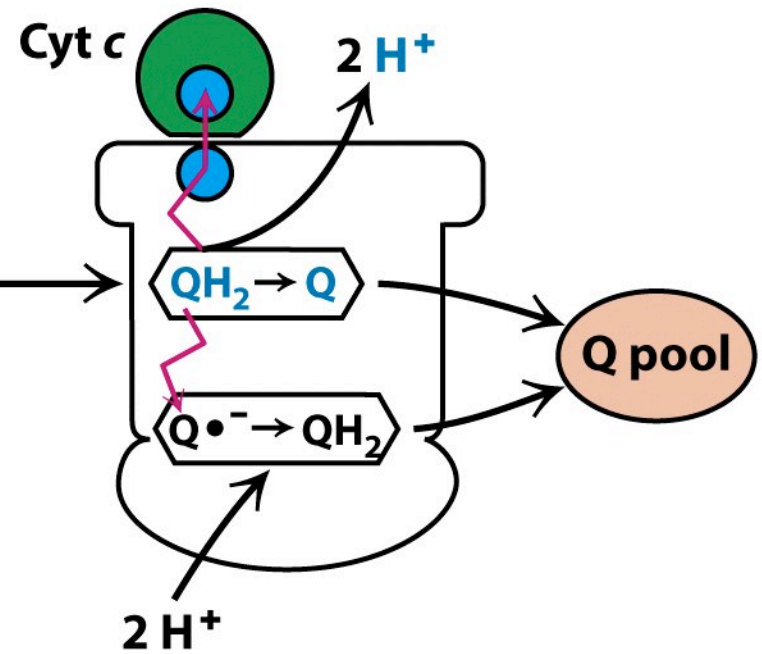
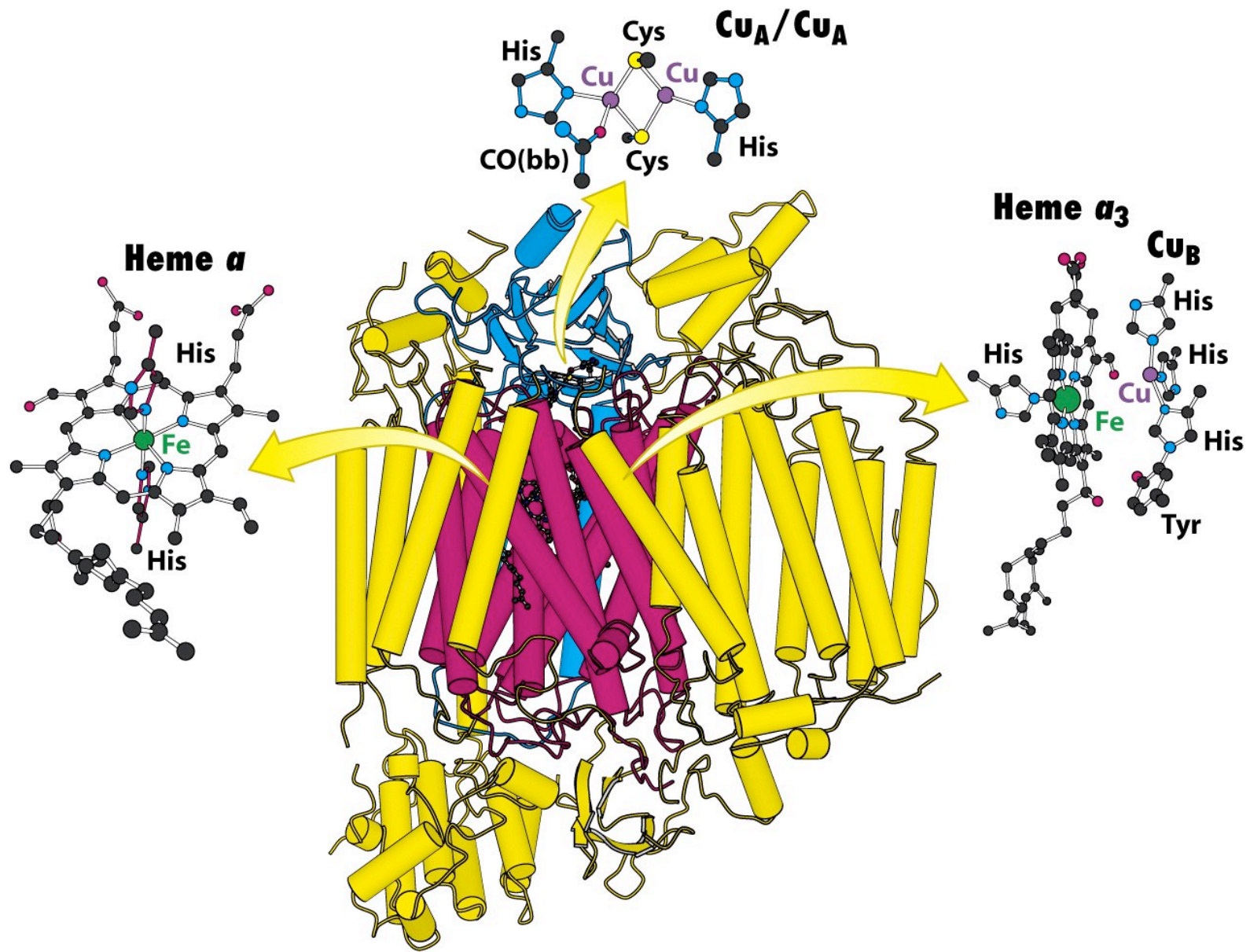
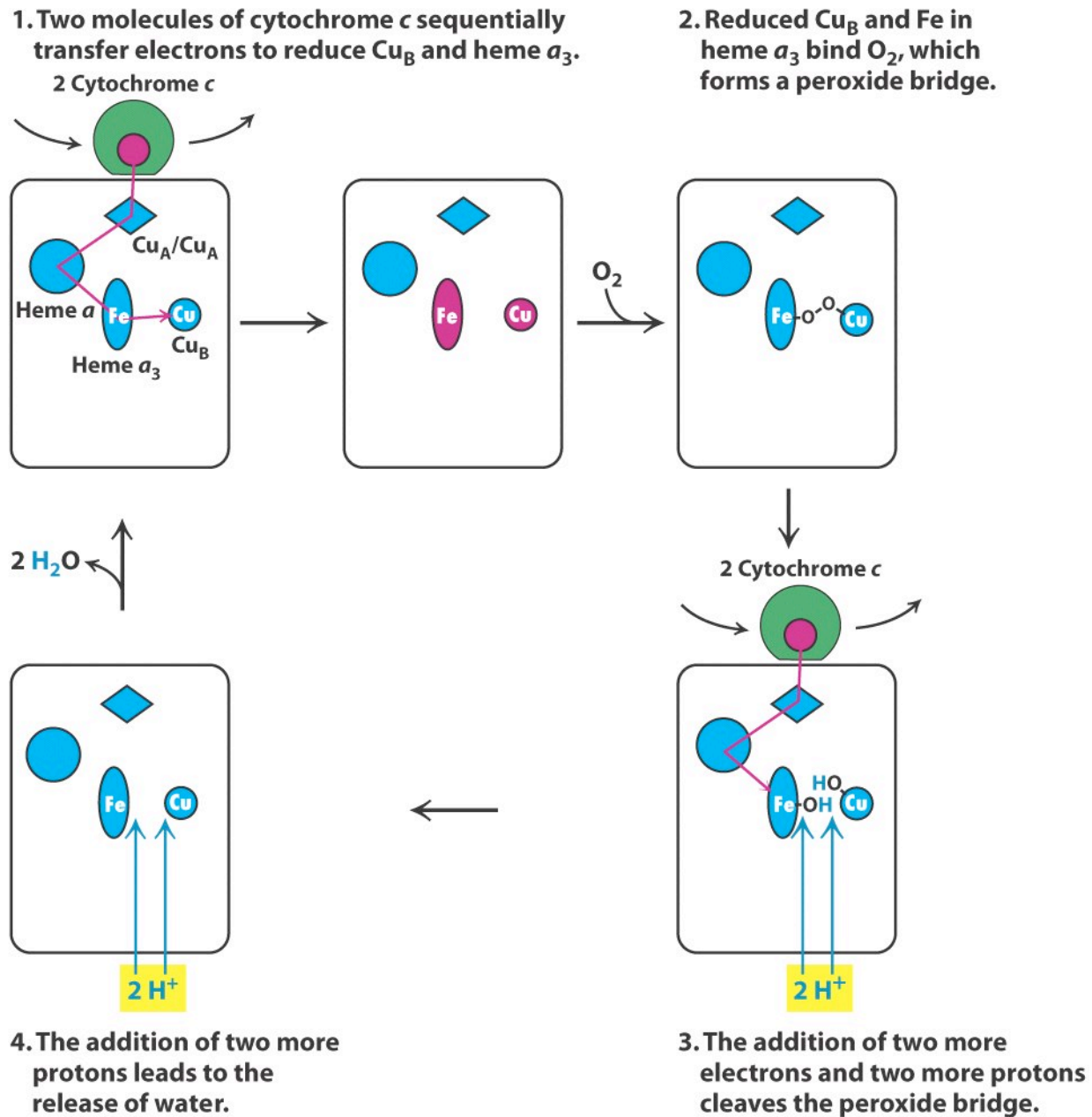


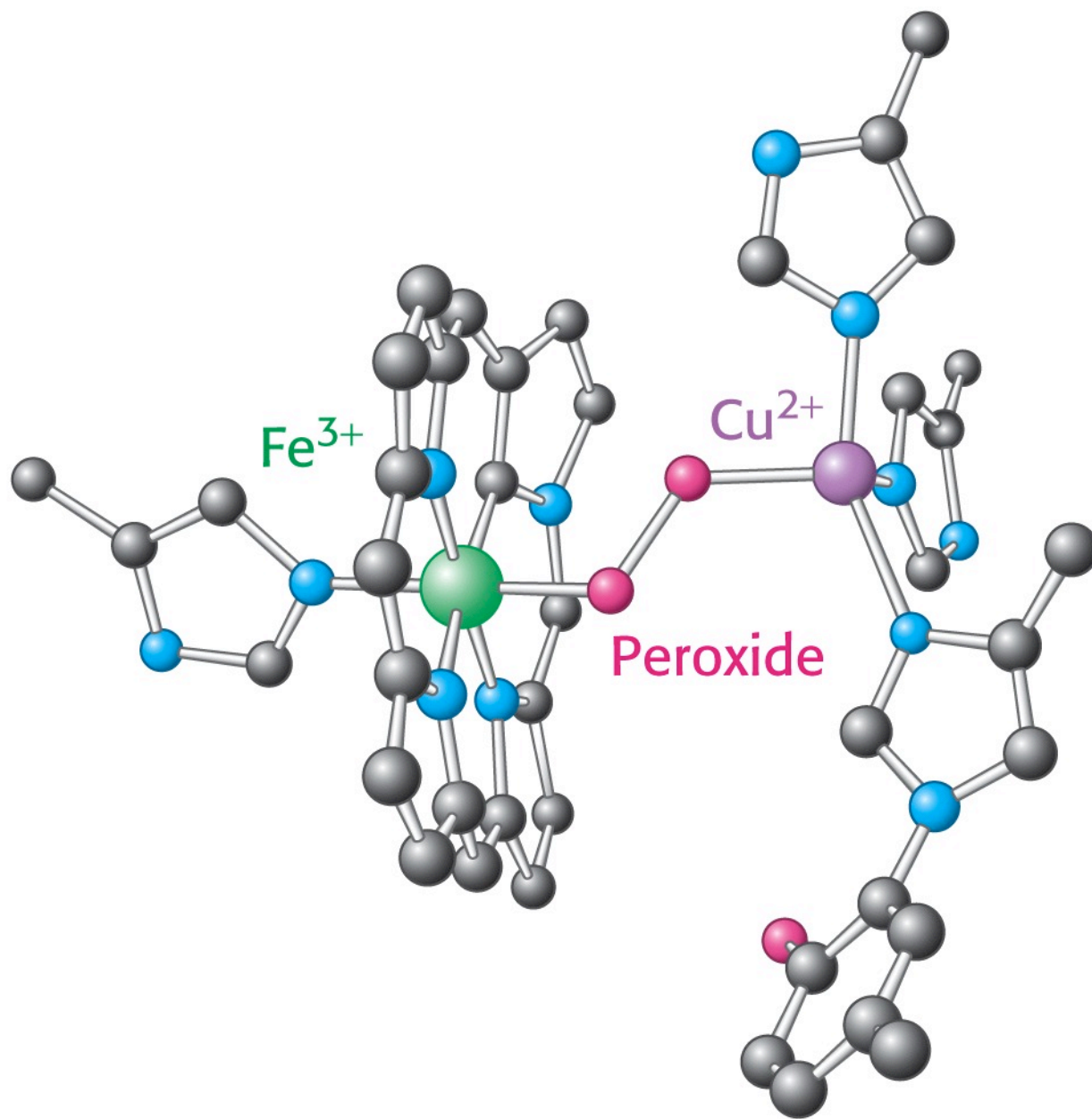
Figure 18-12  
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**Figure 18-13**  
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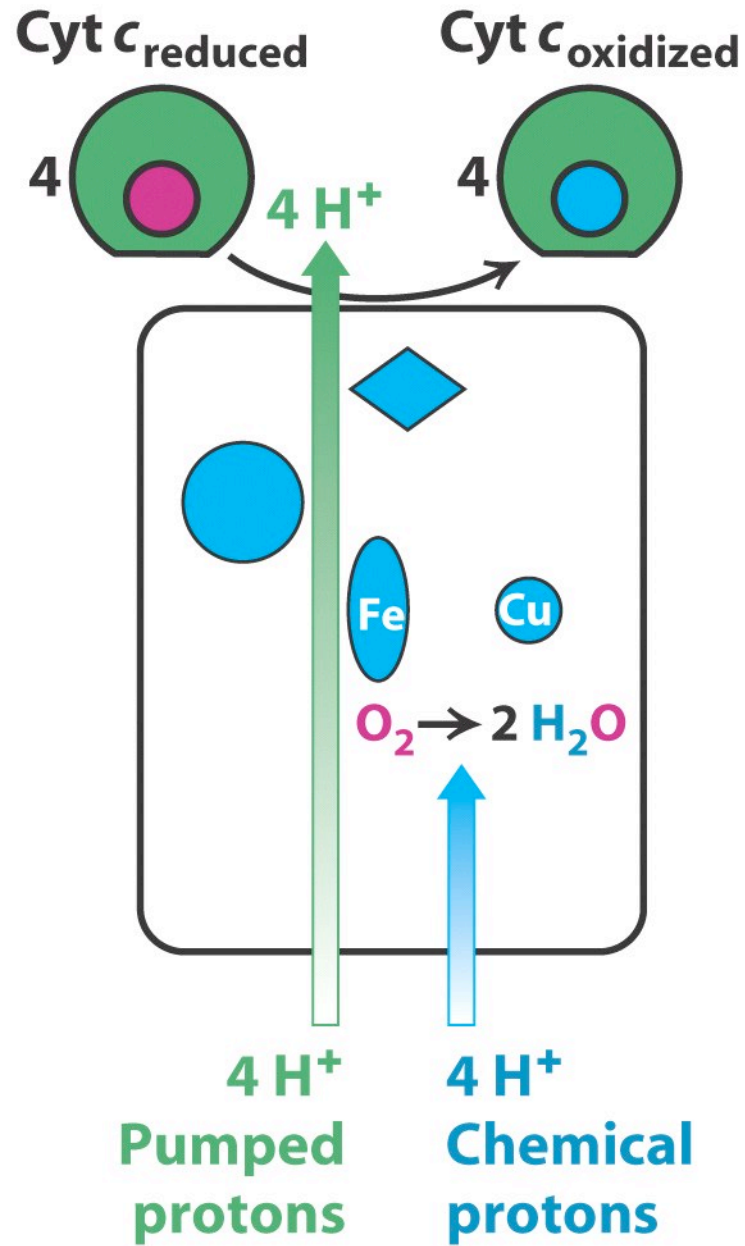


**Figure 18-14**  
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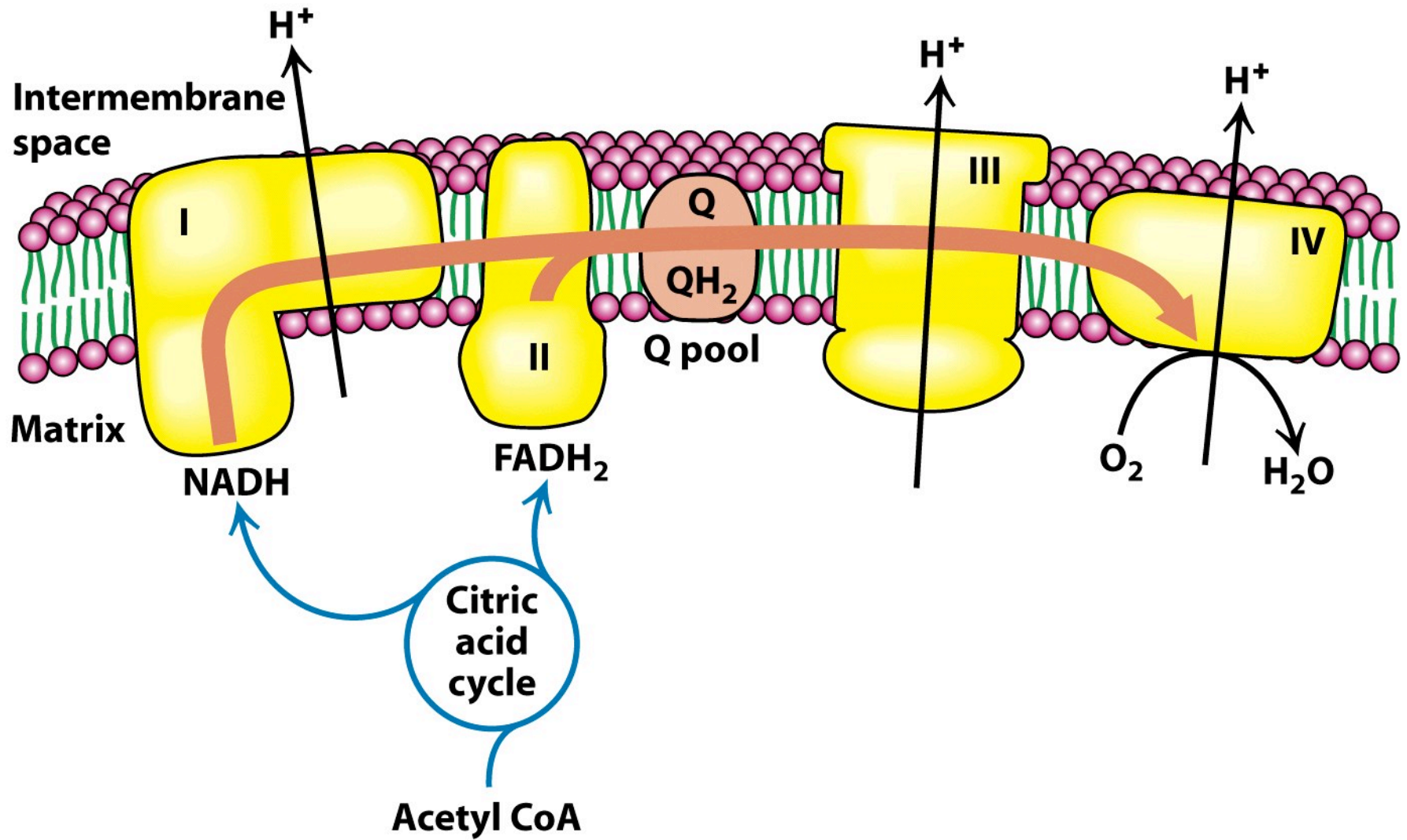




Overall



**Figure 18-16**  
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**Figure 18-17**  
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## The Danger of using Oxygen as an oxidizing agent !

**TABLE 18.3 Pathological and other conditions that may entail free-radical injury**

---

**Atherogenesis**

**Emphysema; bronchitis**

**Parkinson disease**

**Duchenne muscular dystrophy**

**Cervical cancer**

**Alcoholic liver disease**

**Diabetes**

**Acute renal failure**

**Down syndrome**

**Retrolental fibroplasia (conversion of the retina into a fibrous mass in premature infants)**

**Cerebrovascular disorders**

**Ischemia; reperfusion injury**

---

**Source: After D. B. Marks, A. D. Marks, and C. M. Smith, *Basic Medical Biochemistry: A Clinical Approach* (Williams & Wilkins, 1996), p. 331.**

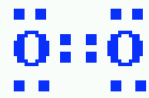
Table 18-3

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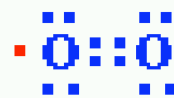
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# ROS

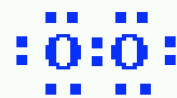
Reactive oxygen species (• unpaired electrons)



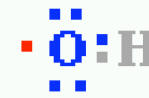
Oxygen



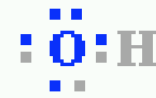
Superoxide anion



Peroxide



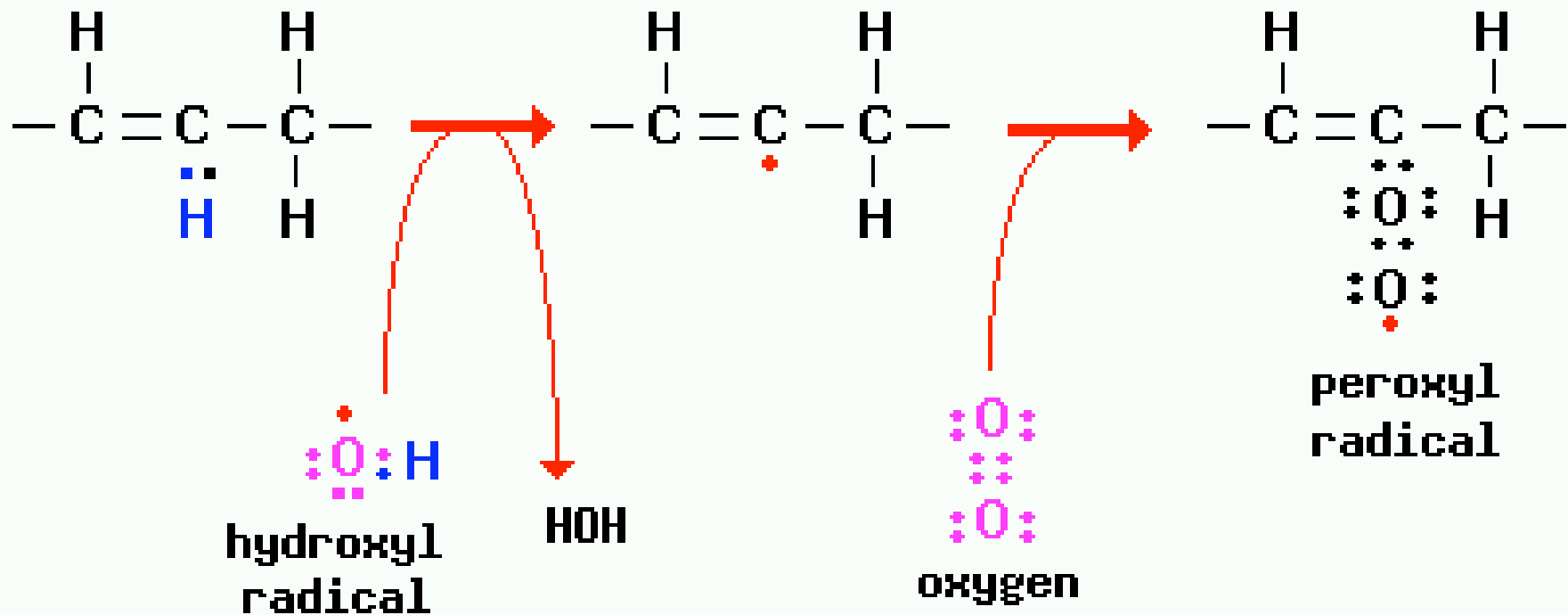
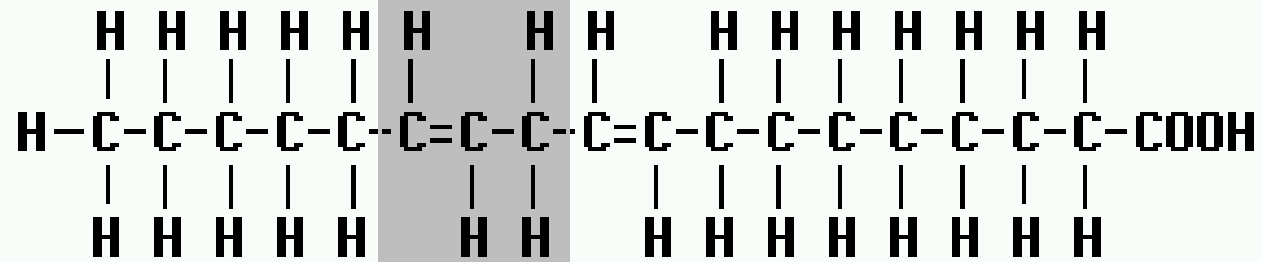
Hydroxyl radical



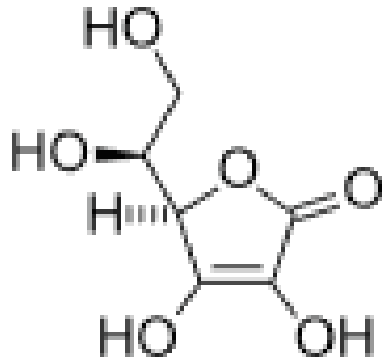
Hydroxyl ion



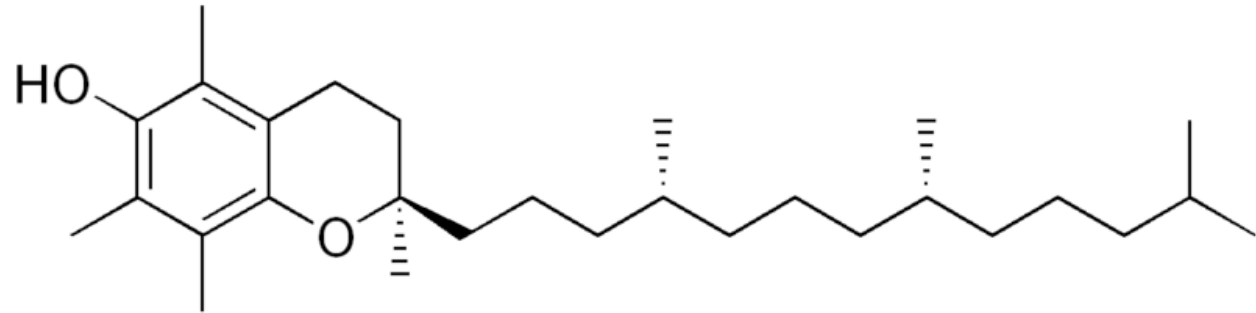
# Oxygen Radical Damage



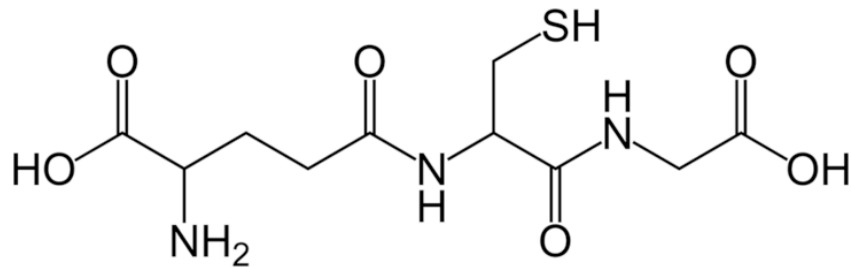
# Oxygen Radical Scavengers: small molecules



Vitamin C

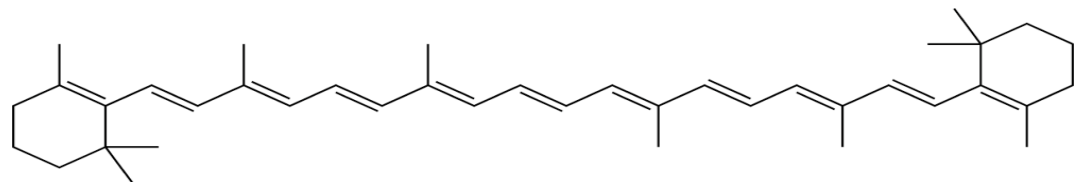


Vitamin e



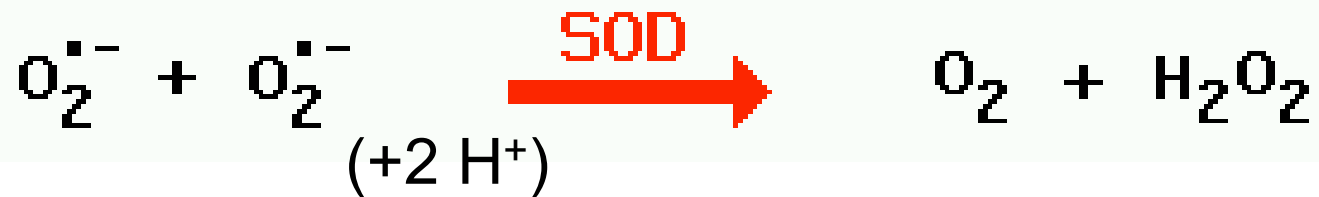
glutathione

Beta carotene

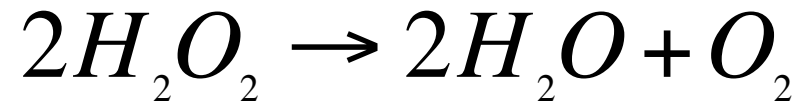


# Oxygen Radical Scavengers: Enzymes

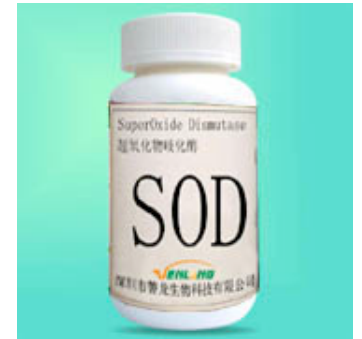
- Superoxide dismutase



- Catalase: finishes the job

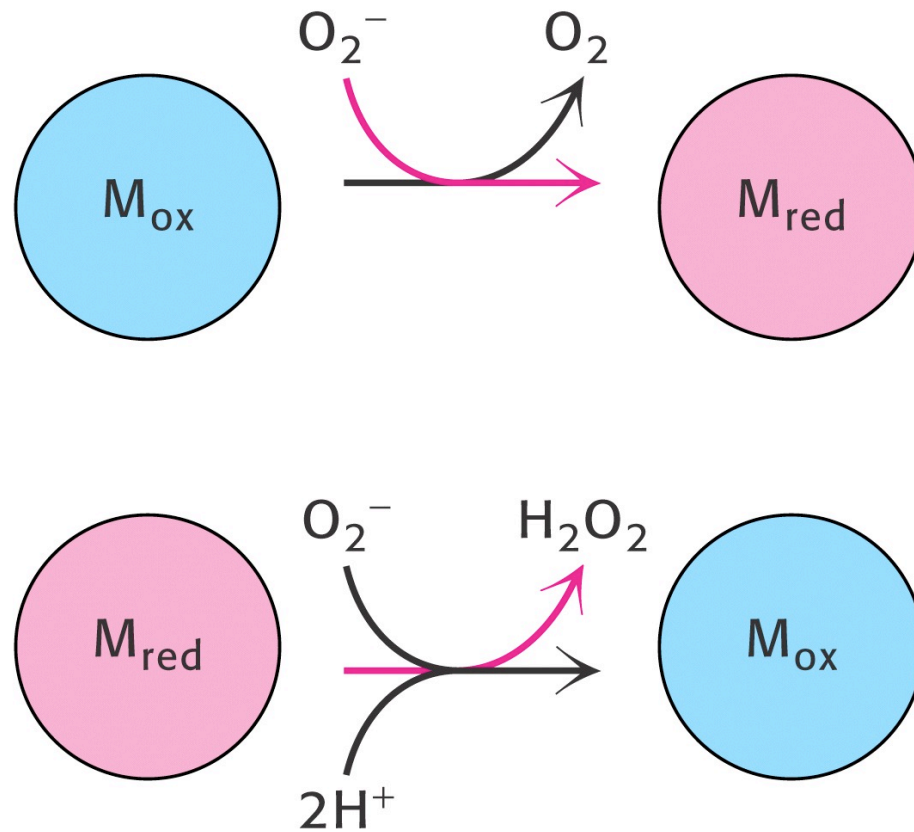


- Glutathione peroxidase



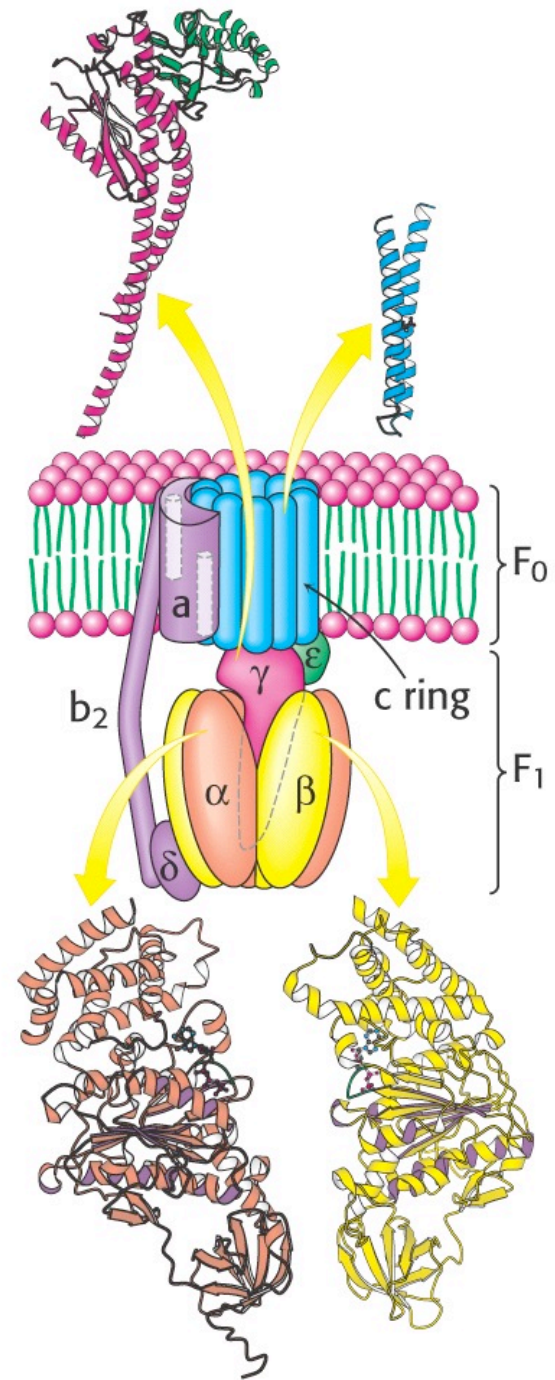
# The Danger of using Oxygen as an oxidizing agent !

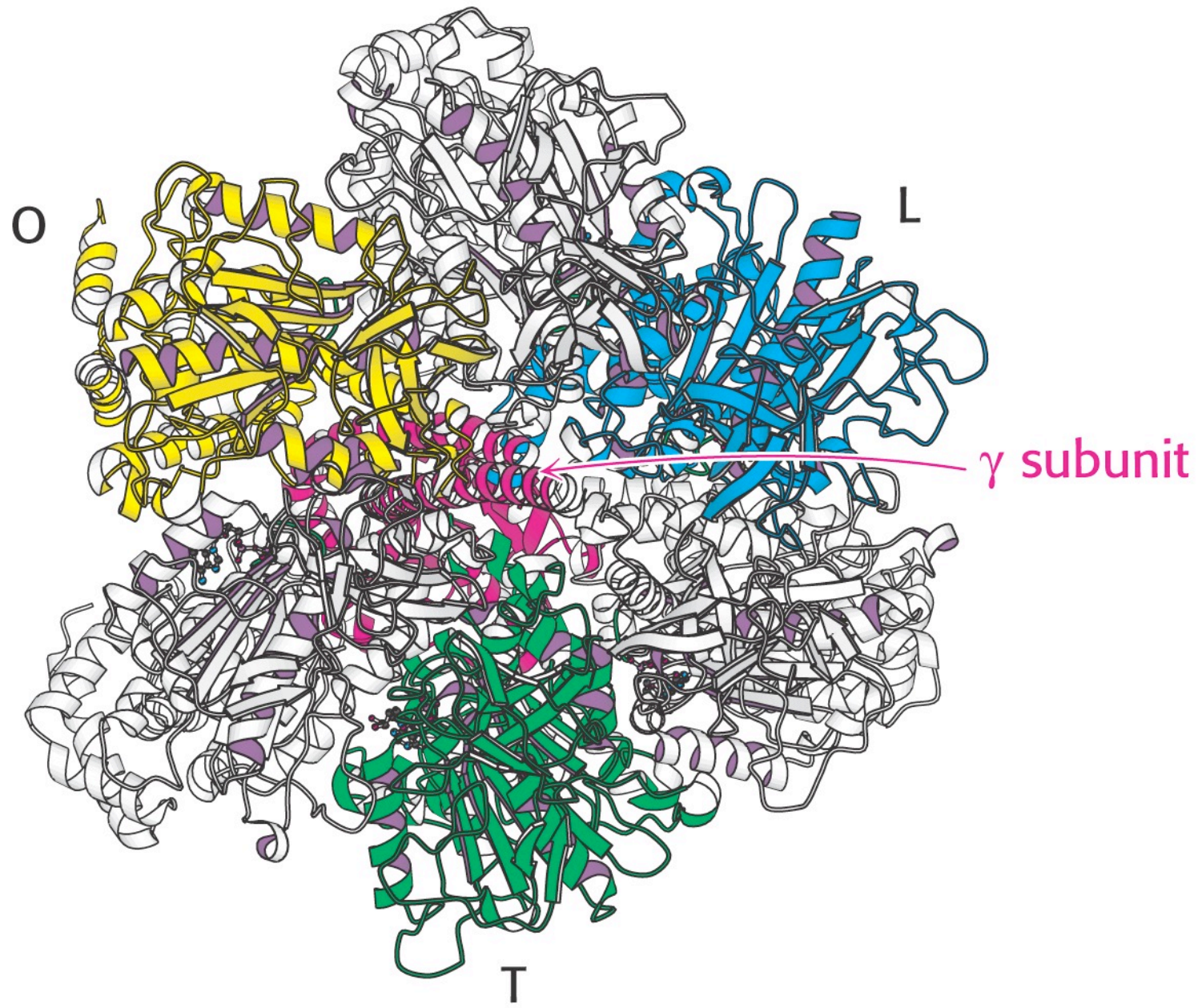
SOD takes off the Edge



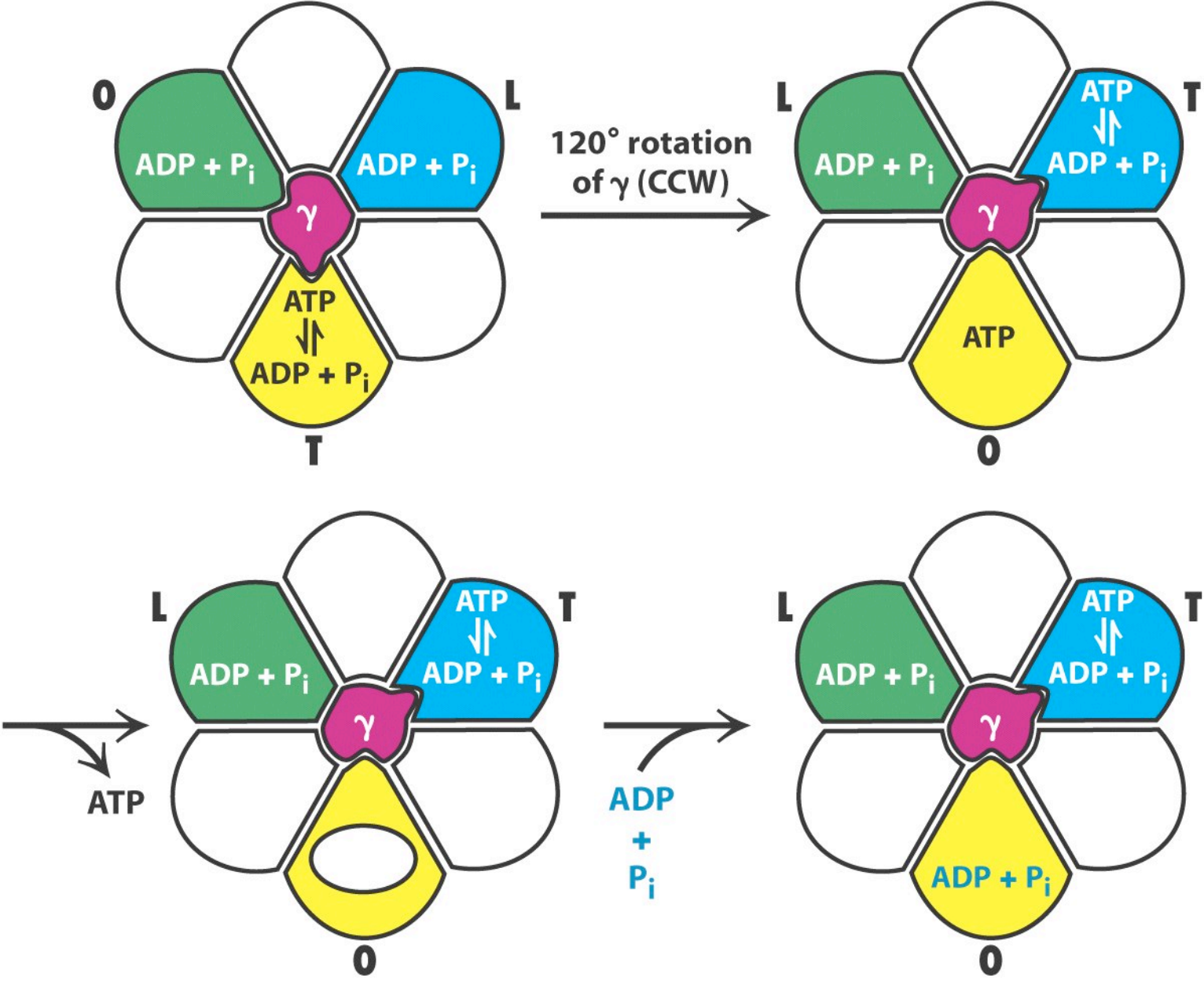


# The Final Payoff: the ATPase



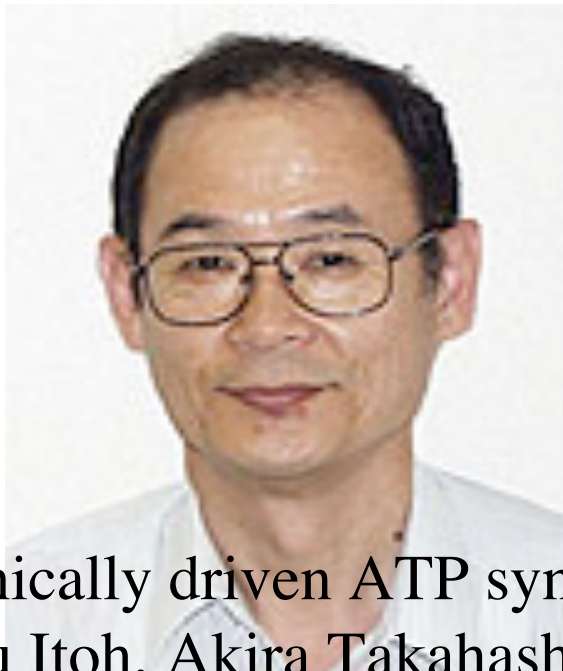


# Boyer's Nobel Prize-winning model



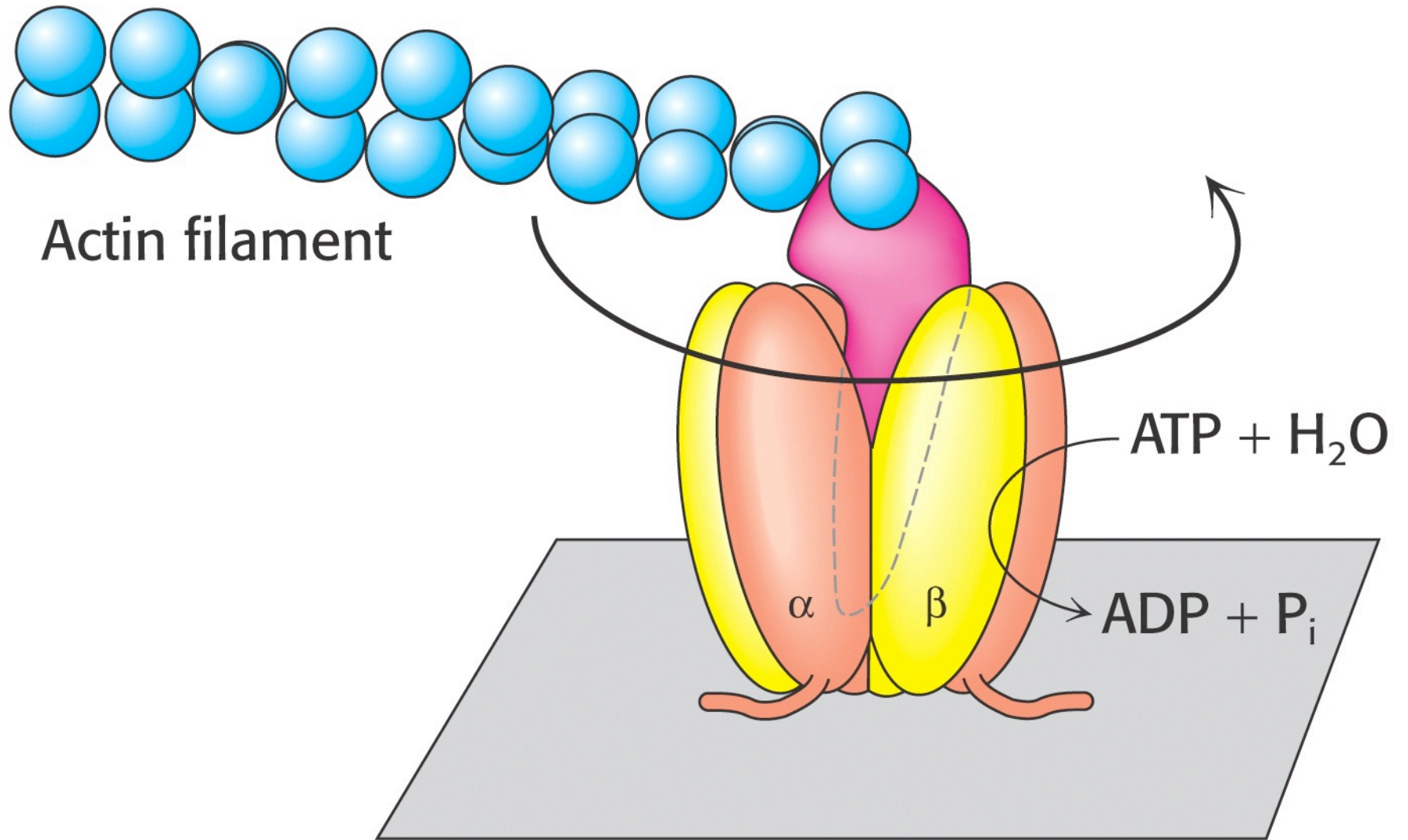
**Figure 18-29**  
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# Probing Nature's Nanoscale Machines with Microscale Probes

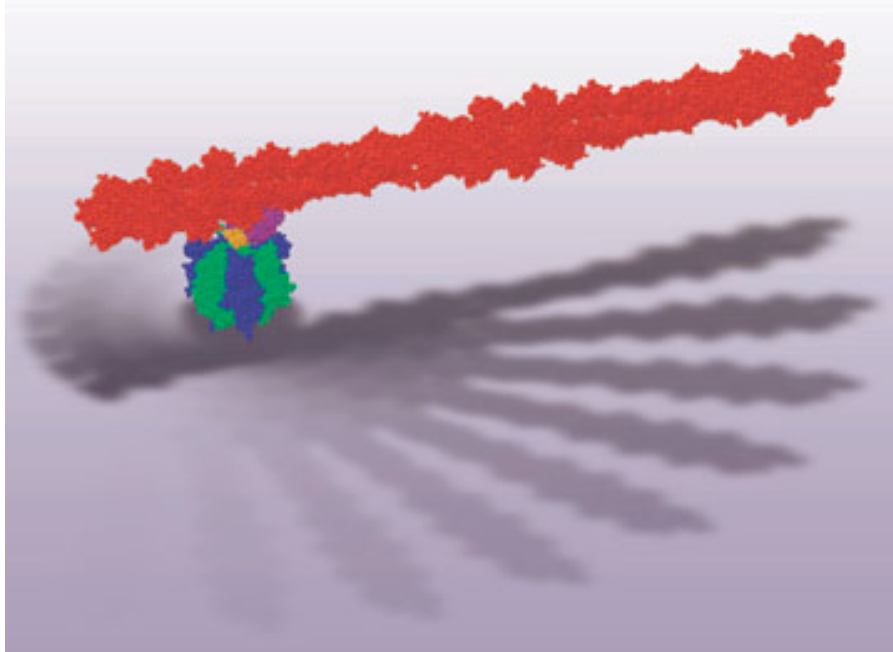


Kazuhiko Kinosita  
Waseda University  
Tokyo, Japan

"Mechanically driven ATP synthesis by F1-ATPase"  
Hiroyasu Itoh, Akira Takahashi, Kengo Adachi, Hiroyuki Noji, Ryohei  
Yasuda, Masasuke Yoshida, and Kazuhiko Kinosita, Jr.  
Nature, 427 (2004) 465-468.

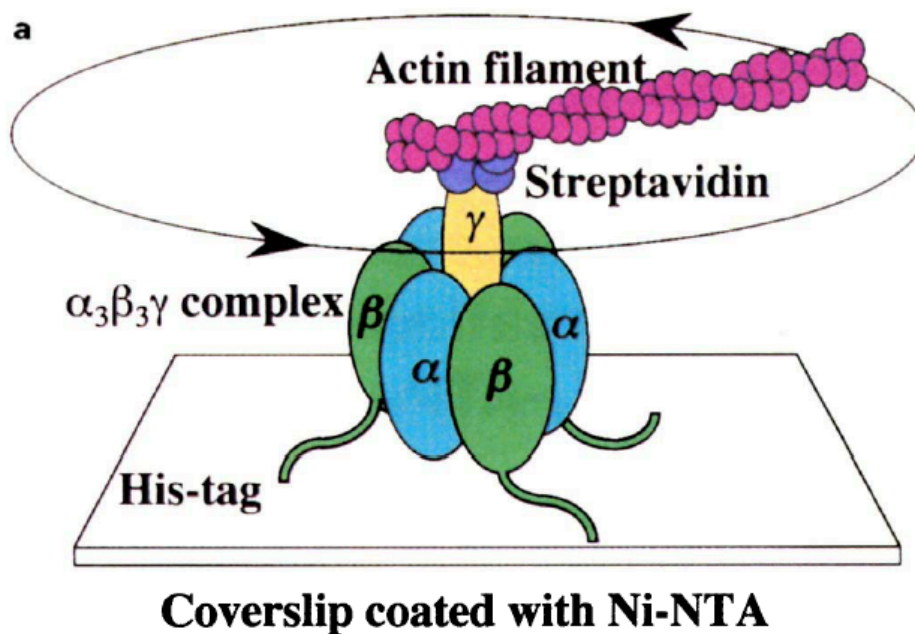


# F1-ATPase Attached to an Actin Filament



The F1 portion of ATP synthase consists of six stator subunits (green and blue) surrounding a central rotor driveshaft (orange). Here a fluorescent actin filament (red) is attached to the driveshaft via a streptavidin linkage (purple).

# How Did they Stick the ATPase to the Glass Slide in the 1<sup>st</sup> Place?



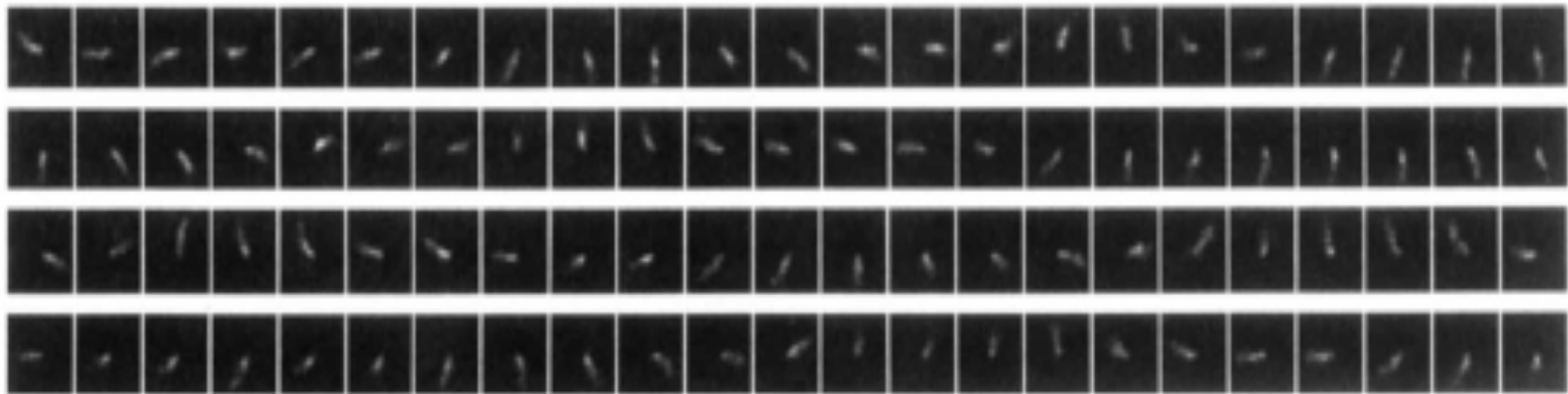
- The F1 complex from a thermophilic bacterium was expressed in E coli with 10 histidines linked to the N terminus of each beta subunit
- Glass plate was coated with horseradish peroxidase conjugated with  $\text{Ni}^{2+}$  nitrilotriacetic acid

# How did they stick the actin to it?

- Through site directed mutagenesis of the gamma subunit they replaced Ser107 with Cys193 (the only Cys in the wild type gamma)
- They biotinylated the Cys and the fluorescent actin
- The two were attached through streptavidin which has 4 binding sites for biotin



# What did they see?



Rotation of the actin filaments

Propeller-type rotation was key to showing  
this is a true rotary motor

<http://www.k2.phys.waseda.ac.jp/F1movies/F1Prop.htm>

# Smallest Known Rotary Motor

- Central rotor, the gamma subunit, is 1 nm in radius and the barrel in which it rotates, made up of the beta and alpha subunits, is 5nm in radius
- In the presence of 2 mM ATP, the F1 ATPase rotated the actin filament CCW 100+ revolutions and produced a constant torque of about 40 pN nm

# Back to Kazuhiko Kinoshita

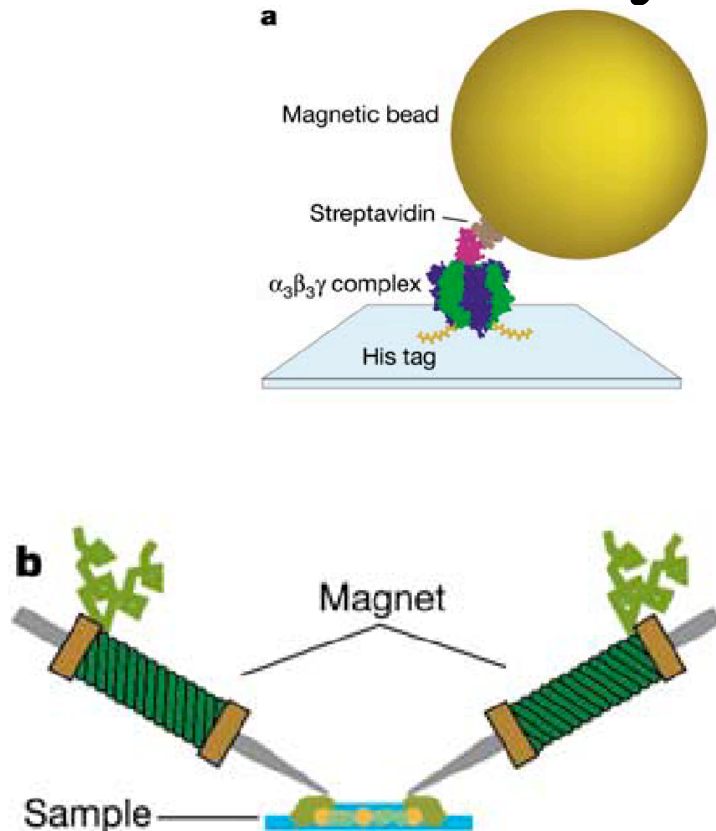


"Coupling of rotation and catalysis in F1-ATPase revealed by single-molecule imaging and manipulation"

Kengo Adachi, Kazuhiro Oiwa, Takayuki Nishizaka, Shou Furuike, Hiroyuki Noji, Hiroyasu Itoh, Masasuke Yoshida, and Kazuhiko Kinoshita Jr.  
Cell 130 (2007) 309-321.

<http://www.k2.phys.waseda.ac.jp/Publications.html>

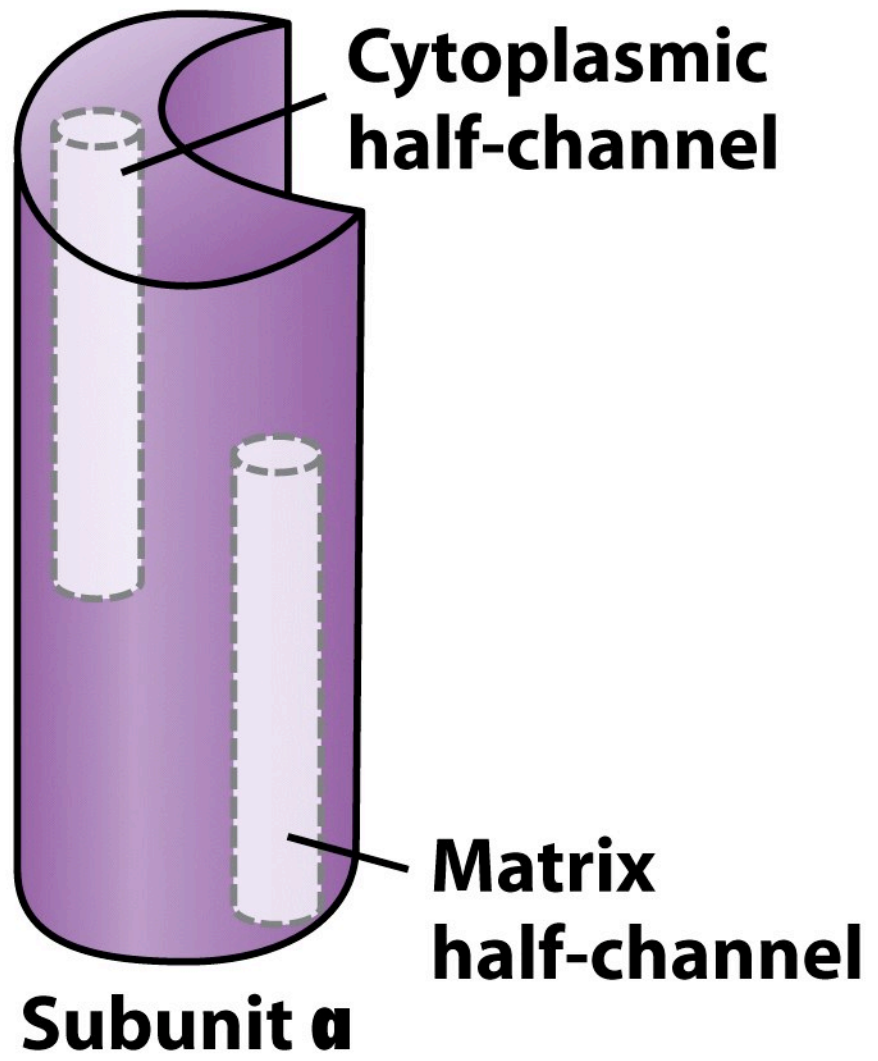
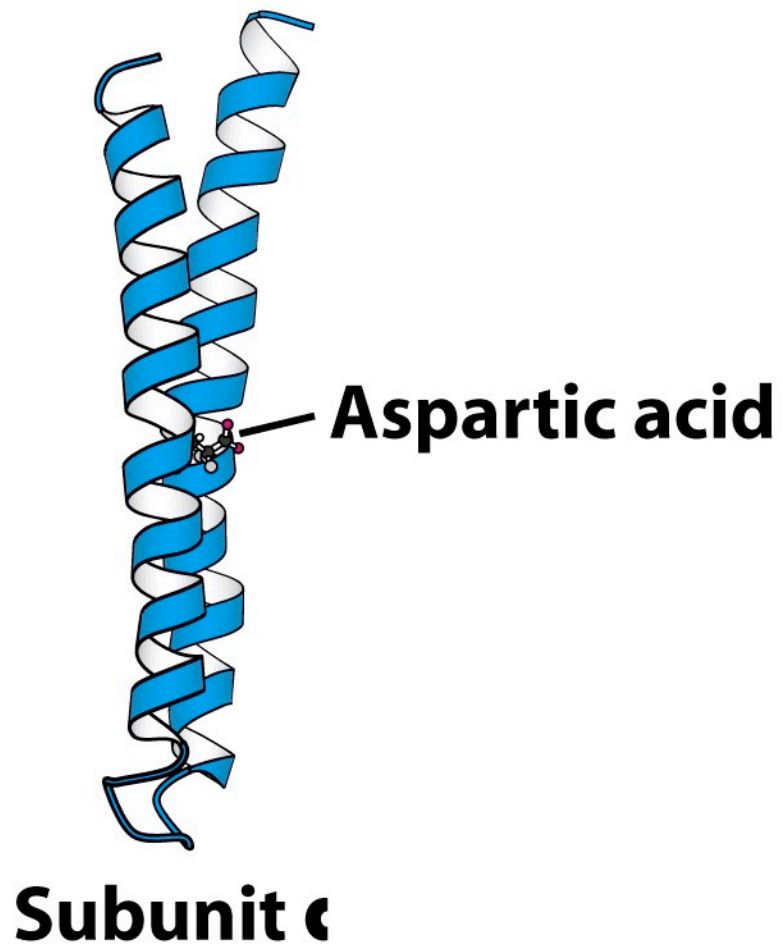
# Mechanically Driven ATP Synthesis by F1-ATPase



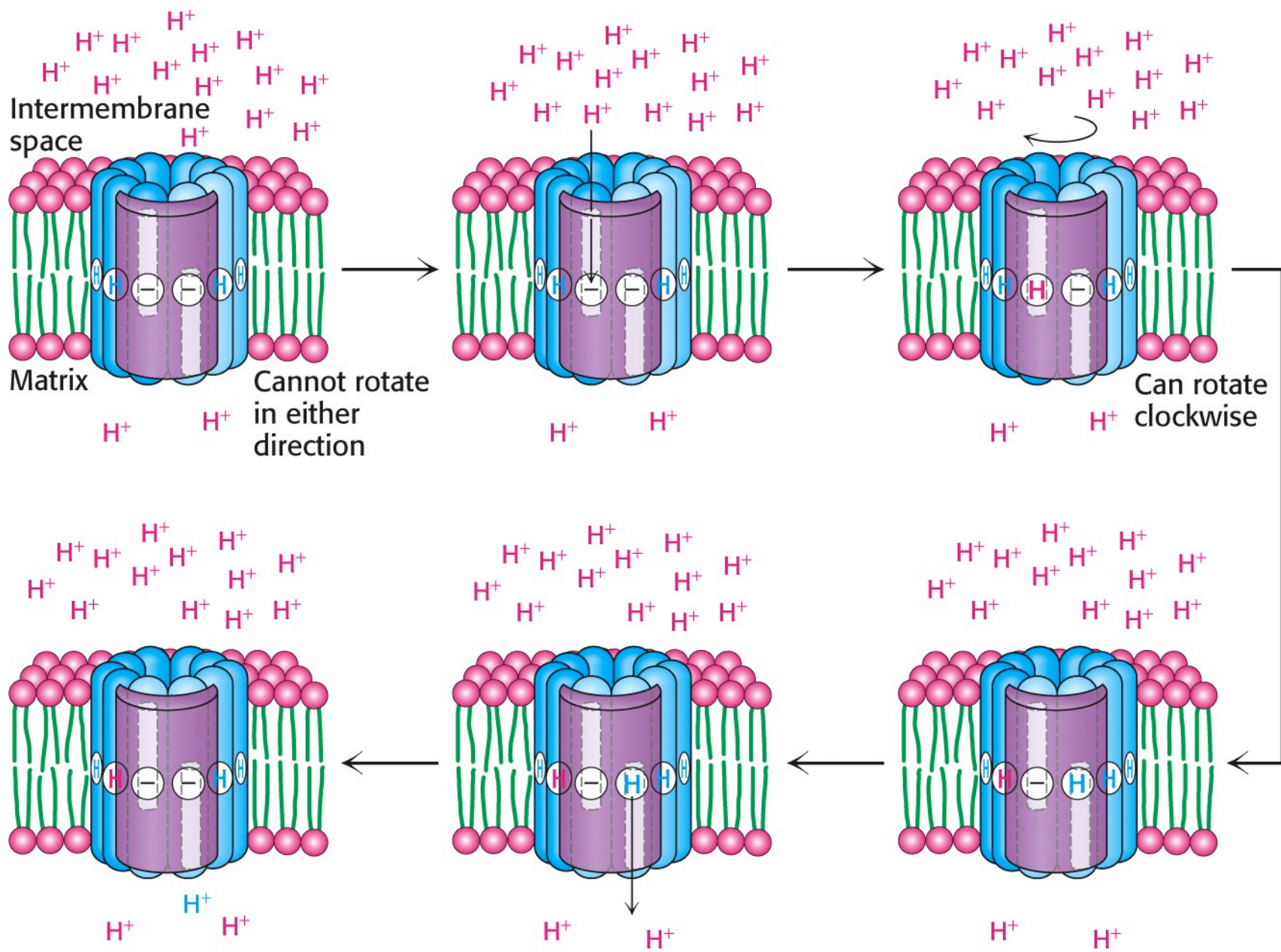
- Attached a magnetic bead to the gamma subunit of the F1 ATPase
- Rotated the bead using electrical magnets to apply torque in medium containing ADP & P<sub>i</sub>

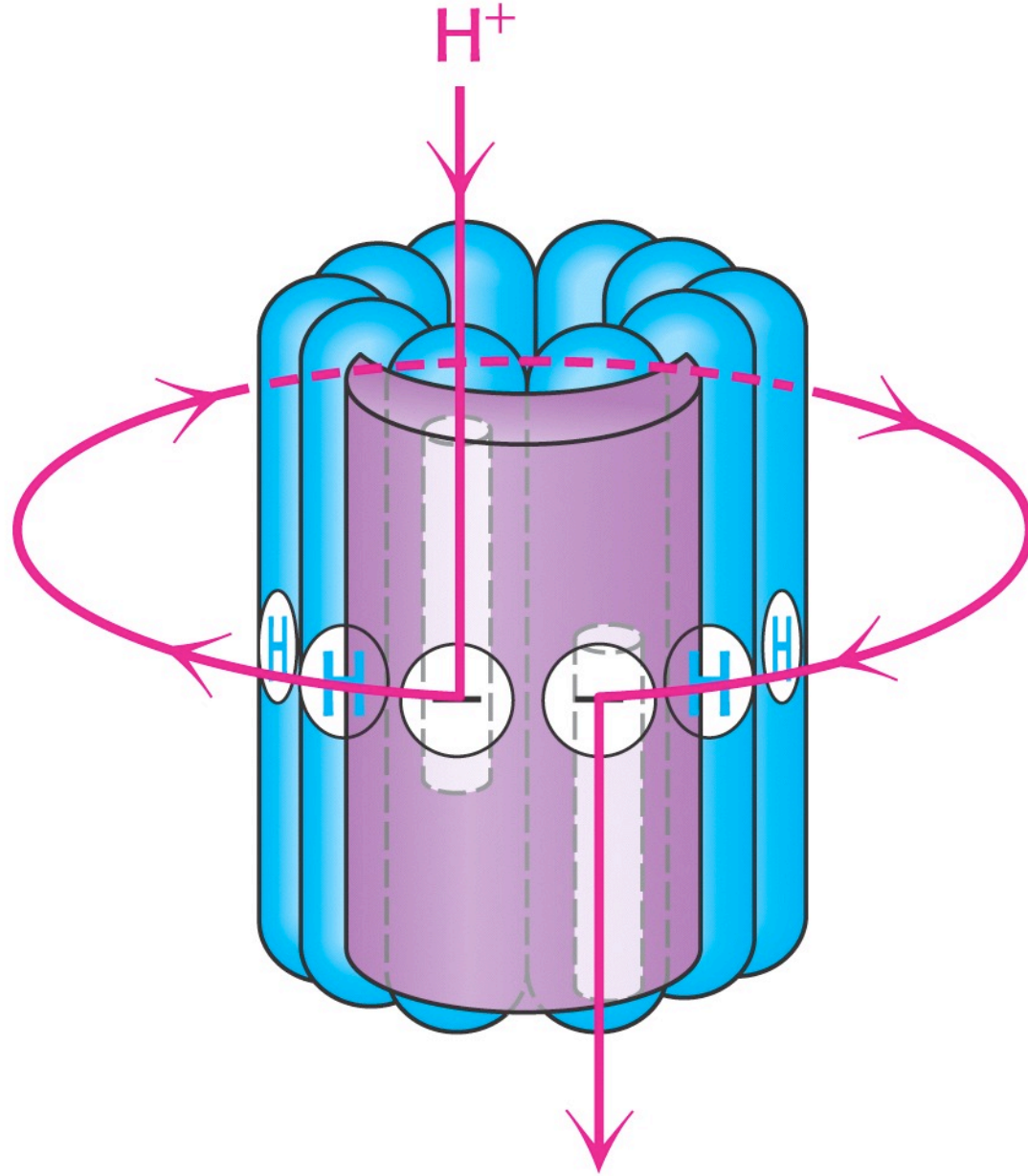
# Mechanically Driven ATP Synthesis by F1-ATPase

- CW rotation leads to the production of ATP
- ATP was detected using luciferin-luciferase, which emits a photon of light when it captures and hydrolyzes ATP and by simply turning off the electromagnetic force and observing a change in direction of rotation which requires the hydrolysis of ATP



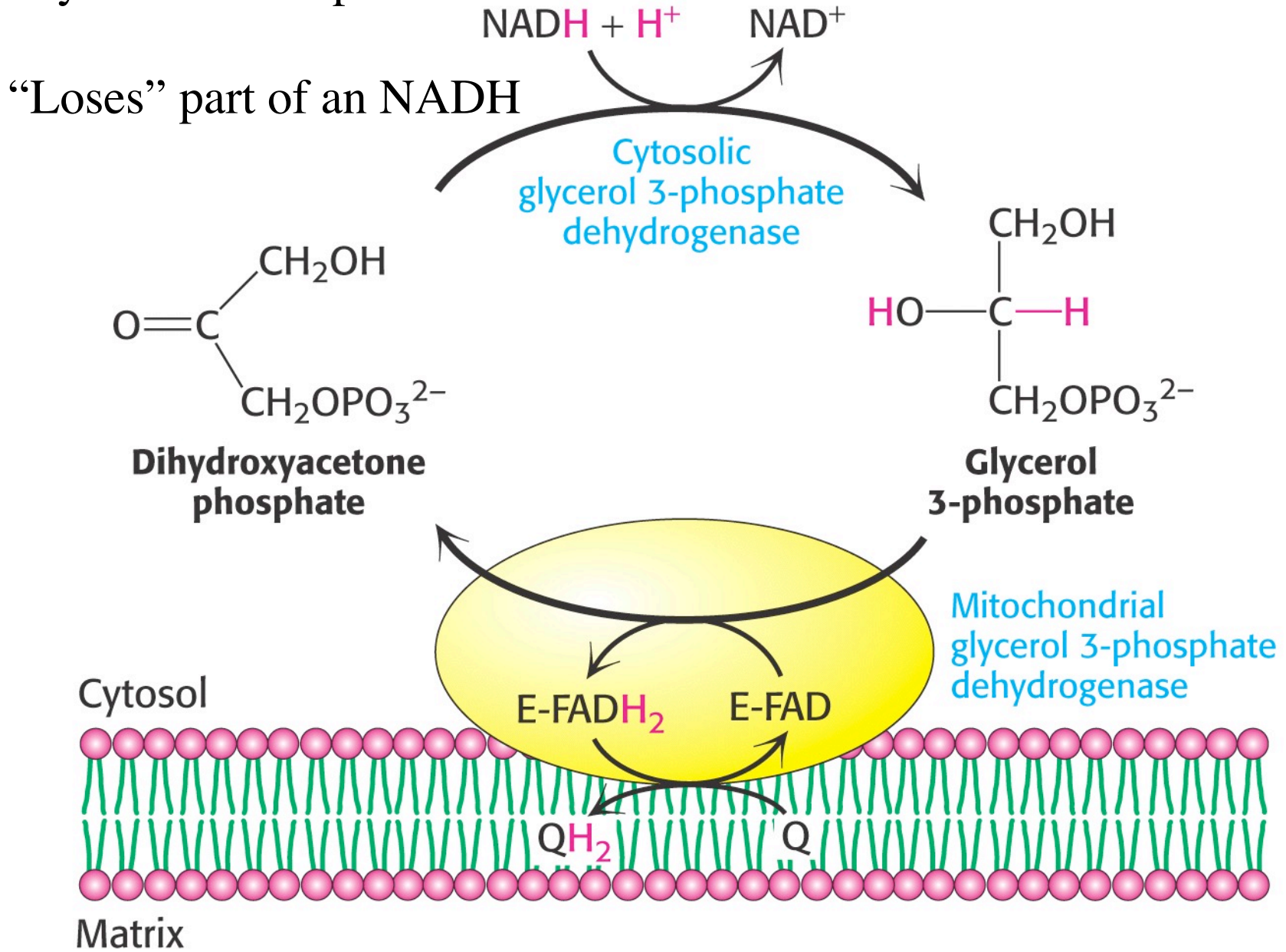
**Figure 18-31**  
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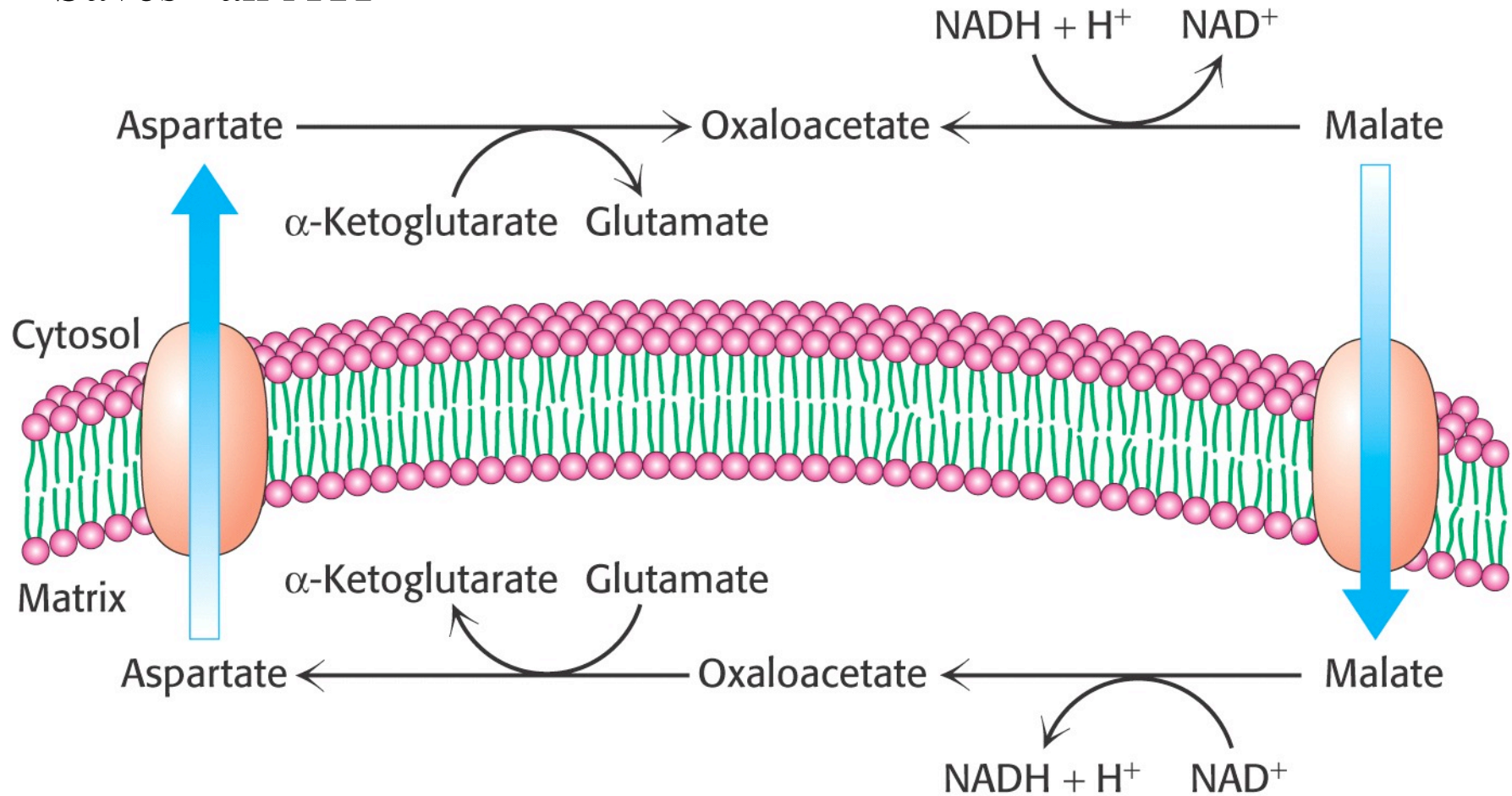


# Glycerol-3-Phosphate shuttle

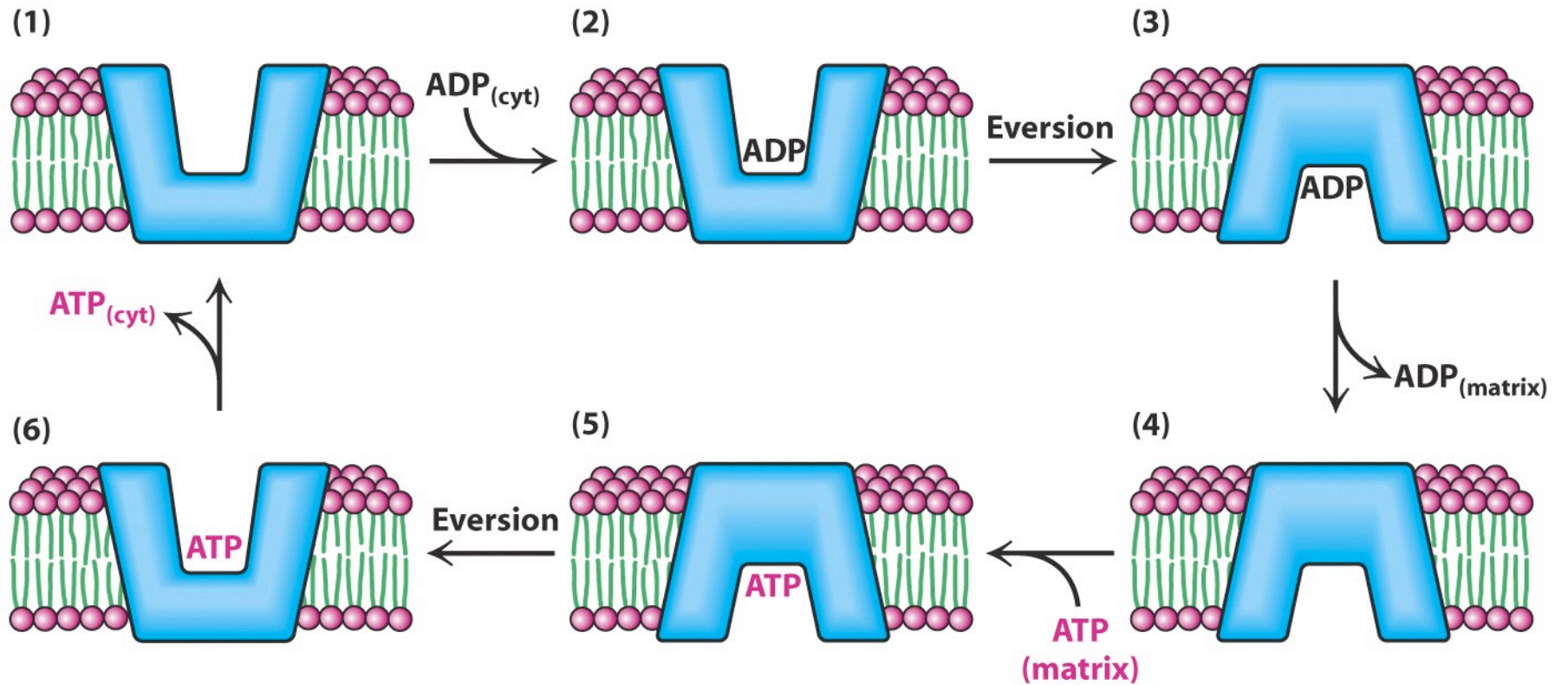


# Malate/Aspartate shuttle-in heart and liver

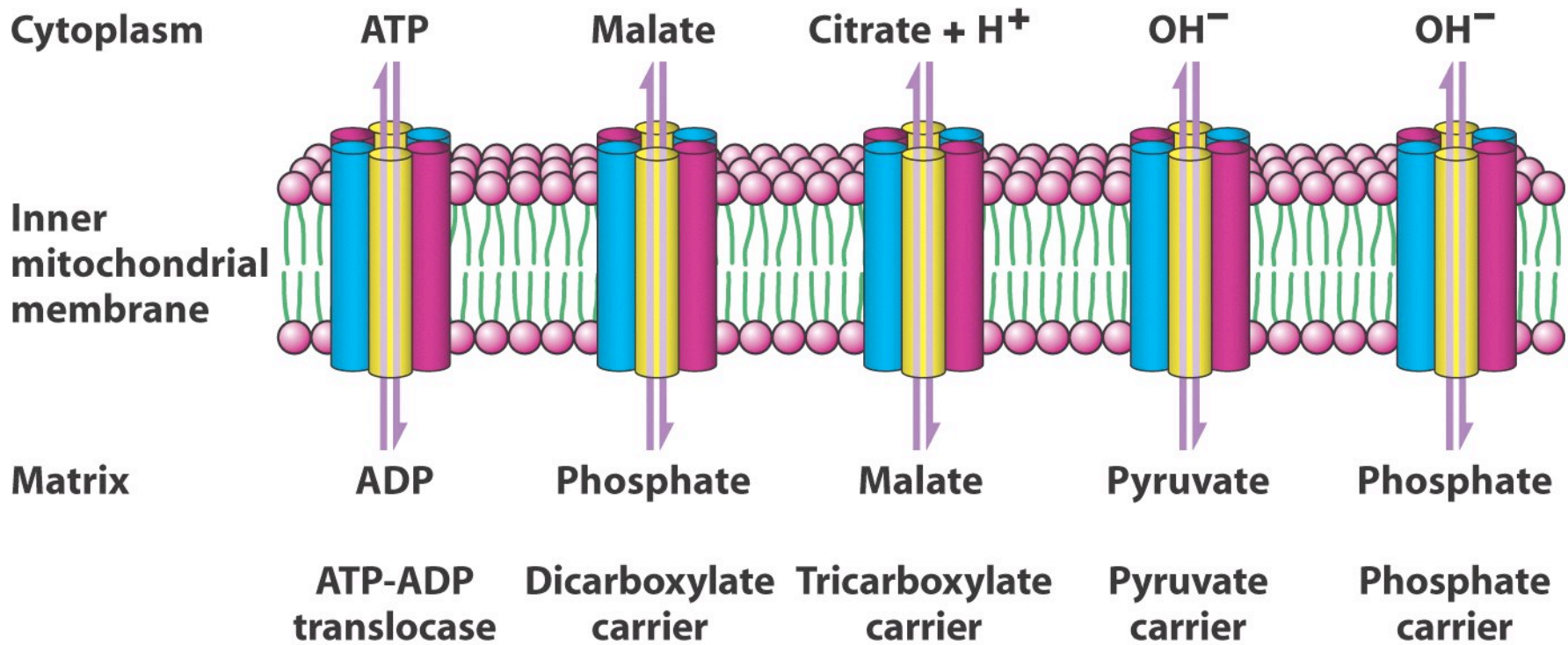
“Saves” an ATP



# Getting it out! The ATP translocase



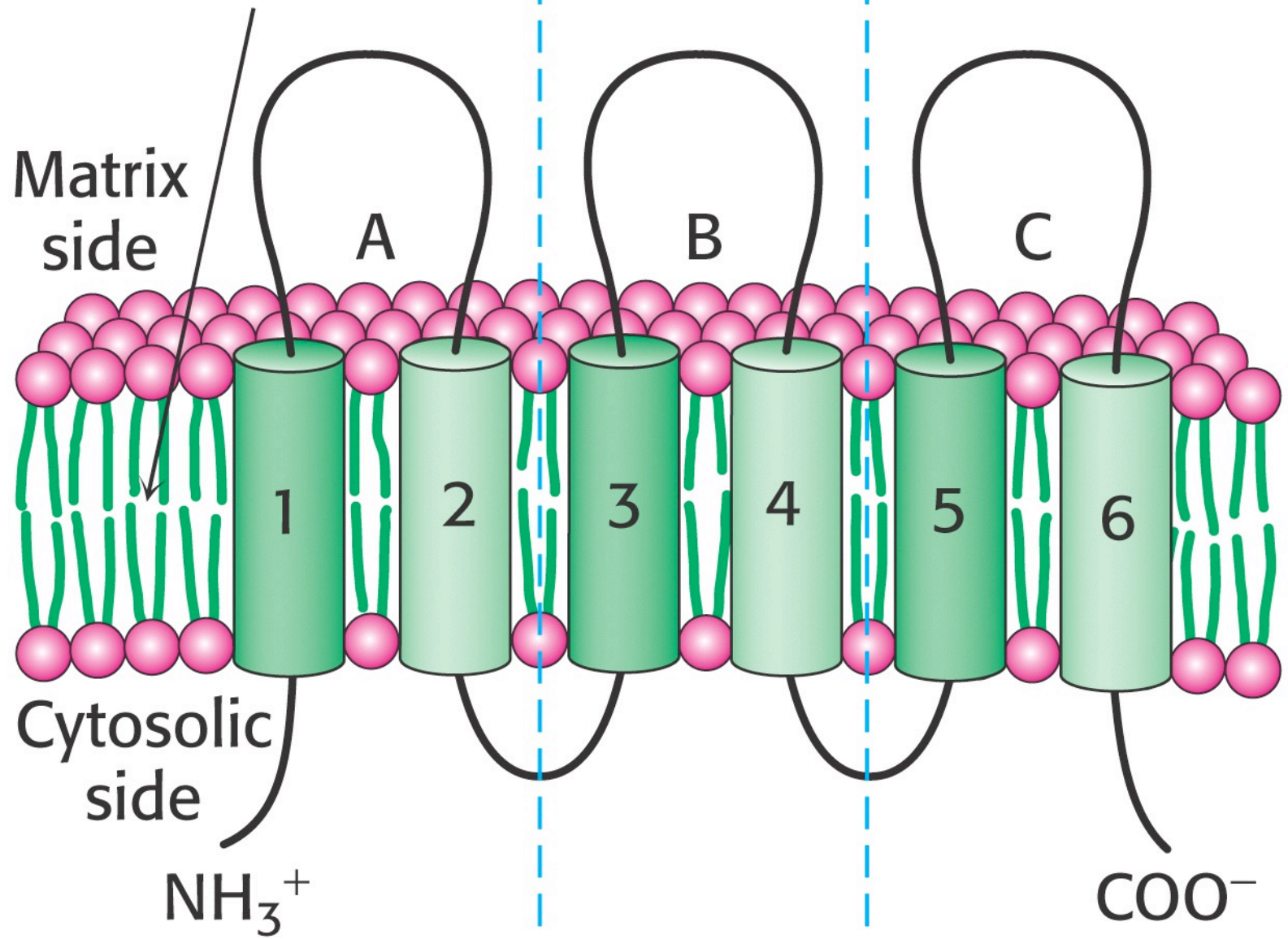
**Figure 18-37**  
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**Figure 18-39**  
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# Common Structure of Mito Transporters

Inner membrane



# Problem

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For, summing up synthesis of **~P bonds** via oxidative phosphorylation, assume:

**2.5 ~P bonds** synthesized during oxidation of **NADH** produced via **Pyruvate Dehydrogenase & Krebs Cycle** (10 H<sup>+</sup> pumped; 4 H<sup>+</sup> used up per ATP).

**1.5 ~P bonds** synthesized per **NADH** produced in the cytosol in **Glycolysis** (electrons transferred via FAD to coenzyme Q).

**1.5 ~P bonds** synthesized during oxidation of **FADH<sub>2</sub>** produced in **Krebs Cycle** (Succinate Dehydrogenase – electrons transferred to coenzyme Q).

## All Quantities Per Glucose

Pathway	NADH produced	FADH <sub>2</sub> produced (QH <sub>2</sub> )	~P bonds ATP or GTP direct	~P bonds 1.5 or 2.5 per NADH in oxphos	~P bonds 1.5 per FADH <sub>2</sub> in oxphos	Total ~P bonds
Glycolysis Pathway						
Pyruvate Dehydrogenase						
Krebs Cycle						
Sum of Pathways						

**TABLE 18.4 ATP yield from the complete oxidation of glucose**

Reaction sequence	ATP yield per glucose molecule
<b>Glycolysis: Conversion of glucose into pyruvate (in the cytoplasm)</b>	
Phosphorylation of glucose	-1
Phosphorylation of fructose 6-phosphate	-1
Dephosphorylation of 2 molecules of 1,3-BPG	+2
Dephosphorylation of 2 molecules of phosphoenolpyruvate	+2
2 molecules of NADH are formed in the oxidation of 2 molecules of glyceraldehyde 3-phosphate	
<b>Conversion of pyruvate into acetyl CoA (inside mitochondria)</b>	
2 molecules of NADH are formed	
<b>Citric acid cycle (inside mitochondria)</b>	
2 molecules of guanosine triphosphate are formed from 2 molecules of succinyl CoA	+2
6 molecules of NADH are formed in the oxidation of 2 molecules each of isocitrate, $\alpha$ -ketoglutarate, and malate	
2 molecules of FADH <sub>2</sub> are formed in the oxidation of 2 molecules of succinate	
<b>Oxidative phosphorylation (inside mitochondria)</b>	
2 molecules of NADH formed in glycolysis; each yields 1.5 molecules of ATP (assuming transport of NADH by the glycerol 3-phosphate shuttle)	+3
2 molecules of NADH formed in the oxidative decarboxylation of pyruvate; each yields 2.5 molecules of ATP	+5
2 molecules of FADH <sub>2</sub> formed in the citric acid cycle; each yields 1.5 molecules of ATP	+3
6 molecules of NADH formed in the citric acid cycle; each yields 2.5 molecules of ATP	+15
<b>NET YIELD PER MOLECULE OF GLUCOSE</b>	<b>+30</b>

Source: The ATP yield of oxidative phosphorylation is based on values given in P. C. Hinkle, M. A. Kumar, A. Resetar, and D. L. Harris. *Biochemistry* 30(1991):3576.

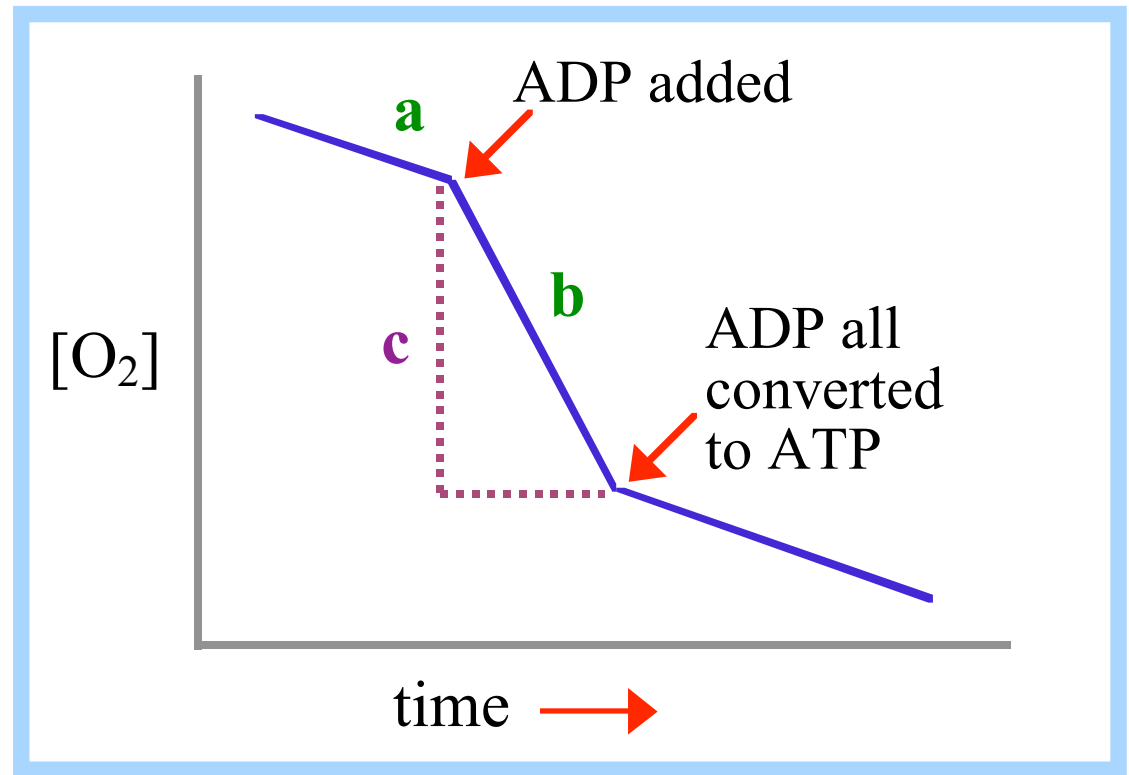
Note: The current value of 30 molecules of ATP per molecule of glucose supersedes the earlier one of 36 molecules of ATP. The stoichiometries of proton pumping, ATP synthesis, and metabolite transport should be regarded as estimates. About two more molecules of ATP are formed per molecule of glucose oxidized when the malate-aspartate shuttle rather than the glycerol 3-phosphate shuttle is used.

**Table 18-4**  
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An **oxygen electrode** may be used to record  $[O_2]$  in a closed vessel. Electron transfer, e.g.,  $NADH \rightarrow O_2$ , is monitored by the rate of  $O_2$  disappearance.



Above is represented an  $O_2$  electrode recording while mitochondria respire in the presence of  $P_i$  and an  $e^-$  donor (succinate or a substrate of a reaction to generate NADH).

The dependence of respiration rate on availability of ADP, the ATP Synthase substrate, is called **respiratory control**.

## Chemiosmotic explanation of respiratory control:

Electron transfer is obligatorily coupled to H<sup>+</sup> ejection from the matrix. Whether this coupled reaction is spontaneous depends on pH and electrical gradients.

### Reaction

e<sup>-</sup> transfer (NADH → O<sub>2</sub>)

H<sup>+</sup> ejection from matrix

e<sup>-</sup> transfer with H<sup>+</sup> ejection

### ΔG

negative value\*

positive; depends on H<sup>+</sup> gradient\*\*

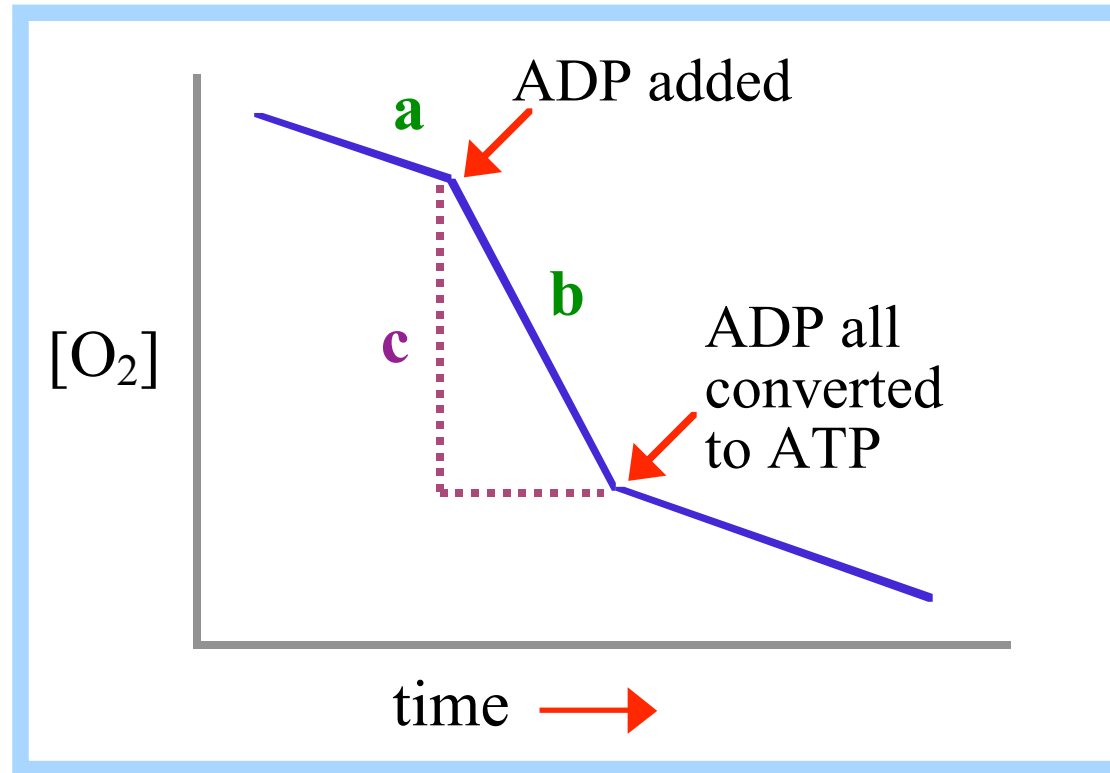
algebraic sum of above

\*  $\Delta G^{\circ'} = -nF\Delta E^{\circ'} = -218 \text{ kJ/mol}$  for  $2e^- \text{ NADH} \rightarrow \text{O}_2$ .

\*\* For ejection of 1 H<sup>+</sup> from the matrix:

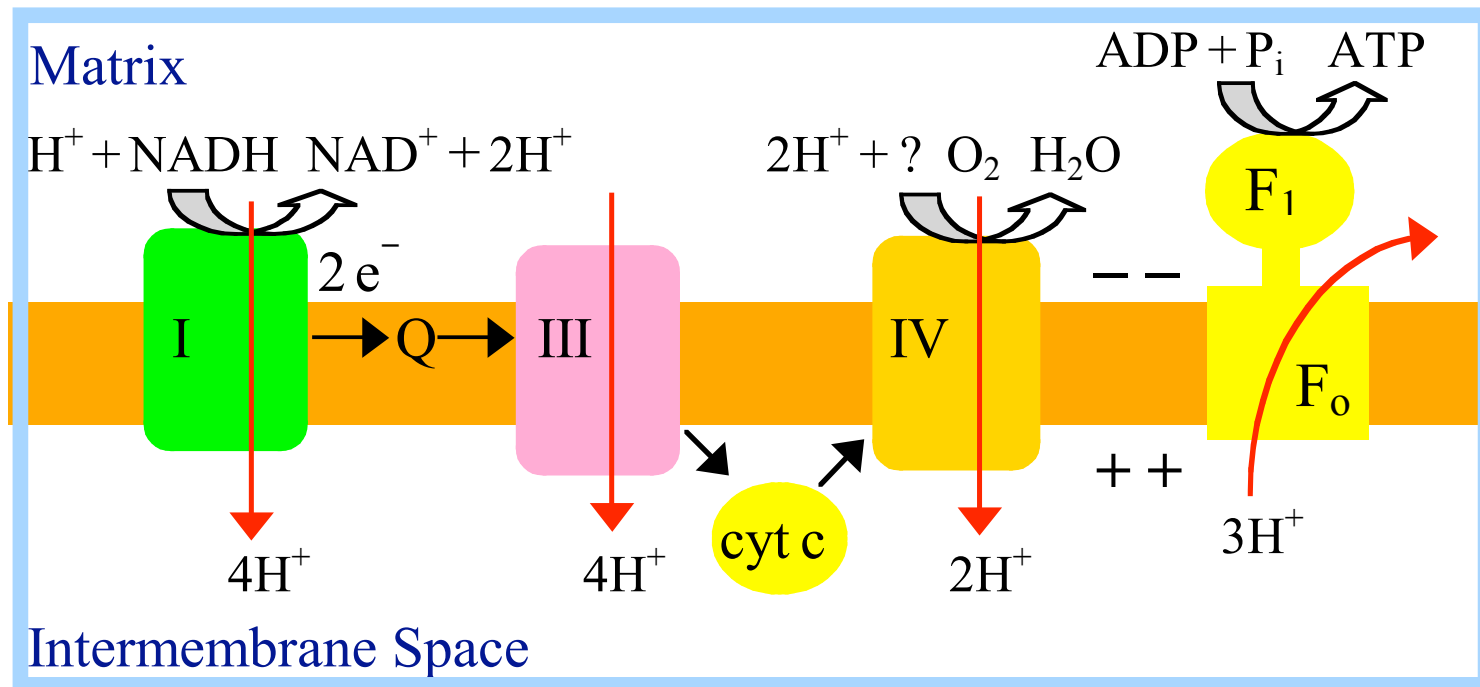
$$\Delta G = RT \ln ([\text{H}^+]_{\text{cytosol}} / [\text{H}^+]_{\text{matrix}}) + F\Delta\Psi$$

$$\Delta G = 2.3 RT (\text{pH}_{\text{matrix}} - \text{pH}_{\text{cytosol}}) + F\Delta\Psi$$



**Respiratory control ratio** is the ratio of slopes after and before ADP addition ( $b/a$ ).

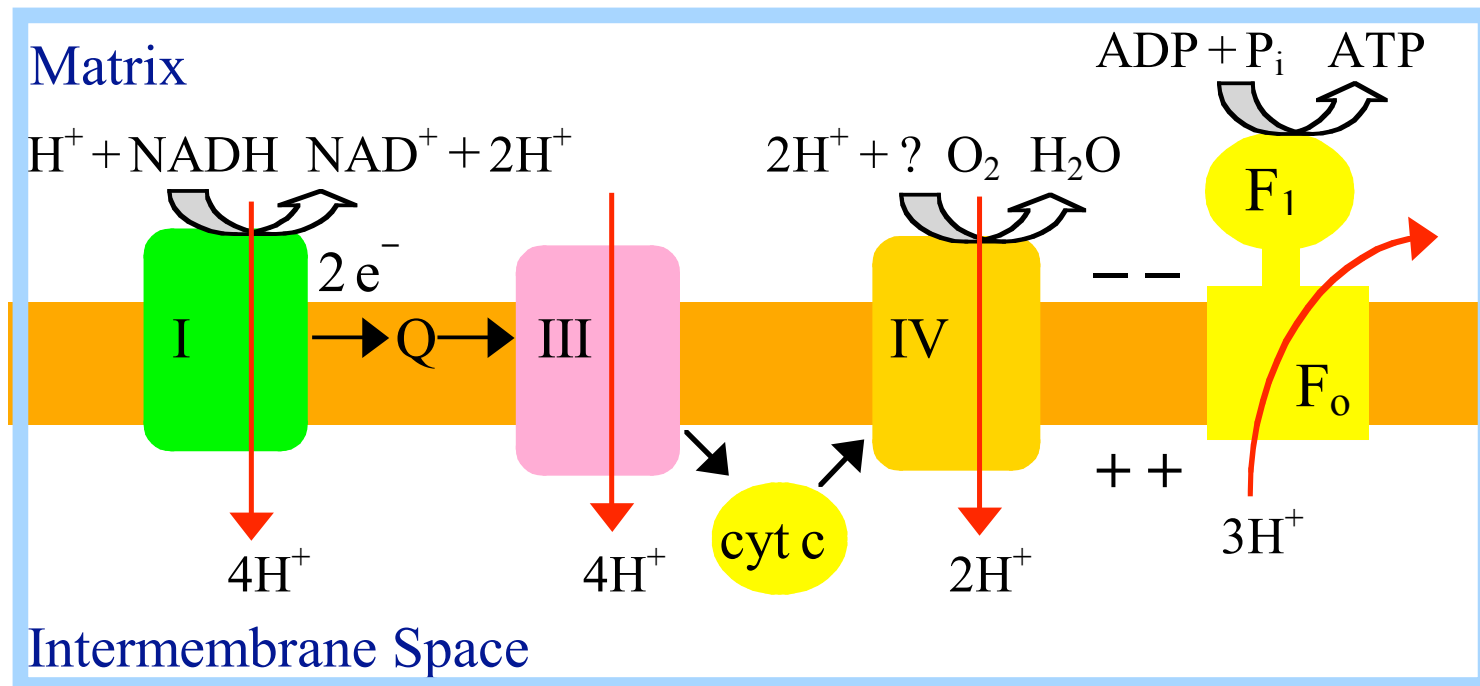
**P/O ratio** is the moles of ADP divided by the moles of O consumed (based on  $c$ ) while phosphorylating the ADP.



With **no ADP**,  $\text{H}^+$  cannot flow through  $\text{F}_0$ .  $\Delta\text{pH}$  &  $\Delta\Psi$  are maximal. As respiration/ $\text{H}^+$  pumping proceed,  **$\Delta\text{G}$  for  $\text{H}^+$  ejection increases**, approaching that for  $\text{e}^-$  transfer.

When the coupled reaction is non-spontaneous, **respiration stops**. This is referred to as a **static head**.

In fact there is usually a low rate of respiration in the absence of ADP, attributed to  $\text{H}^+$  leaks.



When **ADP is added**,  $\text{H}^+$  enters the matrix via  $\text{F}_0$ , as ATP is synthesized. This reduces  $\Delta\text{pH}$  &  $\Delta\Psi$ .

**$\Delta\text{G}$  of  $\text{H}^+$  ejection decreases.**

The coupled reaction of electron transfer with  $\text{H}^+$  ejection becomes spontaneous.

Respiration resumes or is stimulated.

# Inhibitors of electron transport: Tools and Poisons

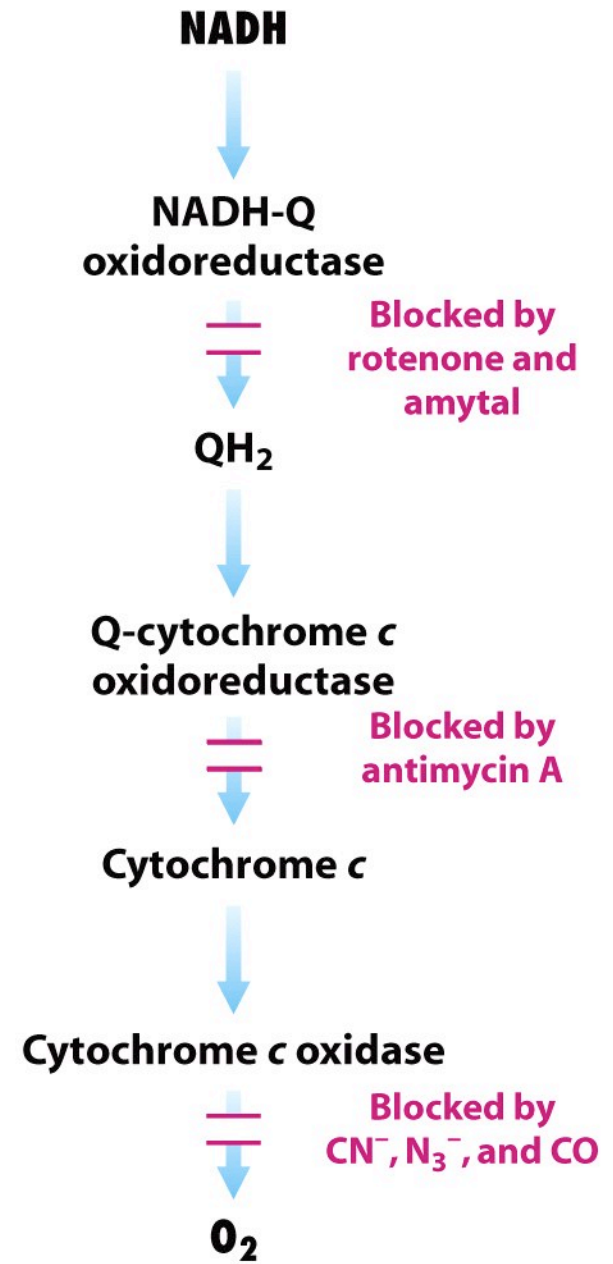
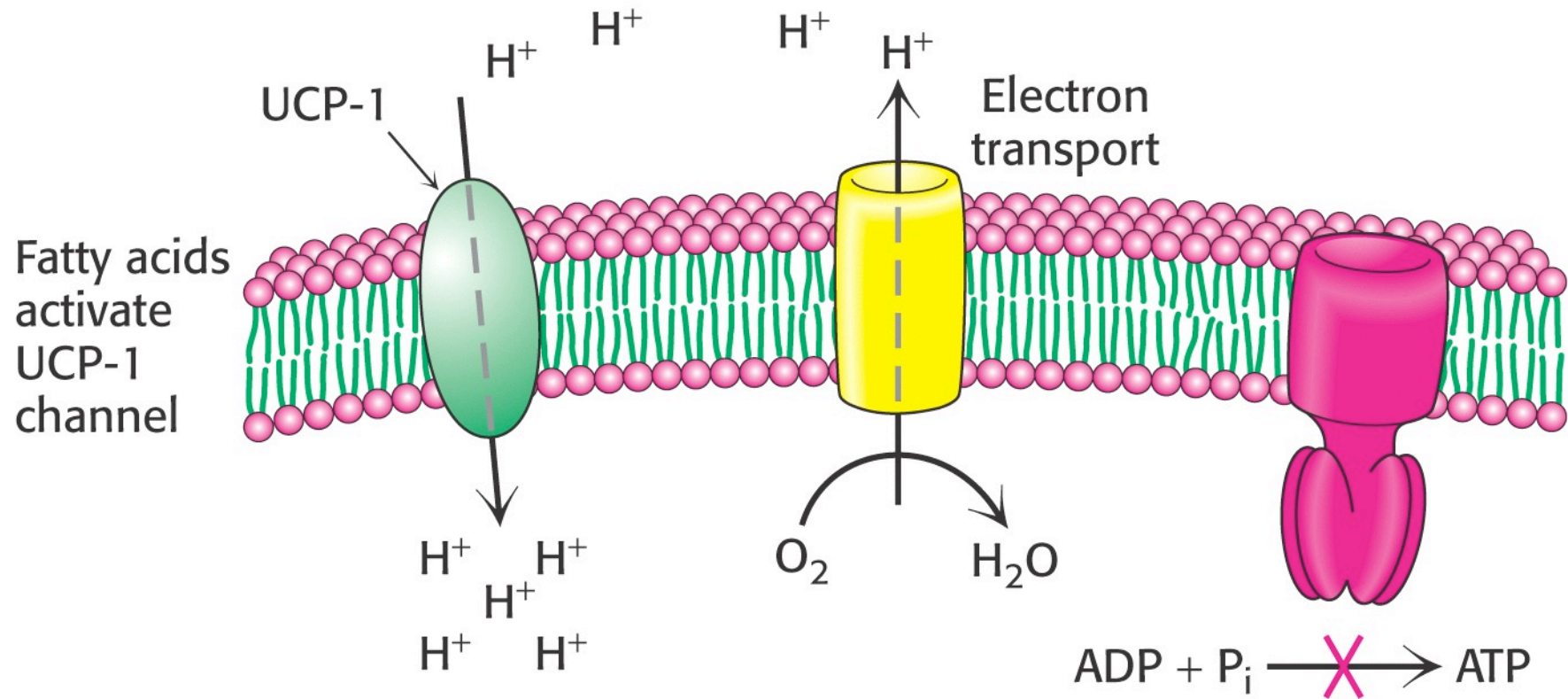
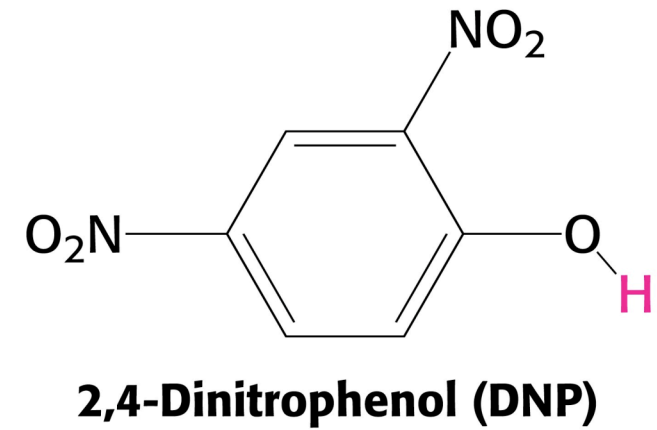


Figure 18-43  
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# Uncouplers: Mitchell's revenge!!



# Uncouplers: Mitchell's revenge!!

Regulatory Toxicology and Pharmacology  
Volume 48, Issue 2, July 2007, Pages 115-117

Abstract

Full Text + Links



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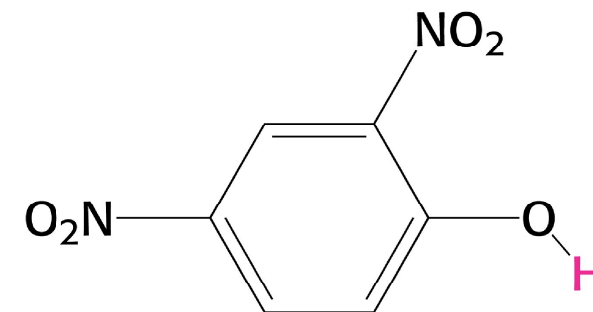
doi:10.1016/j.yrtph.2007.03.006 Cite or Link Using DOI  
Published by Elsevier Inc.

Commentary

## Dinitrophenol and obesity: An early twentieth-century regulatory dilemma<sup>☆</sup>

Eric Colman  

<sup>☆</sup>Division of Metabolism and Endocrinology Products, Office of Drug Evaluation II, Center for Drug Evaluation and Research, U.S. Food and Drug Administration, 10903 New Hampshire Avenue, Building 22, Room 3360, Silver Spring, MD 20993, USA  
Received 14 March 2007. Available online 31 March 2007.



**2,4-Dinitrophenol (DNP)**

### Abstract

In the early 1930s, the industrial chemical dinitrophenol found widespread use as a weight-loss drug, due principally to the work of Maurice Tainter, a clinical pharmacologist at Johns Hopkins University. Unfortunately the compound's therapeutic index was razor-thin and thousands of people suffered irreversible harm that mainstream physicians eventually recognized and abandoned its use. The Food, Drug, and Cosmetic Act in 1938 before federal regulators had medicine men from selling dinitrophenol to Americans lured by the promise to safely melt one's fat away.

1: [Obes Rev.](#) 2001 Nov;2(4):255-65.

### Mitochondrial uncoupling as a target for drug development for the treatment of obesity.

[Harper JA](#), [Dickinson K](#), [Brand MD](#).

MRC Dunn Human Nutrition Unit, Hills Road, Cambridge CB2 2XY, UK.

Mitochondrial proton cycling is responsible for a significant proportion of basal or standard metabolic rate, so further uncoupling of mitochondria may be a good way to increase energy expenditure and represents a good pharmacological target for the treatment of obesity. Uncoupling by 2,4-dinitrophenol has been used in this way in the past with notable success, and some of the effects of thyroid hormone treatment to induce weight loss may also be due to uncoupling. Diet can alter the pattern of phospholipid fatty acyl groups in the mitochondrial membrane, and this may be a route to uncoupling in vivo. Energy expenditure can be increased by stimulating the activity of uncoupling protein 1 (UCP1) in brown adipocytes either directly or through beta 3-adrenoceptor agonists. UCP2 in a number of tissues, UCP3 in skeletal muscle and the adenine nucleotide translocase have also been proposed as possible drug targets. Specific uncoupling of muscle or brown adipocyte mitochondria remains an attractive target for the development of antiobesity drugs.

PMID: 12119996 [PubMed - indexed for MEDLINE]



# Thermogenesis for dieting: enough biochemistry to be dangerous???



The advertisement banner features a blue and green color scheme with wavy lines. At the top left is the Sea-Thin logo, which includes a stylized green leaf icon above the text "sea-thin™" in white and "Concentrated Fucoxanthin" in yellow. To the right of the logo is a green button that says "BUY NOW!" in white, with "CLICK HERE" in smaller white text below it. Below the logo are three horizontal bars: a blue one with "FUCOXANTHIN & BROWN MARINE VEGETABLES", a green one with "SEA-THIN BASICS", and a light blue one with "THE SEA-THIN DIFFERENCE". On the right side of the banner, there is a green curved bar with "CONTACT US" in white. The main text of the advertisement is in blue and black, starting with "The Original Marine Thermogenic\*" and followed by a paragraph describing the product's benefits and safety.

**BUY NOW!**  
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**sea-thin™**  
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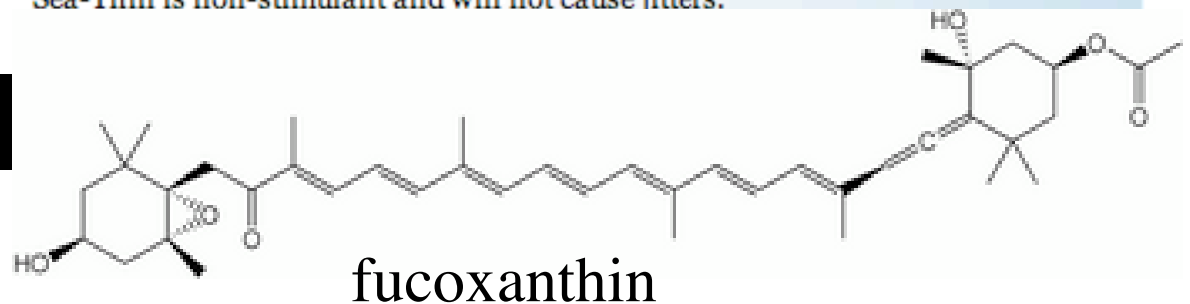
SEA-THIN BASICS

THE SEA-THIN DIFFERENCE

*The Original Marine Thermogenic\**

Introducing Sea-Thin™, the original, patent-pending marine thermogenic, containing natural fucoxanthin from edible brown marine vegetables. This unique marine vegetable extract is combined with pomegranate seed oil high in health-promoting puniceic acid in a patent-pending combination. Sea-Thin can be taken any time of day because unlike other thermogenics, Sea-Thin is non-stimulant and will not cause jitters.

<http://www.sea-thin.com/>



# Thermogenesis for dieting???

## Upregulation of UCP-1 normally found mostly in Brown Fat?

*Journal of Oleo Science*  
Copyright ©2007 by Japan Oil Chemists' Society  
*J. Oleo Sci.* 56, (12) 615-621 (2007)



### Effect of Medium-chain Triacylglycerols on Anti-obesity Effect of Fucoxanthin

Hayato Maeda<sup>1\*</sup>, Masashi Hosokawa<sup>1</sup>, Tokutake Sashima<sup>2</sup>, Katsura Funayama<sup>3</sup> and Kazuo Miyashita<sup>1</sup>

<sup>1</sup> Faculty of Fisheries Sciences, Hokkaido University (Hakodate, Hokkaido 041-8611, JAPAN)

<sup>2</sup> Creative Research Institute, Hokkaido University (Hakodate, Hokkaido 041-8611, JAPAN)

<sup>3</sup> Riken Vitamin Co., (Tokyo 174-0065, JAPAN)

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	Amount Per Serving	%DV
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Brown Seaweed ( <i>Undaria pinnatifida</i> , <i>Laminaria japonica</i> ) Concentrate (contains 5mg of fucoxanthin), Pomegranate Seed Oil		

\* Daily Value (DV) not established

Other ingredients: Gelatin, extra virgin olive oil, glycerin, purified water.

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Contains no artificial colors or preservatives.

Distributed by: **Specialty Nutrition Products, LLC**  
Boca Raton, FL 33432 www.sea-thin.com

**Abstract:** Dietary effects of medium-chain triacylglycerols (MCT) and fucoxanthin (Fc) on abdominal fat weight were determined using KK-Ay obese mouse. Experimental diet contained MCT(0.9%), Fc (0.1%), or MCT (0.9%) + Fc (0.1%). The abdominal fat weight of mice fed with Fc was significantly lower than that of mice fed with MCT. Uncoupling protein 1 (UCP1), a key molecule for metabolic thermogenesis, was clearly expressed in the white adipose tissue (WAT) of mice fed Fc, but little expression in that of the mice fed MCT. The anti-obesity effect of Fc was increased by mixing Fc with MCT. This increase would be due to the increase in the absorption rate of Fc by MCT.

**Keywords:** fucoxanthin, obesity, medium-chain triacylglycerol

5 mg fucoxanthin- note that 0.1% would be part of a 5000 mg diet - ummm.....

